HEALTH 102 - #3332 COURSE OUTLINE – SYLLABUS – S.L.O. Spring 2017

Days: Tuesday, Thursday

Instructor: Jason Plourde

Time: 10:45am-12:10pm **Office**: VG-220

Location: VGT 6 **Office Hours**: T 10:15 – 10:45; W 10:35 – 11:05;

2 ½ Hours Online

Text: American Red Cross EMAIL: jplourde@glendale.edu

Responding to Emergencies **EXT**: 5327

Comprehensive First Aid/CPR/AED

Course Description: In Health 102 – Standard First Aid and CPR (American Red Cross First Aid/CPR/AED) you will watch a number of Video segments that show specific emergencies. The purpose of the course is to help participants recognize and respond appropriately to cardiac, breathing and first aid emergencies. The courses in this program teach skills that participants need to know to give immediate care to a suddenly injured or ill person until more advanced medical personnel arrive and take over. This program offers first aid, CPR and AED courses to meet the various training needs of a diverse audience.

Health 102 Student Learning Outcomes:

- 1. Recognize that health emergencies exist.
- 2. Demonstrate the appropriate skills required to properly perform rescue breathing on children and infant and cardiopulmonary resuscitation on infants, children and adults.
- 3. Identify injuries and sudden illness that require immediate first aid treatments.

Required Materials:

➤ Responding to Emergencies: Comprehensive First Aid/CPR/AED, by American Red Cross. ISBN-13: 978-1-58480-554-0

> Face Shield

➤ Latex Gloves

> First Aid Training Kit

Class Conduct: Disruptive and rude behavior for the instructor and fellow classmates will not be tolerated and may result in suspension or dismissal from the class. Students are expected to come to class prepared with paper, pen/pencil, notes, assignments, etc. Please turn off cell phones. Ipods, recorders and musical devices are not allowed. Attending class late is considered disruptive behavior.

Cheating: Honesty is expected. Cheating, plagiarism, or copying will result in a 0 on the assignment/exam. The offending student's name will be turned in to the Vice President of Instruction and the offense will become part of the student's college file. Buying and downloading assignments are forms of cheating.

Students with Disabilities: All students with disabilities requiring accommodations are responsible for making arrangements in a timely manner through the Center for Students with Disabilities.

Video/Webnotes: These are available on Moodle.

Evaluation – American Red Cross Certification (Cards)

> Notify Instructor if interested. An additional \$19 is required to get the cards and certification, as well as, scoring at least 80% or better on ARC sections of the exams and being able to perform the hands on skills properly.

Glendale College Final Grade

Four Exams: 288 POINTS

Exam 1 (Chapters 1-5) – **95 POINTS**

Exam 2 (Chapters 6-9) – **82 POINTS**

Exam 3 (Chapters 10 – 14) – **43 POINTS**

Exam 4 (Chapter 15 – 19) – **68 POINTS**

If an exam is missed (with a reasonable excuse and proof) you must schedule and confirm make-up date with Coach JP ASAP. **There is NO make-up for the last exam!**

Quizzes: 84 POINTS

You will be required to take 8 quizzes (Quizzes range from 8-13 points). Quizzes will be posted on Moodle. Quizzes must be completed and submitted by posted date. Quizzes will have time limits. Read instructions carefully before beginning. **QUIZZES CANNOT BE MADE UP!!!!!!!**

Periodical Article Reviews: 80 POINTS

You will be required to turn in 4 periodical article reviews (Reviews are 20 points each). Obtain a periodical article pertaining to discussion related activities. Compose a one page personal reflection paper on how the information relates to your life experiences.

Attendance:

You are expected to attend every class meeting. Attendance will be taken every meeting promptly at 10:45am. College rules allow an instructor to drop a student for missing two weeks of class (4 class meetings). Each class is equivalent to half of a week. If a student misses classes or tests, it is his/her responsibility for dropping the class. On the first day of class, students who are not present at time of roll call may be dropped, wait list included.

Extra Credit:

You can earn extra credit for coming to class. If you are on time (in class when your name is called) for every meeting, you will receive 28 extra credit points. If you are late to any of the classes, but still attend, you will receive 14 extra credit points. If you miss any classes, no matter the reason, you cannot earn the aforementioned extra credit points. The moral of the story is, I reward people for being here and being on time.

Extra Credit will also be available for turning in completed study guides. There are four study guides, one for each test. Fill out the study guide **completely** and turn it in the day of the test. Each completed study guide is worth 5 points.

GRADING SCALE:

Exams: 288 points + Quizzes: 84 points + Periodical Article Reviews: 80 = 452 points

<u>POINTS</u>	
452 - 405	= A
404 - 360	$= \mathbf{B}$
359 - 314	$= \mathbf{C}$
313 - 269	$= \mathbf{D}$
268 - 0	$= \mathbf{F}$