

COURSE OUTLINE

Dance 128
Middle Eastern Dance

I. Catalog Statement

Dance 128 provides students with beginning level practical experience in Raqs Sharqi ("Belly Dance") and a selection of related ethnic dance forms originating in North Africa, the Arabian Peninsula, Iran, Armenia, the Levant and Turkey. Through discussion, study, and demonstration of the movement vocabulary, the development of basic technical and interpretational skills is emphasized. The course includes an introductory exploration of the historical and cultural context of the selected dances.

Total Lecture Units: 1.0

Total Laboratory Units: 0.5

Total Course Units: 1.5

Total Lecture Hours: 16.0

Total Laboratory Hours: 24.0

Total Faculty Contact Hours: 40.0

Prerequisite: None.

II. Course Entry Expectations

Skill Level Ranges: Reading 5; Writing 5; Listening-Speaking 5; Math 1.

III. Course Exit Standards

Upon successful completion of the required course work, the student will be able to:

1. identify common Middle Eastern rhythms;
2. demonstrate basic *sagat* (finger cymbal) technique and patterns;
3. demonstrate and explain correct use of posture, grounding, and isolation in relation to Middle Eastern dance forms;
4. perform selected Middle Eastern dance combinations;
5. discuss Middle Eastern dance forms in relation to historical and cultural context.

IV. Course Content

Total Faculty Contact Hours=40

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| A. Introduction | Lecture: 4hours |
| 1. Middle Eastern dance forms | |
| 2. Middle Eastern music, rhythm | |
| 3. History | |
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B. Alignment |
Lecture: 2 hours – Laboratory: 4 hours |
| 1. Stance | |
| 2. Grounding | |
| 3. Isolations | |
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C. Locomotion |
Lecture: 2 hours – Laboratory: 4 hours |
| 1. Hip step | |
| 2. Grapevine | |
| 3. Three-step turn | |
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D. Lower Torso Movements |
Lecture: 2 hours – Laboratory: 4 hours |
| 1. Shimmies (Egyptian) | |
| 2. Large Hip Circle (Hip circle with dropping torso) | |
| 3. Hip drop with kick | |
| a. Add pivot | |
| 4. Hip Hits | |
| 5. Hip Slides | |
| 6. Isolated hip circles | |
| 7. Vertical figure 8s down | |
| 8. Vertical figure 8s up | |
| 9. Horizontal figure 8's | |
| 10. Pelvic Circle (Omi) | |
| 11. Undulation | |
| 12. Egyptian Eights | |
| 13. Vertical hip drops | |
| 14. Pelvic drop | |
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E. Upper Body Movements |
Lecture: 2 hours – Laboratory: 4 hours |
| 1. Shoulder Shimmies | |
| 2. Shoulder Roll | |
| b. Add "snake arms" | |
| 3. Shoulder accents | |
| 4. Wrist circles | |
| 5. Chest drop | |
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F. Rhythms |
Lecture: 2 hours – Laboratory: 4 hours |
| 1. Maqsoum | |
| 2. Saidi | |
| 3. Masmoudi Sagheer/Beledi | |

G. Sagat

1. $\frac{3}{4}$ Pattern
2. $\frac{2}{4}$ Pattern

Lecture: 2 hours – Laboratory: 4 hours

V. Methods of Instruction

The following instructional methodologies may be used in the course:

1. classroom lecture and demonstration;
2. dance step and combination practice;
3. videos and multimedia presentations;
4. in-class critiques, done individually and in groups.

VI. Out of Class Assignments

The following out of class assignments may be used in this course:

1. attendance at GCC dance department performances;
2. on-line research of the genre;
3. written evaluation of the performance attended.

VII. Methods of Evaluation

The following methods of evaluation may be used in this course:

1. movement exams;
2. class participation in critiques, analysis, and evaluation of dance performance;
3. written exams;
4. written essays;
5. final exams.

VIII. Textbook

Craine, Debra and Mackrell, Judith. *The Oxford Dictionary of Dance*. New York: Oxford University Press, 2010.

12th Grade Textbook Reading Level. ISBN: 0199563446

XI. Student Learning Outcomes

Upon successful completion of the required coursework, the student will be able to:

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