

WORKSHOP OUTLINE

KEYS TO COLLEGE SUCCESS WORKSHOP 5: FACING SETBACKS

I. Basic Description: In 2-3 sentences, describe the workshop.

Students will learn about the types of setbacks they may face as college students and what strategies helped other students persist in the face of such setbacks.

II. Workshop Entry Expectations

Any

III. Workshop Exit Standards

Upon successful completion of this workshop, the student will be able to:

- 1) Describe the types of setbacks that students are likely to face in college
- 2) Describe the types of mistakes that students make that may lead to these setbacks
- 3) Describe successful ways other students have dealt with these setbacks

IV. Workshop Content

The following concepts, ideas, or topics must be covered:

- 1) Common mistakes students make early in their college careers
- 2) Successful ways to avoid or repair such mistakes

V. Methods of Presentation

The following methods of instruction must be used in the workshop:

1. Showing of videos of students discussing various setbacks they faced in college and how they dealt with them
2. Discussion with students about what types of mistakes were common and what sorts of strategies helped students recover from those setbacks
3. Students are given case studies describing various scenarios in which students “failed” in an academic setting and are asked to, with partners, write a paragraph to the student facing this failure about how to avoid future failures and to recover from this one

VI. Methods of Evaluation

None.

VII. Student Learning Outcomes

Upon successful completion of this workshop, the student will be able to demonstrate his/her ability to:

- 1) Describe the types of mistakes that are commonly made by new college students
- 2) Describe how those mistakes might be avoided
- 3) Describe what steps they might take if they make such a mistake and how they might recover from it