

PE 275 Course Outline / Spring 2017 / Ticket# 3958
Beginning and Intermediate Volleyball / VG 101, / M-W 10:45 - 12:10
Weekly Online Video Tutorials via Moodle
Instructor - Lee Balkin / lbalkin@glendale.edu
Class will begin at 10:50 as to give students time to change.

Course Description: This class offers instruction and practice of volleyball techniques including hands on practice, team tournaments, and online lecture component.

Fundamental skills taught will include: passing, serving, setting, spiking, rules and regulations including rotation, substitution, scoring, offensive and defensive strategies, as well as game officiating.

Course Objectives:

- Students will acquire and develop skills needed to participate in volleyball as a lifetime activity.
- Demonstrate the knowledge and skills used in volleyball through class practice, playing the game, and on line participation.
- Learn proper warm up, terminology, rules, equipment, facilities & strategies needed to participate in volleyball.
- Be able to serve, pass & set correctly.

Readings / Videos: Students will participate in weekly on line class activities through Moodle. This includes readings, videos, and test taking.

Attire: Students are required to dress in light, comfortable clothing, and shoes that are appropriate for an activity class & indoor gym play. No dress clothes, blue jeans, or shoes which can mark the gym floor will be permitted. Students will not be allowed to participate if appropriate clothing and footwear is not worn.

Methods of Evaluation:

Class participation / attendance (150 points)

- 5 points possible per scheduled meeting.
- Improper dress will result in 0 points daily.
- Students properly dressed but arriving in the gym after 10:50 will be considered late. This earns 2 points daily.

An excessive number of absences may constitute an instructor drop. Absences for studying, parking problems, etc. will not be excused. Absences for illness must be documented by your doctor or the GCC health office.

Attendance will be taken daily by the instructor either verbally or by sign in sheet.

Multiple Choice Exam: (50 points) Students will be expected to demonstrate their knowledge and mastery of course content through a multiple choice exam.

Skills Evaluation: (30 points) Students will have several opportunities to demonstrate proficiency in the fundamentals of volleyball during both regular class days, as well as formally scheduled skills test (to be determined by the instructor). Skill evaluation will be on going and occur on a daily basis during class activities.

Class Conduct:

- All phones, electronics, etc. should be silenced, remain off, and put away during class.
- The instructor reserves the right to ask students to leave class for any disruption or inappropriate behavior, including but not limited to excessive interruptions or repeated voluntary lack of participation.
- Different students will be chosen weekly to help set up and put away the necessary equipment.
- Honesty is expected. If caught cheating on exam or signing in for another student, a student may be subject to due process.

Leaving Early: The instructor appreciates being notified of any instance in which a student must leave the class early.

Health Needs / Students with Disabilities:

Students with any physical problems which may affect their ability to participate in physical activity should notify the instructor immediately. Any student with disabilities requiring accommodations is responsible for making arrangements in a timely manor through the center for students with disabilities.

Tentative schedule:

Feb 22 intro & overview of vball class, set up, rules & regulations
Feb 27 passing skills / play vball
Mar 01 passing / serving skills / play vball
Mar 06-08 serving / passing skills / play vball
Mar 13-15 passing / setting skills / play vball
Mar 20-22 setting / spiking skills / play vball
Mar 27-29 spiking / blocking skills / play vball
Apr 03-05 blocking / defensive skills / play vball
Apr 10-12 offensive / defensive patterns of play / play vball
Apr 17-22 spring break, campus closed
Apr 24-26 officiating games / play vball
May 01-03 play vball
May 08-10 tournament #1
May 15-17 play vball / vball Exam
May 22-24 tournament #2
May 29 memorial day - campus closed
May 31 play vball
Jun 05 play vball
Jun 12 meet at 9:10AM for final World Cup Volleyball Tournament

