

PHYSICAL EDUCATION 238

Course Syllabus

Spring 2017

P.E. 238- 1.0 Unit

BEGINNIG SOCCER

Course Description:

P.E. 238 teaches the beginning concepts of soccer in a recreational environment. Instruction includes basic skills of soccer: passing, receiving, trapping, dribbling, and control techniques. Students learn the fundamental history, rules, etiquette, and safe play pertaining to soccer. Laboratory 3 hours.

Prerequisite: None.

Ticket 3281	Tu/Th 6:00-7:30	VGFLD
Prerequisite: None		
Instructor: Jorge A. Mena Freitas		
Office: Verdugo Gym 215		
Telephone: (818) 240-1000 ext. 5522		
Emails: jmena@glendale.edu		
Office Hours: Tuesday/Thursday 3:15-5:15PM.		

Recommended class materials:

- *Laws of the Game Handbook-FIFA*. It can be found online, no need to purchase. Here is a link or it can be found by doing a simple search online :
http://resources.fifa.com/mm/document/footballdevelopment/refereeing/02/36/01/11/laws_ofthegameweben_neutral.pdf
- Hopper, C.A., & Davis, M.S.(1988). Coaching soccer effectively. Champaign, IL: Human Kinetics.
- Simon, M.J., & Reeves, J.A. (Eds). (1999). Soccer restart plays (2nd ed.). Champaign, IL: Human Kinetics.

Class Objectives:

The class is designed to prepare the student athlete for our intermedia soccer class. Students will get a head start in the process based on skill, game awareness, dedication and commitment to the class, and develop mental strength required to compete at the intermedia level.

Student Learning Outcome:

At the end of the class the student will be able to:

1. Understand basic soccer rules and terminology.
2. Demonstrate basic skills associated with soccer, including passing, dribbling, juggling, Kicking, and heading and formation of teams during a soccer game.

- 3. Understand and apply the knowledge of basic rules of soccer**
4. Explain the basic rules of the offside rule during a soccer game
5. Understand basic soccer scoring and officiating procedures.
6. Demonstrate proper etiquette and good sportsmanship.
7. Develop an appreciation for the value of teamwork in attempting to achieve team goals.
- 8. Demonstrate and apply safety rules and procedures to effectively participate in physical movement environment**

Attendance:

Your attendance at all class sessions is of outmost importance. Roll call will be taken daily. Team concept, unity, cohesiveness, team effort understanding of individual responsibilities both offensively and defensively cannot be achieved without regular attendance and participation.

Attendance is essential. You will receive 2 point for attending Class on time. If you are late to class you will be credited with 0 point. Attendance will be taken every meeting promptly. It is the student's responsibility to alert the instructor, AFTER CLASS that he/she attended late. College rules allow an instructor to drop a student for missing two weeks of class (2 class meetings). Each class is equivalent to half of a week.

➤ **Class Participation: -60 POINTS=to 30 days of credit.**

Absences: Absences must be verified by a doctor or our training staff.

Grading Method:

Midterm: It will count as 15% of your grade: It will be a take home exam; you are required to come to class on the date below and pick up your take home exam.

Multiple choice beginning soccer test (Basic knowledge and understanding of the game) :

Date: Thursday April 6-2017. The Midterm will be **Due Tuesday April 11, 2017** during class.

Final: It will count as 25% of your grade,

Multiple choice beginning soccer test (Basic knowledge and understanding of the game) :

Date: Thursday June 1-2017. We will be taking the final right after the last day of class.

Attendance, participation and contribution to the team effort will count as 60% of your total grade.

There will be no make-up exams!!!!

Grading

Exams: 100 POINTS

Exam 1: Midterm.....	15% =15 points.
Exam 2 Final.....	25% =25 points.
Attendance and participation...	60% = 60 points.

GRADING SCALE: Midterm and Final 40 points and attendance and participation 60 points = 100points.

<u>POINTS</u>	
100 – 90	= A
89 – 80	= B
79 – 70	= C
69 – 60	= D
59 – 0	= F

Course Materials:

The instructors will provide field equipment. Participants are required to provide their own personal equipment required for the game set forth by FIFA (shin guards, shoes, etc...).

Class Overview:

Beginning Soccer offers instruction and practice in the fundamentals, techniques, and rules of soccer to prepare the student for the intermediate soccer class. Students practice the components of team play at the beginning level with emphasis on offensive and defensive strategy.

Students with Disabilities:

All students with disabilities requiring accommodations are responsible for making arrangements in a timely manner through the Center for Students with Disabilities.

It is your responsibility to drop the class.

Even though it is a field class, college level behavior is expected. Respect for teammates and instructors will be enforced. Sportsmanship and solidarity are encouraged. Enjoyment of the sport is a must.