

Syllabus
Physical Education 130 - ADAPTED ACTIVITIES
Ticket Number 3883
Spring 2013

Instructors: Lee Miller Parks, Ph.D. & Laura Matsumoto, MA, OTR

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Offices: Sierra Nevada, Room 100

Office #3

Office #4

Office Hours: Immediately before or after class

e-mail Addresses:

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Teaching Assistants: David Fell, Alvar Markarian, Mike Geiger

CLASS MEETING TIME AND LOCATION:

1. Class meets from 10:45 am to 11:50 am on Tuesdays and 10:45 am to 11:35 am on Thursdays
2. Class is assigned to VG 101. Class locations may change frequently. Be sure you know what activity the class is doing and the location it will meet in.

Course Description: This is a 1.5 unit course that includes instruction in a variety of sports and recreational activities modified for students with disabilities.

IMPORTANT NOTE: This course includes a required hybrid on-line Moodle component. Students should possess basic computer skills and have access to the Internet, either from home or from the computer labs on campus.

Course Objectives:

The student will strive to complete all required work as scheduled in order to improve his/her sports and recreation skills utilizing any necessary adapted strategies.

TEXTBOOK AND SUPPLIES: The instructors will provide any necessary reading materials for this class – keep all handouts, as you will be tested on the content. Students will be expected to access the majority of handouts online via Moodle. Please inform instructors immediately if you need materials in an alternate format.

RULES AND PROCEDURES:

1. **First Day Drop Policy:** The instructors reserve the right to drop no-shows after the first hour of the first class meeting, if no prior arrangements were made for the absence.
2. Please turn in the annually requested **Medical Report form** (if not currently on file) no later than **by the end of the second week of class.**
3. While in class, students are expected to follow the GCC Standards of Student Conduct and the GCC Honesty Policy listed in the GCC Catalog. **Students who are disruptive will be asked to leave and the behavior will be reported to the Program Manager of the Center for Students with Disabilities and/or the Dean of Student Affairs.**
4. **Many students and staff are allergic to fragrances,** such as those found in perfume, cologne, hair products, soap, and laundry products. **It is essential that ALL people attending this class minimize/eliminate their use of fragrance items.** Please be mindful of others and their needs.

IMPORTANT NOTES:

1. **This class is a hybrid class and has an on-line component to it. Students will use Moodle to complete on-line assignments either on their home computers or on a GCC campus lab computer. You must log into Moodle each week to complete required on-line content (not necessarily listed here).**
2. We are teaching this class because we have been trained to work with people with disabilities. **This class is not for us, it is for you.** We will be available to you if or when you have additional questions or needs (make sure you leave us a message!)

3. It is **YOUR** responsibility to inform the instructors if you have any condition(s) or limitation(s) that might **significantly impact your ability to participate safely** in this class (e.g. heart conditions, seizure disorders, medications, etc.). It is your responsibility to discuss any desired accommodations or alternatives with the instructors immediately.
4. **The DEADLINE to WITHDRAW** from this class with a “W” notation is **May 18, 2013**. This is YOUR responsibility, so if you do not drop by this date you will be assigned a grade accordingly. The instructors may attempt to notify you via your GCC e-mail only if you are in jeopardy of failing the class. It is your responsibility to check your GCC e-mail account and make the necessary decision(s).
5. **Cell phone use during class is prohibited and may result in dismissal from class for the day.** Talk with the instructor(s) about any exception.
6. **Disabled Students: All students with disabilities requiring accommodations are responsible for making arrangements in a timely manner through the Center for Students with Disabilities.**

Evaluation Procedures and Grading:

1. On-line Moodle section will have a series of class activities/homework/quizzes to be submitted to instructors.
2. Roll is taken in every physical activity portion of the class. Each of these classes will be worth 4 points (1 for attendance + 0-3 for participation). **Excused absences will receive a maximum of 1 point. Unexcused absences will receive 0 points.**
3. Tardiness: each tardy impacts your daily participation grade; three (3) tardies will equal one (1) unexcused absence.
4. If you have or develop a condition that will prevent you from participating regularly, please consult with the instructor **IMMEDIATELY**, as this will have an impact on your grade.

5. Approximate breakdown of your final grade will be compiled from the following areas.
- a. Attendance/Participation- You can not increase your knowledge or achieve proficiency if you are not in class. (35%)
 - b. Assessments (vital measurements, quizzes, midterm), and Moodle assignments. (25%)
 - c. Demonstration of various skills. (30%)
 - d. A Final exam. (10%)

Make-up Policy:

MAKE-UP WORK: this is an activity class, active participation is paramount to your success, and we have limited access to the facility. Thus, make-up work is not readily available. This is the student's responsibility and all such issues will be dealt with on a case-by-case basis.

Issues or Complaints: Please address any issues you may have that are relative to this course with the instructors, either in person during our office hours, by e-mail, or by telephone as early in the semester as possible. If you and the instructors cannot resolve the issue, we will refer you to the Program Manager of DSPS.

PE 130 Student Learning Outcomes:

Upon successful completion of the required coursework, the student will be able to:

1. Demonstrate sensitivity and awareness of individual differences and needs of peers while interacting with others during various sports and recreational activities
2. Demonstrate various sports and recreational activity skills in a safe manner while utilizing any necessary adaptations (e.g. techniques, equipment, etc.)
3. Relate his/her understanding of the value and significance of physical activity for improving his/her fitness, health, and quality of life.

IMPORTANT DATES TO REMEMBER – Spring 2013
PE 130 – Adapted Activities T/Th

WEEKS 1 & 2: Due by Thursday, February 28, 2013

COMPLETE & TURN IN THE FOLLOWING:

1. Initial Skills Survey & Assessment Forms
2. If needed, Medical Report form (requested once PER YEAR – not per semester)

SPRING BREAK: APRIL 15 THROUGH APRIL 19, 2013

WEEK 15: Tuesday June 4th, 2013 is the LAST DAY of Class

WEEK 16: FINAL EXAM—to be determined

Thursday June 6, 2013 10:30 AM – 1:00 PM