

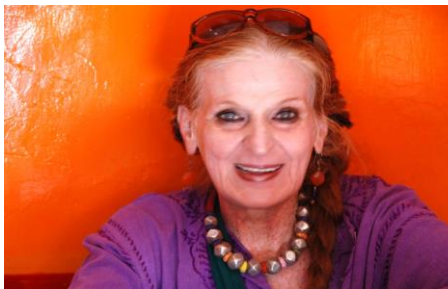
In Search of Personal Myth

'Painting from the Unconscious'

A hands-on workshop with Anne P. Warman, Psy. D., LMFT

Curious what lies hidden in your unconscious? What gifts your psyche wants to bring forth? What might be important for you to learn as your life path unfolds from the Summer (Fire element) into the Fall (Earth)?

**"I asked myself:
What is this myth
you are living, and
found that I did not
know, so I took it
upon myself to get
to know 'my' myth,
and I regarded this
as 'the task of
tasks'."
-C.G. Jung
Memories, Dreams,
Reflections**



Dr. Anne P. Warman has offered caring and creative psychotherapy in Los Angeles for over 20 years. Based on the depth psychology of C.G. Jung, she is able to guide her clients into a better understanding of their lives.

The Tissue Paper Collage 'painting':

Based on the principle of active imagination established by Dr. C.G. Jung, we will play with some 30 different hues of tissue paper, using art as a way to connect us deeper to our psyche. Through the process of art making from the unconscious, we'll acquire new insight and understanding related to the direction of our life

Jungian philosophy:

Dr. C.G. Jung frequently advocated the use of *active imagination* as a 'tool' for navigating the unconscious. Jung suggested that through this process, the unconscious often reveals itself in a mythical way through symbols and images.

Details:

The workshop will be given on **Sat., September 20th** from 10:00 AM-3:00 PM. The location is at **Rock Rose Art Gallery**, 4108 N. Figueroa St., Highland Park, Los Angeles, 90065.

Fee: \$70 (pre-registration is required) All art materials and light snacks included.



Call or email to register:

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