

What to do if YOU have been assaulted

- Get to a place of safety. Call 9-1-1, go to a police station, hospital, rape crisis center or to a person you trust.
- Obtain necessary medical treatment for any injuries, risk of pregnancy or sexually transmitted diseases.

Preserve any physical evidence for criminal prosecution/restraining orders

- It is ideal to collect forensic evidence from the body within 72 hours, however a victim should not refrain from reporting because there has been a delay.
- If possible, do not take a shower, bathe or douche. If you did take a shower or bath, be sure to save the towel you used afterwards.
- Try not to use the restroom, eat, drink, or brush your teeth.
- Try to remain in the clothing worn. If you've changed your clothes, take the clothes you were wearing and put them in a paper bag (not plastic).
- If a condom was used and you can safely acquire it, save the condom.
- If it was a stranger assault, make a mental note of any items (such as furniture, the steering wheel, or a glass) the perpetrator may have touched.
- If you were intoxicated and can't remember the assault, save any drinks you consumed that the perpetrator had access to.
- Preserve electronic evidence such as texts, emails, chats, posts, etc.
- Note names, descriptions of other people who may have been present.
- Don't clean or organize the area where the assault occurred.

Sexual Assault forensic examinations may be obtained at;

San Gabriel Valley Medical Center 438 W. Las Tunas Drive, San Gabriel, CA. 91776. (877) 209-3049

