Glendale Community College – Spring 2017 Physical Education 261 # 3282 Reginning Tennis

Beginning Tennis

Instructor: Jason Bender 818-240-1000, x1452 – <u>Jbender@glendale.edu</u>
Tu/Thu 9:10 – 10:30 (Tennis Courts)

Course Description

This course is designed to teach students the basics of playing tennis. The course seeks to improve tennis skill and provide a fun learning environment with good sportsmanship.

Student Learning Outcomes

After successfully completing this course, the P.E. 261 student should be able to: 1) Demonstrate a basic skill level in hitting forehand and backhand ground strokes, 2) Demonstrate the basic overhand serve, 3) Know the basic rules, scoring, strategies and etiquette of playing tennis. Assessment will be based on periodic skill tests (observations) and a short exam at the end of the semester.

<u>Attendance</u> will be taken at all class sessions and records will be kept. Please make every effort to be at all class sessions on time. If you have a problem, communicate with me. Email is usually the best way to communicate and leave a message. An excessive number of unexcused absences may result in being dropped from class.

Text

No required text. Handouts will be emailed or placed on Moodle. Student must activate MyGCC email and be able to use Moodle. Recommended readings: 1) "Inner Game" by Tim Gallwey, 2) "Winning Ugly" by Brad Gilbert, 3) "Watch the ball bend your knees that will be \$40 please" by Ed Collins.

Dress Policy

Athletic shoes and clothing required. Life Style Fitness Center dress and behavior policy applies.

Grading Policy based on total points accumulated.

Mandatory to receive a grade of an A. B or C:

- 1. Regular attendance and participation. Points allocated for participation in class activity, effort, improvement, sportsmanship, and attempted mastery of Student Learning Outcomes. Up to 5 points possible for each class session.
- 2. Examinations: One quiz, one short final examination worth 50 points total.
- 3. Final Grade based on total points accumulated. The more points earned, the higher the grade.

Class Conduct Policy

- 1. An excessive number of unexcused absences may result in being dropped from class.
- 2. Disruptive behavior is not tolerated. After due process, student may be dismissed from class.
- 3. Honesty is expected. If caught cheating on the exam, the student will be subject to due process and risks expulsion.
- 4. Cell phones and other electronic devices are to be turned off prior to entering class.

Students with Disabilities

Any students with disabilities requiring accommodations are responsible for making arrangements in a timely manner through the Center for Students with Disabilities.