

Glendale Community College – Spring 2017  
Physical Education 201  
Intermediate Flag Football Course Syllabus  
Instructor: Jason Bender 818-240-1000, x1452 – [Jbender@glendale.edu](mailto:Jbender@glendale.edu)  
VG Field (Sartoris Field) – MW 10:45 -12:10

**Course Description**

This course is designed to teach students the basics of playing flag football. The course seeks to improve flag football skills and knowledge while providing a fun learning environment with good sportsmanship.

**Student Learning Outcomes**

After successfully completing this course, the P.E. 201 student should be able to: 1) demonstrate good sportsmanship, 2) Recognize and execute the forward pass, lateral pass, hand-off, a pass completion, pass incomplection, sack, interception, proper flag pull, pass/run blocking and other common flag football skills, 3) Know the basic rules and scoring of flag football, 4) Understand basic offensive and defensive plays and alignments. Assessment will be based on periodic skill tests and a short written exam at the end of the semester. We primarily follow National Recreation Intramural-Recreational Sports Association (NIRSA) Flag Football rules and supplement our game with NCAA Division I College Football, and U.S. Flag Football Association rules. Instructor has final Referee ruling on all calls.

**Text**

No required text. Handouts will be emailed or placed on Moodle. Student must activate MyGCC email and be able to use Moodle.

**Dress Policy, Behavior**

Athletic shoes (football/soccer shoes ok) and clothing required. Life Style Fitness Center dress and behavior policy applies.

**Grading Policy based on total points accumulated. Mandatory to receive a grade of an A, B or C:**

1. Regular attendance and participation. Points allocated for participation in class activity, effort, improvement, sportsmanship, and attempted mastery of Student Learning Outcomes. Up to 5 points for each class session.
2. Examinations: Periodic assessments (4), written final exam (1).
3. Final Grade based on total points accumulated. The more points earned, the higher the grade.

**Class Conduct Policy**

1. An excessive number of unexcused absences may result in being dropped from class.
2. Disruptive behavior is not tolerated. Student will be asked to leave the field. After due process, student may be dismissed from class.
3. Honesty is expected. If caught cheating on the exam, the student will be subject to due process and risks expulsion.
4. Cell phones and other electronic devices are to be turned off prior to entering class.

**Students with Disabilities**

Any students with disabilities requiring accommodations are responsible for making arrangements in a timely manner through the Center for Students with Disabilities.