

COURSE OUTLINE

Dance 138
Survey of Latin Ballroom Dance

Catalog Statement

Dance 138 provides students with practical experience in Latin Ballroom dance. A selection of popular Latin Ballroom dances will be offered such as Cha-Cha, Samba, Rumba, Mambo, Merengue, and Paso Doble.

Total Lecture Units: 1.0

Total Laboratory Units: 0.5

Total Course Units: 1.5

Total Lecture Hours: 16.0

Total Laboratory Hours: 24.0

Total Laboratory Hours To Be Arranged: 0.0

Total Faculty Contact Hours: 40.0

Prerequisite: None

Course Entry Expectations

Prior to enrolling in the course, the student should be able to:

- read, write, and converse in English;
- add, subtract, and multiply.

Course Exit Standards

Upon successful completion of the required coursework, the student will be able to:

- identify and define basic Latin ballroom terminology in warm up, partner, and center floor work in practical and written assignments;
- demonstrate and explain proper alignment in turn patterns, swivels, and partner work;
- reproduce a basic Latin ballroom dance and patterns in center floor demonstrating comprehension and coordination of musicality, footwork patterns, and partnering;
- examine the application of Latin ballroom styles and techniques as utilized in live, video, and in class performances;
- discuss the development of Latin ballroom technique from the 1920s to the 1950s.

Course Content

Total Faculty Contact Hours = 40.0

Introduction (**Lecture: 4 hours**)

Overview of Course Content

Development of Latin ballroom style

Fundamentals of Latin Ballroom (**Lecture: 6 hours**)

Vocabulary

Injury prevention

Technical Skills (Lecture: 2 hours – Lab: 4 hours)

Posture and frame

Rhythm and timing

Turn

Weight transfers

Partner connectedness

Cha Cha (Lecture: 1 hour – Lab: 5 hours)

Forward and back basic

Sideways basic

Cuban motion

Cha Cha chasse

Spot turn

Samba (Lecture: 1 hour – Lab: 5 hours)

Basic step

Box basic

Turning basic

Rhythm bounce

Whisks

Mambo (Lecture: 1 hour – Lab: 5 hours)

Forward and backward basic

Cross body lead

Copa

Hammerlock turns

Clave rhythm

Merengue (Lecture: 1 hour – Lab: 5 hours)

Front, back, and side basic step

Open break and four count underarm turn

Reverse turn

Windmill

Two handed turn

Methods of Instruction

The following methods of instruction may be used in this course:

- classroom lecture and demonstration;
- Latin ballroom moves and pattern practice;
- video and multimedia presentations;
- in-class critiques, done individually and in groups.

Out of Class Assignments

The following out of class assignments may be used in this course:

- attendance of GCC Dance Department performance;

- on-line research of the development of Latin ballroom technique from the 1920s to 1950s;
- written essay evaluating performance attended.

Methods of Evaluation

The following methods of evaluation may be used in this course:

- movement exams;
- class participation in critiques, analysis, and evaluation of dance performance;
- written exams;
- evaluation of written essays;
- final exams.

Textbooks

Wright, Judy. *Social Dance: Steps to Success*. 3rd ed. Champaign: Human Kinetics, 2013.
Print.
12th Grade Textbook Reading Level. ISBN-13: 9780736095075.

Student Learning Outcomes

Upon successful completion of the required coursework, the student will be able to:

- identify and define the basic Latin ballroom dance terminology;
- demonstrate and explain correct body alignment and muscle coordination;
- perform a basic Latin ballroom dance with patterns and partner work;
- discuss the application of Latin ballroom dance techniques used in performance.