**ATHLETIC SIGN - OFF SHEET**

**Glendale Community College**

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FULL NAME **(First, M, Last)**

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 SPORT (**Please indicate M. or W**.) YEAR

**I UNDERSTAND THE FOLLOWING:**

1. I must pass a physical exam before practicing.
2. I must turn in an Athletic Insurance form before practicing.
3. I must read and sign an Athletic Risk Agreement before practicing.
4. I must read, complete and sign **COA** form 1.
5. I must be enrolled in my intercollegiate sport class.
6. I must complete a student Education Plan for F**all by October 1st and for Spring by February 15th** at Glendale Community College and schedule additional appointments with an Academic Counselor when appropriate and needed. I will follow the required Student Educational Plan (SEP) that I develop with my counselor. I understand that my failure to follow my SEP may affect my eligibility to compete in intercollegiate athletics, and prevent me from completing my declared educational goal and/or transferring in a timely manner.
7. I authorize the release of my unofficial transcripts to any four-year college for recruiting purposes.
8. I must return, at the end of the sport season, all Glendale Community College supplies and equipment that has been issued to me or a hold will be placed on my student records
9. I understand that I must use College transportation for contests away from the College.
10. I fully understand the eligibility rules as explained by the Athletic Director and must be cleared for eligibility before participating in a contest.
11. I acknowledge that, as a GCC student-athlete, I also have significant responsibilities. I recognize that I am among the most visible students on campus and in the wider community, and that I am expected to behave as a respectful member of an intercollegiate team and in a manner that is consistent with the values of Glendale College. Because GCC athletes are held to high standards of conduct, I understand the need to exercise good judgment and conduct myself with honesty, integrity, and respect for others at all times.

SIGNATURE DATE