

Syllabus
Physical Education 130 - ADAPTED ACTIVITIES
Ticket Number #3240
Spring 2017

Instructors: Lee Miller Parks, Ph.D.

Telephone: (818) 240-1000 x 5557

Offices: Sierra Nevada, Room 100
Office #3

Office Hours: Immediately before or after class

e-mail Addresses:

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Teaching Assistants: David Fell, Alvar Markarian, Mike Geiger

CLASS MEETING TIME AND LOCATION:

1. Class meets from 10:45 am to 12:10 pm on Tuesdays and Thursdays
2. Class is assigned to VG 101. Class locations may change frequently.
Be sure you know what activity the class is doing and the location it will meet in.

Course Description: This is a 1 unit course that includes instruction in a variety of sports and recreational activities modified for students with disabilities.

Course Objectives:

The student will strive to complete all required work as scheduled in order to improve his/her sports and recreation skills utilizing any necessary adapted strategies.

TEXT

The instructors will provide any necessary reading materials for this class.

ATTENDANCE

Students are required to attend all class sessions. Roll is taken every class. Each class will be worth 4 points (1 for attendance + 0-3 for participation). **Excused absences will receive a maximum of 1 point. Unexcused absences will receive 0 points.** Communication with the instructor(s): 1) in person **before the day of the absence**; 2) by phone or by e-mail before the absence on the day of the absence; or 3) by verified documentation (e.g. from a doctor) if you are incapacitated, may be considered by the instructor for excused status. It is to the instructor's discretion to determine whether an absence is excused or unexcused.

Missing more than **3** class meetings may jeopardize a student's grade and could, without prior arrangements made with the instructor, make him/her subject to being dropped from the course.

Please inform the instructor if you have any condition(s) or limitation(s) that might significantly impact your ability to participate safely in the class (e.g. heart conditions, seizure disorders, balance limitations, etc.). It is your responsibility to discuss any desired accommodations or alternatives with the instructor immediately.

First Day Drop Policy The instructor reserves the right to drop no-shows after the first hour of the first class meeting, if no prior arrangements were made for the absence.

Make-up Policy

This is an activity class, active participation is paramount to your success, and the class has limited access to the facility. Thus, make-up work is not readily available. This is the student's responsibility and all such issues will be dealt with on a case-by-case basis.

Issues or Complaints

Please address any issues you may have that are relative to this course with the instructor, either in person during her office hours, by e-mail, or by telephone as early in the semester as possible. If you and the instructor cannot resolve the issue, we will refer you to the Program Manager of DSPS.

Rules & Procedures

1. While in class, students are expected to follow the GCC Standards of Student Conduct and the GCC Honesty Policy listed in the GCC Catalog. **Students who are disruptive will be asked to leave and the behavior will be reported to the Program Manager of the Center for Students with Disabilities and/or the Dean of Student Affairs.**
2. **Students are responsible for ALL of their transportation to and from class.** Transportation should be arranged: 1) so that the student arrives with adequate time to prepare for class participation and 2) so that the student is picked up promptly after class finishes.
3. **Many students and staff are allergic to fragrances,** such as those found in perfume, cologne, hair products, soap, and laundry products. **It is essential that ALL people attending this class minimize/eliminate their use of fragrance items.** Please be mindful of others and their needs.
4. **Cell phone use during class is prohibited.**

IMPORTANT NOTES

1. I am teaching this class because I have been trained to work with people with disabilities. **This class is not for me,** it is for you. I will be available to you if or when you have additional questions or needs (make sure you leave me a message!)
2. **The DEADLINE to WITHDRAW** from this class with a “W” notation is **May 20, 2017.** This is YOUR responsibility, so if you do not drop by this date you will be assigned a grade accordingly. The instructor may attempt to notify you via your GCC e-mail only if you are in jeopardy of failing the class. It is your responsibility to check your GCC e-mail account and make the necessary decision(s).
3. All students with disabilities requiring accommodations are responsible for making arrangements in a timely manner through the Center for Students with Disabilities.

4. Students **must** use their GCC student email, as this is the only official communication method used by the instructor (and the college). **Failure to check your GCC student email is not an acceptable excuse for missing any vital content, information, or deadlines.**

Evaluation Procedures and Grading Policy-- Examination/Evaluation Procedures

Progress in specific skill areas may be assessed by:

- Attendance and observation of **active and safe participation** in class activities and discussions (4 points / day x 29 possible days = 116 pts.). Roll is taken in every physical activity portion of the class.

Tardiness: each tardy impacts your daily participation grade; three (3) tardies will equal one (1) unexcused absence.

- Initial vs. Final Vital Statistics
- Assessment of Skills and Individual Goal(s): To be designated upon ENTRY into class and monitored throughout semester - as indicated by pre- and post- testing.
- Completion of ALL paperwork: For example, Vital Statistics forms, Learner Survey, etc. **FAILURE TO TURN IN ASSIGNED PAPERWORK ON TIME WILL SIGNIFICANTLY IMPACT YOUR GRADE.** See Important Dates to Remember for details.

Approximate breakdown of your final course grade:

Class Attendance and Active Effort / Participation	35%
Written Assessments (vital measurements, quizzes)	25%
Skills Assessments (midterm and final)	25%
Final Exam	15%

If you have or develop a condition that will prevent you from participating regularly, please consult with the instructor IMMEDIATELY, as this will have an impact on your grade.

PE 130 Student Learning Outcomes:

Upon successful completion of the required coursework, the student will be able to:

1. Demonstrate sensitivity and awareness of individual differences and needs of peers while interacting with others during various sports and recreational activities
2. Demonstrate various sports and recreational activity skills in a safe manner while utilizing any necessary adaptations (e.g. techniques, equipment, etc.)
3. Relate his/her understanding of the value and significance of physical activity for improving his/her fitness, health, and quality of life.

**IMPORTANT DATES TO REMEMBER – Spring 2017
PE 130 – Adapted Activities T/Th**

WEEKS 1 & 2: Due by Thursday February 28, 2017

COMPLETE & TURN IN THE FOLLOWING:

Initial Skills Survey & Assessment Forms

Week 9: Spring Break April 17-21, 2017

WEEK 12: FINAL DROP DATE May 20, 2017
THIS IS YOUR RESPONSIBILITY!

Week 15: Tuesday June 5, 2017 LAST DAY OF CLASS

WEEK 16: FINAL EXAM- Thursday June 8, 2017 11:50-2:10- to be determined