



**COURSE OUTLINE : 200 ABSE  
N Non-Credit  
COURSE ID- 010350  
June 2018**

**COURSE DISCIPLINE :** ABSE  
**COURSE NUMBER :** 200  
**COURSE TITLE (FULL) :** College Readiness for Adults with Disabilities  
**COURSE TITLE (SHORT) :** College Readiness for Adults with Disabilities

**CATALOG DESCRIPTION**

ABSE 200 is designed to assist students with disabilities to become better prepared to meet the challenges of college. Special emphasis is placed on learning styles, academic and career goal development, improving self-esteem, building self-confidence, learning and study strategies, accommodations, campus and community resources.

**CATALOG NOTES**

Students must attend an orientation and meet with the noncredit DSPS counselor.

Total Lecture Units: 0.00  
Total Laboratory Units: 0.00  
**Total Course Units: 0.00**

Total Lecture Hours: 64.00  
Total Laboratory Hours: 0.00  
Total Laboratory Hours To Be Arranged: 0.00  
**Total Faculty Contact Hours: 64.00**  
**Total Student Contact Hours: 64.00**

**ENTRY STANDARDS**

	Subject	Number	Title	Description	Include
1				Read and comprehend text written in English at a 6th grade reading level;	Yes
2				generate questions based on assigned text readings;	Yes
3				write a composition, which shows clear organization and demonstrates a basic understanding of the English sentence;	Yes
4				contribute to class discussions and participate in student presentations.	Yes

**EXIT STANDARDS**

1	Select appropriate accommodations to support their learning style;
2	identify ambitions and goals they will pursue in college;
3	design a career roadmap;

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4	identify campus and community resources specific to their needs;
5	explain study skill techniques needed to be successful in college.

**STUDENT LEARNING OUTCOMES**

1	identify their dominant learning style;
2	list accommodations that will benefit them in class and the workplace;
3	explain each step in their career and goal roadmap.

**COURSE CONTENT WITH INSTRUCTIONAL HOURS**

	Description	Lecture	Lab	Total Hours
1	<p><b>Getting to know the learner I am</b></p> <ul style="list-style-type: none"> <li>• Skills and Attributes Inventories</li> <li>• Self Assessments</li> <li>• Learning Styles Discovery</li> <li>• Learning Questionnaires</li> </ul>	8	0	8
2	<p><b>Dominant Learning Styles</b></p> <ul style="list-style-type: none"> <li>• What your IEP (Individual Education Plan) said about you</li> <li>• What disabilities mean in college and the workforce</li> <li>• Compensatory Strategies</li> <li>• Understanding mild to moderate disabilities</li> </ul>	9	0	9
3	<p><b>Goals</b></p> <ul style="list-style-type: none"> <li>• Setting Goals</li> <li>• Career Planning</li> <li>• Post-secondary education options</li> <li>• Community college outcomes (degree,transfer,certificates)</li> </ul>	7	0	7
4	<p><b>K-12 vs. College</b></p> <ul style="list-style-type: none"> <li>• Laws (504, IDEA (Individuals with Disabilities Act), TitleV)</li> <li>• Differences between high school and college</li> <li>• Accommodations</li> <li>• Double Helix and Career Road Mapping</li> </ul>	8	0	8
5	<p><b>Welcome to GCC</b></p> <ul style="list-style-type: none"> <li>• Credit vs. Noncredit</li> <li>• College lingo (gpa, probation, dismissal, SEC, SEP, AAP, etc.)</li> <li>• Holding your head above water</li> <li>• Choosing courses to complement your goals</li> </ul>	8	0	8

6	<b>Tool Chest of Skills</b> <ul style="list-style-type: none"> <li>• Time Management</li> <li>• Notetaking</li> <li>• Organization</li> <li>• Reading</li> <li>• Test Taking</li> </ul>	8	0	8
7	<b>Budgeting</b> <ul style="list-style-type: none"> <li>• Financial assistance (DOR (Department of Rehabilitation), RC (Regional Center), Financial Aid,</li> <li>• Scholarships, campus and community organizations)</li> <li>• How much money will you need to live independently</li> <li>• Balancing school, work and personal time</li> </ul>	9	0	9
8	<b>Self-Esteem and Confidence</b> <ul style="list-style-type: none"> <li>• My positive traits</li> <li>• How to build confidence</li> <li>• Learn to accept a compliment</li> </ul>	7	0	7
				64

#### **OUT-OF-CLASS ASSIGNMENTS**

1	academic goal and career roadmap
2	learning surveys
3	lifestyle budget
4	study techniques

#### **METHODS OF EVALUATION**

1	Class participation
2	Completion of all assignments
3	Quizzes

#### **METHODS OF INSTRUCTION**

- Lecture
- Laboratory
- Studio
- Discussion
- Multimedia
- Tutorial
- Independent Study
- Collaboratory Learning
- Demonstration
- Field Activities (Trips)
- Guest Speakers
- Presentations

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**TEXTBOOKS**

<b>Title</b>	<b>Type</b>	<b>Publisher</b>	<b>Edition</b>	<b>Medium</b>	<b>Author</b>	<b>IBSN</b>	<b>Date</b>
Teacher generated materials							