

**HLTH 102**  
**STANDARD FIRST AID AND CPR**  
**AMERICAN RED CROSS**  
**RESPONDING TO EMERGENCIES**  
**COMPREHENSIVE FIRST AID/CPR/AED**

**3 UNIT**

**Friday**

<b>INSTRUCTOR:</b>	<b>Jose Gomez, AT</b>
<b>TITLE:</b>	<b>Instructor of Health and Physical Education and Kinesiology</b>
<b>OFFICE:</b>	<b>Verdugo Gym #9 (Athletic Training Facility)</b>
<b>OFFICE HOURS:</b>	<b>Friday 8:00am – 9:00am</b>
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## COURSE SYLLABUS

### I. Course Description:

In Health 102 – Standard First Aid and CPR (American Red Cross First Aid/CPR/AED program) you will watch a number of DVD segments that show specific emergencies. The purpose of the course is to help participants recognize and respond appropriately to cardiac, breathing and first aid emergencies. The courses in this program teach skills that participants need to know to give immediate care to a suddenly injured or ill person until more advanced medical personnel arrive and take over. This program offers first aid, CPR and AED courses to meet the various training needs of a diverse audience.

### II. Student Learning Outcomes:

1. Recognize that health emergencies exist.
2. Demonstrate the appropriate skills required to properly perform rescue breathing on children and infant and cardiopulmonary resuscitation on infants, children and adults.
3. Identify injuries and sudden illness that require immediate first aid treatments.

### III. Moodle

Students should possess basic computer skills and have access to the Internet, either from home or from computer labs on campus. It will be your responsibility to check moodle on a regular bases, for class assignments, quizzes, test and communication with the instructor.

### IV. Materials (Required)

- American Red Cross Responding to Emergencies Comprehensive First Aid/CPR/AED. ISBN: 978-1-58480-554-0
- Face Shield
- Latex Gloves
- First Aid Training Kit

### V. STUDENTS WITH DISABILITIES

All students with disabilities requiring accommodations are responsible for making arrangements in a timely manner through the Center for Students with Disabilities.

### VI. Behavior and Class Conduct

As a student at Glendale Community College you will behave in such a matter so not to bother students and disrupt the instructor during class. Any behavior which is disruptive to the class, which may include but not limit to doing other class work, reading other material (newspaper, magazines, other text books) sleeping or talking or having a conversation with yourself or others, or other disruptive behavior. Will not be tolerated and may result in suspension or dismissal from class.

TURN OFF ALL ELECTRONIC DEVICES (cell phones, PDA's, I-Pads, Tablets, Computers, pagers...). **NO ELECTRONIC DEVICE WILL BE ALLOWED IN THE CLASSROOM.** If your device goes off you will be deducted five (5) points per incident, **IF YOU DO NOT AGREE WITH THIS PROCEDURE DROP THE COURSE!!!!!!**

## **VII. Academic Dishonesty Policy**

College study is the process of becoming an independent scholar. All students are expected to do their own work. All forms of cheating and plagiarism are absolutely forbidden. This is the official policy of Glendale Community College and the instructors of this course. Students found cheating will have their assignments marked 0 for Failure and may receive a failing grade for the course.

Example of cheating includes, but are not limited to, the following:

- Using unauthorized materials on exams
- Copying other student exams
- Submitting any assigned work not the student's own
- Copying other written materials without proper credit to the original author
- Downloading from computer networks
- Purchasing papers

Incidents of academic dishonesty will be reported to the Vice President of Instruction and will become part of the student's Glendale College file.

## **VIII. Evaluation – American Red Cross Certification (Cards)**

- The requirements for successful course completion and certification are –
  - ❖ Attending class sessions and participating in all activities, skill sessions, and skill scenarios.
  - ❖ Correctly demonstrating all required hands on skills.
  - ❖ Correctly answering at least 80 percent of the questions on the American Red Cross exams (ARC Test will be incorporated into your Exams)
- American Red Cross CPR certificate, AED certificate, and First Aid certificates are valid for 2 years. There is an additional cost of \$19.00 See instructor for more details.

## **IX. Essay:**

Your essay should:

- be typed, double-spaced
- on standard-sized paper (8.5" x 11")
- with 1" margins on all sides
- in 10-12 pt. Times New Roman or a similar font
- include a running page head (title) in the upper left-hand of every page and a page number in the upper right-hand side of every page

**SOURCES:** Glendale Library can be one of your best source of information but not your only source. You can use any public or University library. All sources (Newspapers, Magazines, Journals, periodicals etc...) used in your project should be properly cited.

## **X. Testing Policy and Procedures:**

As a student it is your responsibility to study and prepare for this course. A majority of the time you will be aware when an examination will occur. On those occurrences as a student you must be prepared for the material that will be asked of you including but not limited to written material or practical material.

Another responsibility as student is having the correct material for taking a written examination, such as the correct Scranton (as required by the course instructor) and a number two (2) pencil. As a student **IF** you **FAIL** to bring the correct materials for taking an examination (excluding cheating material), you will **FORFIT** the opportunity to take the written examination and the opportunity to retake the examination may not be available in accordance to the course instructor and syllabus policy.

## **XI. GRADING SCALE:**

<u>POINTS</u>	
<b>90 - 100</b>	<b>= A</b>
<b>80 - 89</b>	<b>= B</b>
<b>70 - 79</b>	<b>= C</b>
<b>60 - 69</b>	<b>= D</b>
<b>0 - 59</b>	<b>= F</b>

## **XII. ATTENDANCE POLICY**

**STUDENTS ARE EXPECTED TO ATTEND ALL CLASS MEETINGS. IF A STUDENT MISSES A PRACTICAL PORTION OF THE COURSE, THE STUDENT CANNOT RECEIVE AN AMERICAN RED CROSS FIRST AID/CPR/ AED/ CARD. SINCE A PORTION OF THIS COURSE REQUIRES YOU TO MEET THE AMERICAN RED CROSS REQUIREMENTS TO RECEIVE A CARD. IF A STUDENT HAS MORE THAN THREE (3) ABSENCES DURING THE COURSE, THE STUDENT WILL PASS THE COURSE WITH THE LETTER GRADE THE STUDENT HAS EARNED. HOWEVER, THE STUDENT WILL NOT RECEIVE AN AMERICAN RED CROSS FIRST AID/CPR/ AED/CARD IF THE STUDENT MISSES A PORTION OF THE PRACTICAL ASPECT OF THE COURSE THE STUDENT WILL NOT RECEIVE A CARD.**

**PLEASE DO NOT CONTACT ME OR INFORM ME THAT YOU ARE GOING TO MISS CLASS IT IS NOT MY CONCERN OR BUSINESS IF YOU MISS CLASS. IT IS YOUR RESPONSIBILITY AS A STUDENT TO ATTEND CLASS OR NOT.**

As a student it is your responsibility to obtain the material that YOU missed, it is not my!!!!!!

MAKE SURE THAT YOU UNDERSTAND THE RULES AND REGULATIONS THAT GOVERN THIS COURSE HEALTH 102 TICKET NUMBER 1666

### **XIII. Unusual and Unforeseen Circumstances:**

I understand that life is full of surprise, unusual and unforeseen circumstances. At the same time you are now adults who have taken the responsibility to continue or have returned to earn a higher education to advance your life or career. As mentioned in this syllabus as a student you have standards that have to be met to earn the grade that is desired.

It is very unfortunate that we have students that need to manipulate the fact that they are not taking their responsibilities seriously. These students will make an attempt to make an excuse for their lack of responsibility in preparing for the course which will have an effect on their grade.

When those circumstances arise you will have more responsibilities, such as to resolve those circumstances plus meeting the demands of the course. Those circumstances may include but not limited to the following:

Sudden Illness, accident, or injury of immediate family members, extended family members, close and dear friend, animal, pet or yourself.

Prolong or current Illness or injury of immediate family members extended family members, close and dear friend, animal, pet or yourself.

Death due to a sudden Illness, accident, prolong or current Illness or injury of immediate family members, extended family members, close and dear friend, animal or pet.

Hospitalization due to a sudden Illness, accident, prolong or current Illness or injury of immediate family members, extended family members, close and dear friend, animal or pet or yourself.

If any of the above occurs, documentation will be required to start the process of resolution of your circumstance and how it affects your grade in the course.

There is **NO GUARANTEE** that a solution will come about after meeting with the course instructor, even if documentation is presented. As stated above you are now adults with added responsibilities and **LIFE IS NOT FAIR!!!!!!**

Immediate family members are but limited to: Mother, father, wife, husband, son, daughter, grandmother, grandfather, sufficient other, stepmother, stepfather, stepson, stepdaughter, step-grandmother, step-grandfather, step-sufficient other and pet.

Extended family members are but not limited to: Aunt, uncle, cousin, step-family members and pet.

Close and dear friends are but not limited to: Girlfriend, boyfriend, best friend forever, school mates, family friend, Glendale Community College friend/classmate and pet.