

COURSE OUTLINE

**Parent Education 12
Toddler 1**

Catalog Statement

PARED 12 focuses study on parenting children from 17-23 month of age. Parents (or caregivers) attend class with one or more children of the designated age.

Total Lecture Units: 0.0

Total Laboratory Units: 0.0

Total Course Units: 0.0

Total Lecture Hours: 24.0

Total Laboratory Hours: 16.0

Total Laboratory Hours To Be Arranged: 0.0

Total Faculty Contact Hours: 40.0

Total Student Contact Hours: 40.0

Prerequisite: None

Course Entry Expectations

Prior to enrolling in the course, the student should be able to:

N/A

Course Exit Standards

Upon successful completion of the required coursework, the student will be able to:

- observe and record toddler development in an educationally enriched environment;
- examine existing parent education and child development theories;
- develop and practice effective parenting and decision making skills;
- discuss typical parent-child situations and how to cope with them;
- develop and participate in a parent support network;
- discuss a variety of discipline practices including identifying the difference between discipline and punishment;
- examine toilet training techniques and issues;
- examine cultural influences on child-rearing practices.

Course Content

Total Faculty Contact Hours = 40.0

Introduction and Orientation: **(1.5 lecture hours, 1 lab hour)**

Philosophy, goals, and objectives

Class organization

Supervision and safety on campus

Parent Education Assistant's duties and responsibilities

Values and uses of various equipment, materials, and library books

- Introduction to the Glendale College Parent Education Association
- Responsibilities of participation in the class
- Observation and recording
 - Observing as a method of inquiry
 - Types of recording worksheets
 - Evaluation and use of Observation Records
- Principles of Child Growth and Development: **(7.5 lecture hours, 5 lab hours)**
 - Characteristics of children in specific age groups
 - Temperament and individual differences
 - Interrelation of developmental factors
 - Physical development
 - Emotional development
 - Identification of feelings
 - Development of empathy
 - Attachment and bonding
 - Fears and anxieties
 - Social development
 - Importance of play
 - Sharing
 - Aggression
 - Intellectual development
 - Parent's role in facilitating learning experiences
 - Overview of child development theories
 - How theory affects child rearing practice
- Dynamics of Family Interaction: **(3 lecture hours, 2 lab hours)**
 - Myths and realities of parenthood
 - Adjusting to parenthood
 - Stages of parent development
 - Changing family patterns
 - Family relations
- Discipline and Setting Limits: **(3 lecture hours, 2 lab hours)**
 - Definition of discipline vs. punishment
 - Purpose and consistency
 - Parental attitudes
 - Age appropriate techniques
 - Sleep Issues
 - Definition and prevention of child abuse/domestic violence
- Dealing with Life Events: **(3 lecture hours, 2 lab hours)**
 - Birth, reproduction, sexuality
 - Death, grief, and loss
 - Divorce and single parenting
 - Remarriage and blended families
 - Employment issues (returning to work/job loss)
 - Child care
 - Serious illness in the family
- Family Health: **(3 lecture hours, 2 lab hours)**
 - Childhood illness/immunizations

Promotion of health and hygiene
Toilet training techniques and issues
Nutrition and eating behaviors
Family mental health

Safety: **(3 lecture hours, 2 lab hours)**

Home and community safety
Automobile safety
Accident and Poison Prevention
Disaster preparedness

Methods of Instruction

The following methods of instruction may be used in this course:

- lecture;
- group discussion;
- demonstration;
- laboratory participation with children;
- role play;
- field trips and/or excursions;
- educational technologies including audiovisual instruction, internet, and other electronic presentations;
- independent study using worksheets and recorded observations.

Out of Class Assignments

The following out of class assignments may be used in this course:

- planning an age appropriate creative activity;
- planning an age appropriate nutritious snack.

Methods of Evaluation

The following methods of evaluation may be used in this course:

- group discussions;
- observation worksheets;
- student demonstrations (e.g. age appropriate creative activity);
- student demonstrations (e.g. age appropriate nutritious snack).

Textbooks

Instructor generated handouts

Student Learning Outcomes

Upon successful completion of the required coursework, the student will be able to:

- plan and implement age-appropriate enrichment activities, such as art, music, or reading experience;

- describe at least three age-appropriate discipline techniques;
- identify how to minimize the risk of at least four potential age-specific safety hazards;
- describe a minimum of four age-specific developmental characteristics including social, emotional, physical, and intellectual ones;
- plan and provide age appropriate nutritional snacks.