

COURSE OUTLINE

**Parent Education 20
Two-Year-Olds**

Catalog Statement

PARED 20 focuses study on parenting the two-year-old child. Parents (or caregivers) attend class with one or more children of the designated age.

Total Lecture Units: 0.0

Total Laboratory Units: 0.0

Total Course Units: 0.0

Total Lecture Hours: 24.0

Total Laboratory Hours: 24.0

Total Laboratory Hours To Be Arranged: 0.0

Total Faculty Contact Hours: 48.0

Total Student Contact Hours: 48.0

Prerequisite: None

Course Entry Expectations

Prior to enrolling in the course, the student should be able to:

N/A

Course Exit Standards

Upon successful completion of the required coursework, the student will be able to:

- observe and record the two-year-old child's development in an educationally enriched environment;
- examine existing parent education and child development theories;
- develop and practice effective parenting and decision making skills;
- discuss typical parent-child situations and how to cope with them;
- develop and participate in a parent support network;
- discuss a variety of different discipline practices, especially identifying the difference between discipline and punishment;
- examine the pros and cons of various toilet training techniques;
- examine cultural influences on child-rearing practices.

Course Content

Introduction and Orientation: **(1.5 lecture hours, 1.5 lab hours)**

Philosophy, goals, and objectives

Class organization

Supervision and safety on campus

Parent Education Assistant's duties and responsibilities

Total Faculty Contact Hours = 48.0

Values and uses of various equipment, materials, and library books
Introduction to the Glendale College Parent Education Association
Responsibilities of participation in the class

Observation and recording

Observing as a method of inquiry

Types of recording worksheets

Evaluation and use of Observation Records

Principles of Child Growth and Development: **(7.5 lecture hours, 7.5 lab hours)**

Characteristics of children in specific age groups

Temperament and individual differences

Interrelation of developmental factors

Physical development

Emotional development

Identification of feelings

Development of empathy

Attachment and bonding

Fears and anxieties

Social development

Importance of play

Sharing

Aggression

Intellectual development

Parent's role in facilitating learning experiences

Overview of child development theories

How theory affects child rearing practice

Dynamics of Family Interaction: **(3 lecture hours, 3 lab hours)**

Myths and realities of parenthood

Adjusting to parenthood

Stages of parent development

Changing family patterns

Family relations

Discipline and Setting Limits: **(3 lecture hours, 3 lab hours)**

Definition of discipline vs. punishment

Purpose and consistency

Parental attitudes

Age appropriate techniques

Sleep Issues

Definition and prevention of child abuse/domestic violence

Dealing with Life Events: **(3 lecture hours, 3 lab hours)**

Birth, reproduction, sexuality

Death, grief, and loss

Divorce and single parenting

Remarriage and blended families

Employment issues (returning to work/job loss)

Child care

Preparation for preschool

Serious illness in the family

Family Health: **(3 lecture hours, 3 lab hours)**

Childhood illness/immunizations

Promotion of health and hygiene

Toilet training techniques and issues

Nutrition and eating behaviors

Family mental health

Safety: **(3 lecture hours, 3 lab hours)**

Home and community safety

Automobile safety

Accident and Poison Prevention

Disaster preparedness

Methods of Instruction

The following methods of instruction may be used in this course:

- lecture;
- group discussion;
- demonstration;
- laboratory participation with children;
- role play;
- field trips and/or excursions;
- independent study using worksheets and recorded observations;
- Educational technologies including audiovisual instruction, internet and other electronic presentations.

Out of Class Assignments

The following out of class assignments may be used in this course:

- planning an age appropriate creative activity;
- planning an age appropriate nutritious snack.

Methods of Evaluation

The following methods of evaluation may be used in this course:

- group discussions;
- observation worksheets;
- student demonstrations (e.g. age appropriate creative activity);
- student demonstrations (e.g. age appropriate nutritious snack).

Textbooks

Instructor generated handouts

Student Learning Outcomes

Upon successful completion of the required coursework, the student will be able to:

- plan and implement age-appropriate enrichment activities; such as music, art, or reading experience;
- describe at least three age-appropriate discipline techniques;
- identify how to minimize the risk of at least four potential age-specific safety hazards;
- describe a minimum of four age-specific developmental characteristics including social, emotional, physical, and intellectual ones;
- plan and provide age appropriate nutritional snacks.