

SCIENCE LECTURE SERIES



**JUST MOVE IT.**

# How Exercise Can Change the Physiology and Fitness of Your Heart

PRESENTED BY THE  
GCC KINESIOLOGY DIVISION

**ERIN CALDERONE**  
INSTRUCTOR OF KINESIOLOGY

**&**

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DIVISION CHAIR

**TUESDAY, OCTOBER 27, 2015**  
**12:20 – 1:30PM • CS 177**

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