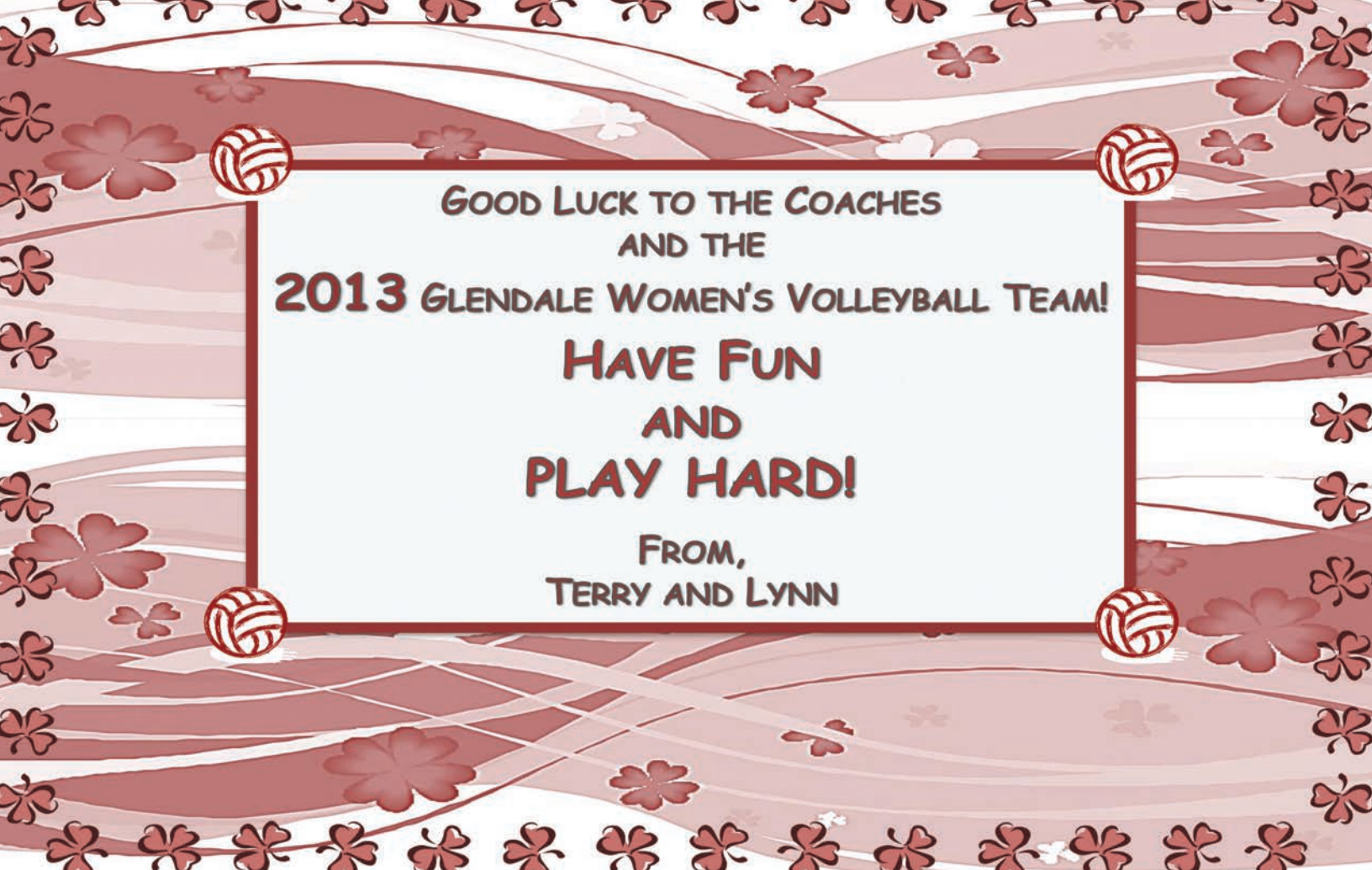




GLENDALE COLLEGE WOMEN'S VOLLEYBALL 2013





GOOD LUCK TO THE COACHES
AND THE
2013 GLENDALE WOMEN'S VOLLEYBALL TEAM!
**HAVE FUN
AND
PLAY HARD!**
FROM,
TERRY AND LYNN



**Good Luck
2013
Glendale College
Women's Volleyball**

**Lee & Randy
Parks**



Glendale Community College was founded in 1927 to serve the needs of the people in the Glendale Union High School District which included La Crescenta, Glendale, and Tujunga. The school was founded as Glendale Junior College and from 1927 to 1929 conducted classes in the buildings of Glendale Union High School at Broadway and Verdugo in the City of Glendale. In 1929 the junior college moved to the Harvard School plant of the Glendale Union High School District where it remained until 1937. In this year a new plant, part of the present one, was completed and occupied. The year before, in 1936, the Glendale Junior College District was dissolved as such and became a part of the new Glendale Unified School District. The name of the school was changed to Glendale College in 1944. On July 1, 1970 Glendale College became a part of the Glendale Junior College District. On April 20, 1971 the Board of Education adopted a resolution changing the District name to Glendale Community College District.

On November 3, 1980, Glendale voters approved a measure to establish separate Boards. In April 1981, the new members were added to the Board. The separation resulted in the creation of a Board of Trustees solely responsible for the governance of the Glendale Community College District. In 1936 twenty-five acres were acquired for the present site of the college. The campus now consists of 100 acres and 15 permanent buildings. It is beautifully located on the slopes of the San Rafael Mountains overlooking the valleys in the Glendale area.

Glendale Community College has a college-credit enrollment of about 15,000 day and evening students, and approximately 10,000 others are reached through the adult education program, specialized job training programs such as JTPA and GAIN, and contract instruction administered by the Professional Development Center.

2013 SCHEDULE



DATE	DAY	OPPONENT	SITE	TIME
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PRE-SEASON

August 30	Friday	Pasadena CC Quad Tour.	Pasadena College	3 PM & 5 PM
September 4	Wednesday	Cypress College	Cypress College	7 PM
September 11	Wednesday	Chaffey College	Glendale College	6 PM
September 13	Friday	Ventura College	Ventura College	7 PM
September 19	Thursday	Orange Coast College	Glendale College	6 PM
September 20/21	Friday/Saturday	San Diego Mesa Tournament	San Diego Mesa Collage	TBA
September 25*	Wednesday	Santa Barbara College	Glendale College	6 PM
September 27	Friday	Victor Valley Tournament	Victor Valley College	1 PM & 3 PM

*Inter-Divisional Game

INTER DIVISIONAL ROUND

October 2	Wednesday	Moorpark College	Moorpark	6 PM
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CONFERENCE

October 4	Friday	Bakersfield College	Glendale College	7 PM
October 9	Wednesday	Antelope Valley College	Antelope Valley College	6 PM
October 11	Friday	West Los Angeles College	Glendale College	7 PM
October 16	Wednesday	Citrus College	Glendale College	7 PM
October 18	Friday	College of the Canyons	College of the Canyons	6 PM
October 23	Wednesday	BYE		
October 25	Friday	Santa Monica College	Glendale College	7 PM
October 30	Wednesday	Bakersfield College	Bakersfield College	6 PM
November 1	Friday	Antelope Valley College	Glendale College	7 PM
November 6	Wednesday	West Los Angeles College	West LA College	6 PM
November 8	Friday	Citrus College	Citrus College	6 PM
November 13	Wednesday	College of the Canyons	Glendale College	7 PM
November 15	Friday	BYE		
November 20	Wednesday	Santa Monica College	Santa Monica College	6 PM



HEAD COACH:
ASST. COACH:
ASST. COACH:
ATHLETIC DIRECTOR:
ADMIN. ASSISTANT:
ATHLETIC TRAINER:
ATHLETIC TRAINER:

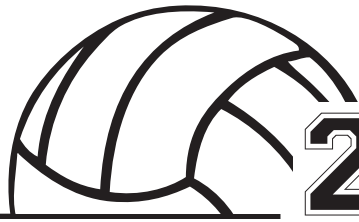
Yvette Ybarra
Maria Olilang
Sara Kert
John Cicuto
Rubina Hairapetian
Jose Gomez
Claudia Alvarez

Ext. 3195

yybarra@glendale.edu

Ext. 5377
Ext. 5540
Ext. 5549

rubina@glendale.edu
jgomez@glendale.edu
calvarez@glendale.edu



2013

WOMEN'S VOLLEYBALL

Welcome to the 2013 – 2014 Vaquero volleyball season. It is my honor to be a part of such a wonderful tradition here at Glendale College. Over the last 12 years I have had the opportunity to work with wonderful colleagues and talented young ladies. The Glendale women's volleyball team is ready and focused for the upcoming season. This group of student-athletes are disciplined and motivated both on and off the court. Every player on this team is proud to be a Vaq and understands that the team comes first.

This year we have a talented group lead by 4 Sophomores- middle blocker Ashlie Valmonte, Outside Hitter Brooke Forrester, Outside Hitter Kristin Arkosy and setter Janeth "JJ" Mosqueda. They have come prepared to lead this year's team with positive encouragement and a fierce commitment to the program. They are joined by 6 freshmen who come to the program with varying experience but all with a strong desire to compete.

I would like to take this opportunity to thank everyone for their continued support and help. There are many people to thank, from administrators, support staff, athletic directors, trainers, friends, family and my daughter Tamia. A very special thanks to Maria Olilang, Mike Molinos, Sonia Vichienukul and Lan Bermejo for making this year's program so special.





2013 PLAYERS







2

BROOKE FORRESTER OUTSIDE HITTER



AKA: Brookey
 Height: 5' 8"
 Hometown: Pasadena, CA
 High School: Maranatha High School
 Favorite Food: Mac N Cheese, In-N-Out
 Fun Fact: My last name means "Protector of the Forrest"
 10 Yrs. From Now: In Guatemala or Africa working for a Non-Profit Organization
 Major: Sociology

Glendale College:

- WSC Honorable Mention

High School:

- 2012: Athlete of the Year
- 2012: 2nd Team All-League (Soc)
- 2012: 2nd Team All-League (Soc)
- 2012: 2nd Team All-League (VB)
- 2012: Most Inspirational (Soc)
- 2012: Most Improved (VB)

COACH'S NOTE

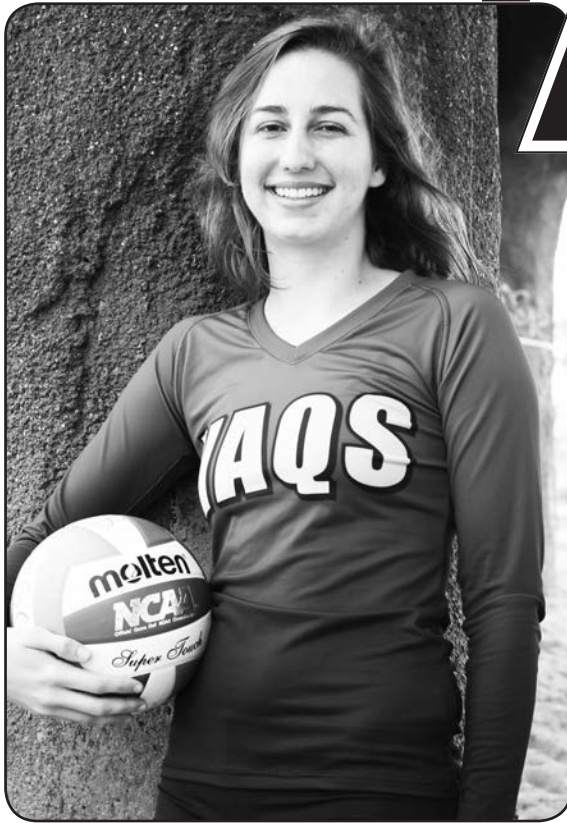
Brooke is a very positive influence on the court with a strong desire to compete. She loves volleyball and has come to understand the game better over the last year. As a returning outside hitter and Western State Conference Honorable Mention selection, she will be looked to for guidance and leadership. Brooke worked hard in the off-season and continues to grow into a well-rounded player. She is dedicated to the team and believes in her teammates!





7

KRISTIN ARKOSY OUTSIDE HITTER



AKA:	Kosy
Height:	5'11"
Hometown:	Pasadena
High School:	La Salle High School
Favorite Food:	SMOOTHIES!
Fun Fact:	I went to the Rhoda Island School of Design
10 Yrs. From Now:	Working at an Art/Design Studio
Major:	Architecture

High School:
 2005-2009 - Honor Roll
 2007 - Principal's Scholar Athletic Award
 2007 - JV Most Inspirational

COACH'S NOTE

Kristin is an amazing hitter. She jumps well and has a strong arm swing. Kristin is versatile allowing her to hit all types of attacks. She is coming into this season stronger and quicker which will be an exciting addition to this year's team. Kristin has a calm disposition which complements her co-captains Brooke and Ashlie. We are looking forward to see Kristin in action!





8

ASHLIE VALMONTE

MIDDLE BLOCKER



AKA:	Ash
Height:	5'10"
Hometown:	Pasadena
High School:	Pasadena High School
Favorite Food:	Pizza and Donuts
Fun Fact:	I LOVE to do Make-up
10 Yrs. From Now:	Traveling the World
Major:	Culinary

- 2011 - Outstanding Offensive Player (Volleyball)
- 2009 - Most Valuable Player (Volleyball)
- 2008 - Most Improve (Volleyball)

COACH'S NOTE

Ashlie is a good blocker and can put the ball away. Last year she started as an outside hitter but made the transition to middle hitter where she will play this year. Ashlie is very dynamic player with a great attitude. Her hard work in the spring paid off giving her the ability to hit over the block. Ashlie is a natural leader who encourages and relaxes her teammates in tight situations.





9

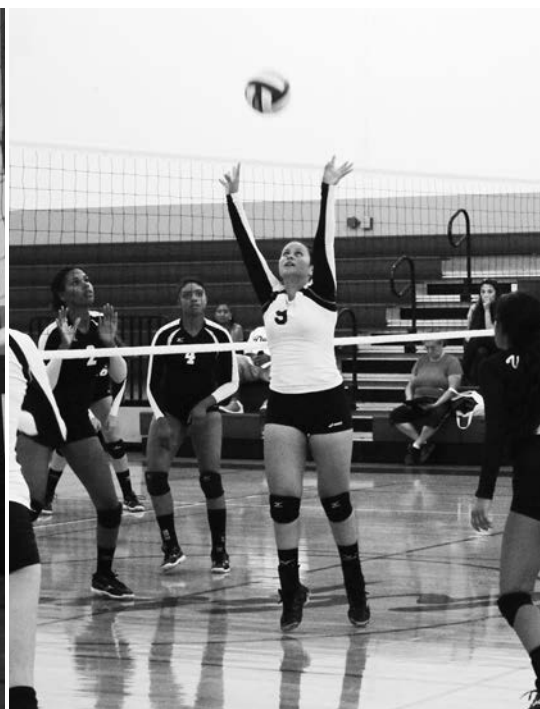
JANETH MOSQUEDA SETTER / OPPOSITE



AKA: JJ
 Height: 5'7"
 Hometown: Mission Hills, CA
 High School: Sylmar High School
 Favorite Food: Big, fatty and meaty Mexican burritos, tacos, and funnel cakes
 Fun Fact: I can play the flute, guitar but I mostly have the passion to play the piano. Aside from volleyball I also play soccer, softball, baseball and football. Love, love, love soccer and football.
 10 Yrs. From Now: Working at Kaiser or at a great hospital as an Orthopedic Surgeon. Married to a great man, with the same religious beliefs I have and who loves me for who I am and do. Also, with 2-4 kids, 3 boys and 1 girl.
 Major: Kinesiology - Orthopedic Surgeon

COACH'S NOTE

JJ is a welcome addition to this years' squad. She comes to us from Cal State LA and has experience as a setter and defensive specialist. She is an excellent passer with a mean jump floater. JJ has increased her stamina over the summer and has become a better conditioned athlete. JJ has a great attitude and will contribute in big ways this year.





1

MEGAN WILLIAMS

SETTER



AKA: Meg
 Height: 5'4"
 Hometown: Oregon
 High School: Reynolds High School
 Favorite Food: Sushi, Mexican and Italian
 Fun Fact: I'm double jointed in my thumbs!!!
 10 Yrs. From Now: Working in the Criminal Justice Field as a detective, being a Homeowner and raising my Child(ren).
 Major: Criminal Justice

High School Achievements:
 North Bend High School - Gatorade Will to Win Award, Counselor on Athletic Advisory Committee, Breakfast of Champions Award, TV appearance for Backstroke Competition, Varsity Letterman as Junior
 Reynolds High School - ATHENA Team Leader"

Hobbies and Interests:
 Beach activities, swimming, boarding, snorkeling, beach volleyball, enjoying movies, music and ALWAYS engaged in games of pool, bowling or darts.

3

ELISE KWON

DEFENSIVE SPECIALIST / LIBERO



AKA: Lise
 Height: 5'6"
 Hometown: Los Angeles, CA
 High School: Eagle Rock High School
 Favorite Food: Italian, Thai, Japanese and Mexican
 Fun Fact: Growing out her hair for 5 years now!
 10 Yrs. From Now: Hopefully out of college and starting my career as a Pediatrician
 Major: Health Sciences

Hobbies and Interests:
 Fashion/shopping, photography and traveling



NAYELY MORENO

DEFENSIVE SPECIALIST

4



AKA: Nelly
 Height: 5'4"
 Hometown: Los Angeles, CA
 High School: Miguel Contreras High School
 Favorite Food: Thai Food
 Fun Fact: I LOVE to dance
 10 Yrs. From Now: I see myself married with three beautiful children.
 Major: Undecided

Hobbies and Interests:
 Dancing, volleyball, and hanging out with family and friends

SABRINA TAKEUCHI

LIBERO / DEFENSIVE SPECIALIST

6



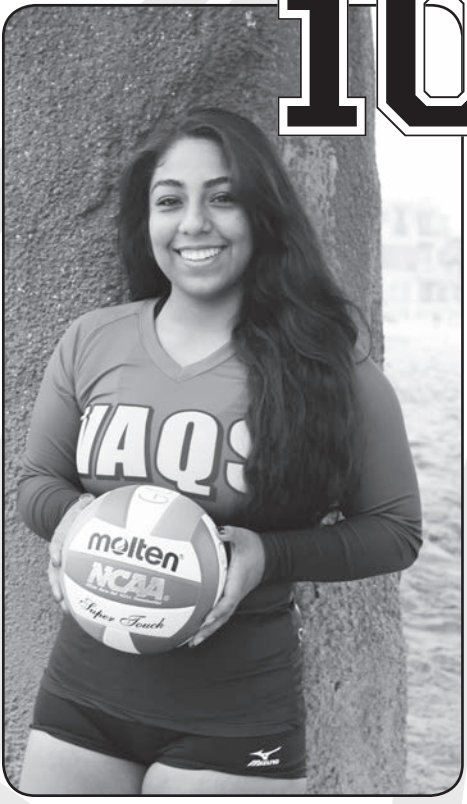
AKA: Bina
 Height: 5'2"
 Hometown: San Gabriel, CA
 High School: Gabrielino High School
 Favorite Food: Japanese, Mexican and KBBQ
 Fun Fact: I have a fear of horses
 10 Yrs. From Now: In New York
 Major: Business

Hobbies and Interests:
 Eating Korean BBQ



10

APRIL MARIE LEYVA DEFENSIVE SPECIALIST / LIBERO



AKA: Ape
 Height: 5'1"
 Hometown: Burbank, CA
 High School: Providence High School
 Favorite Food: Everything EXCEPT beans
 Fun Fact: I know mostly EVERY commercial on TV
 10 Yrs. From Now: Married and be successful in my career
 Major: Criminal Justice

High School Achievements:
 2012 - Athlete Development Award, 2nd place Math and Science Fair,
 2011 - MVP (Volleyball), 2010 - Coach's Award (Basketball)

Hobbies and Interests:
 Eating, watching TV, hiking, going to Costco, drinking water

14

BRIANA MARTINEZ LIBERO / DEFENSIVE SPECIALIST



AKA: Bri
 Height: 5'0"
 Hometown: Mission Hills
 High School: Bishop Alemany High School
 Favorite Food: I EAT Everything
 Fun Fact: I was a starting Libero all 4 years of High School
 10 Yrs. From Now: Helping kids and have a family
 Major: Social Work

High School Achievements:
 2011 - 2012 - First Team All League, 2010 - 2011 - Second Team All League, 2011 - Best Defensive Player, 2010- Best Defensive Player, 3rd place - Summer Soirée (Club Volleyball)

Hobbies and Interests:
 Dancing, food, watching sports with family



NICOLE ENCARNACION SETTER

15

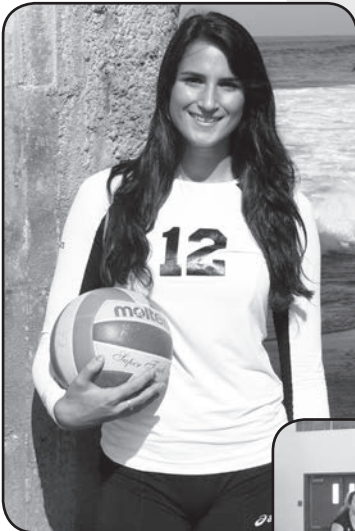


AKA: Bambi
 Height: 5'7"
 Hometown: Burbank, CA
 High School: John Burroughs High School
 Favorite Food: Chocolate covered strawberries, Umami Burger and Chipotle
 Fun Fact: I LOVE everything British!
 10 Yrs. From Now: I see myself as a Physical Therapist or Dietitian
 Major: Kinesiology

High School Achievements:
 2009-2012 - Honor Roll, 2011 - Volleyball Team Captain

Hobbies and Interests:
 Playing beach volleyball, baking, having fun with friends, road trips and trying new things!

2012 TRANSFERS



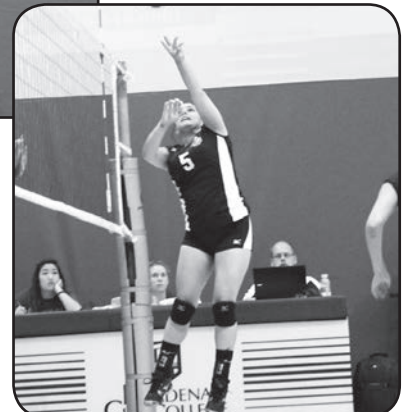
ANGELA GAIGNARD

WSC Second All Conference
 Transferred to play at Southern Arkansas University



LAILA SOUKTANI

WSC Honourable Mention
 Transferred to play at UC Riverside



ALL WESTERN STATE

2003

JOCELYN ABAD - 1ST TEAM
MERISOL SPEAT- HONORABLE MENTION

2004

JOCELYN ABAD - 1ST TEAM
SAMANTHA RIVERA - 2ND TEAM
JENNIFER SAYLOR - HONORABLE MENTION

2005

ASHLEI LIMBAGA - 2ND TEAM
CHRISTINE HYMAN - HONORABLE MENTION
LOURDES LOYOLA - HONORABLE MENTION
2005 ALL ACADEMIC TEAM FOR STATE OF CALIFORNIA

2006

SUSIE MARCOS - 1ST TEAM
ALYSSA ROSCA - 2ND TEAM
CHRISTINE HYMAN - 2ND TEAM
LOURDES LOYOLA - HONORABLE MENTION

2007

AYA NAKANO - 1ST TEAM
SUSIE MARCOS - 2ND TEAM
AUTUM GOMEZ - HONORABLE MENTION
ISABELLE CARTER - HONORABLE MENTION

2008

AYA NAKANO - 1ST TEAM
NICOLE DILLER - 2ND TEAM
CARISSA MATHIJSSSEN - 2ND TEAM
ASHLEIGH DILLER - HONORABLE MENTION
ISABELLE CARTER - HONORABLE MENTION

2004



2005



2006



2007



2008



CONFERENCE TEAM

2009

ASHLEIGH DILLER - 1ST TEAM
JESSICA ALVAREZ - 1ST TEAM
ALYSSA ROSCA - 2ND TEAM
CARISSA MATHIJSSSEN - 2ND TEAM
ASHLIY VELIZ - HONORABLE MENTION
ROXANNE DOMINES - HONORABLE MENTION

2009



2010

JESSICA ALVAREZ - 1ST TEAM
SARA KERT - HONORABLE MENTION
ROXANNE DOMINES - HONORABLE MENTION

2010



2011

CAMI MARTIN - 1ST TEAM, FULL RIDE SCHOLARSHIP
TO SOUTHERN ARKANSAS UNIVERSITY
SARA KERT - 2ND TEAM
RACQUEL VALENZUELA - 2ND TEAM
LAILA SOUKTANI - HONORABLE MENTION
ANGELA GAIGNARD - HONORABLE MENTION

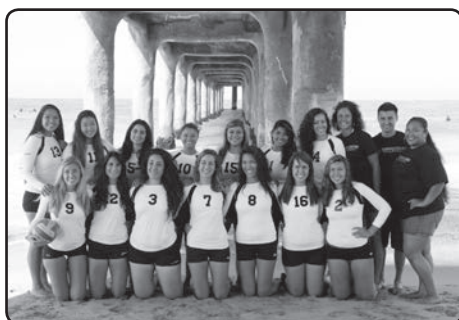
2011



2012

ANGELA GAIGNARD - 2ND TEAM WSC
LAILA SOUKTANI - HONORABLE MENTION
BROOKE FORRESTER - HONORABLE MENTION

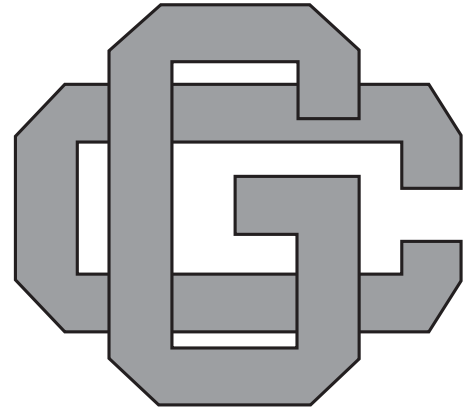
2012





COACHING AND SUPPORT STAFF





YVETTE YBARRA

COACH

Coach Ybarra graduated from Fountain Valley High School and received a volleyball scholarship to attend Boise State University. As an outside-hitter she garnered all conference honors and received her BA in Communications. In 2005 she earned her Master's in Physical Education from Azusa Pacific University.

Coach Ybarra has extensive volleyball coaching experience. Upon her college graduation she was the women's volleyball coach at Saddleback Community College and in her first year took her team to the regional playoffs. She later became the head coach for the Costa Mesa High School Girls' and Boys' volleyball programs where they reached the CIF playoff quarterfinals and semifinals respectively. Coach Ybarra's hard work paid off as she was awarded the Coach of the Year in both boys' and girls' sports for the Pacific League.

Since 2002 Coach Ybarra has been at the helm of the Lady Vaqueros and has continued to work diligently towards preparing her teams to play at the highest level of competition. Coach Ybarra's focus is not only in improving each of her player's at the athletic level but emphasizing and encouraging academic success. She is very proud of her player's academic accomplishments especially her 2005 team which was named Scholar Team of the Year by the State of California's Community College Athletic Association with an overall team GPA of 3.3.

For the past 3 years, Coach Ybarra coached for Club West Volleyball Club. In addition to her coaching duties, Coach Ybarra is also Professor Ybarra since earning her Associate Professor of Kinesiology designation. She is on the Executive Board for the Community College Women's Volleyball Association, currently the Assistant Athletic Director and recently appointed to be Glendale College's Student Learning Outcome Coordinator.

Coach Ybarra's heart and focus is on her team. Her main goal is to combine success on the court and in the classroom and to bring to Glendale Community College a strong and competitive program.



ASSISTANT COACHES / SUPPORT STAFF



MARIA OLILANG
ASSISTANT COACH

Maria Olilang has been with Glendale College and Glendale Volleyball since 1998. In 1997 she graduated from John Marshall High School in Los Angeles, CA. Maria played 2 years for the Vaqueros and has been with them ever since. After playing she continued her studies at Glendale College while keeping close ties with the volleyball team as a volunteer coach. With the hire of Head Coach Yvette Ybarra in 2002, Maria stayed on as an assistant coach while continuing her education at Cal State University, Northridge. In the spring of 2004, Maria earned her Bachelor's Degree in Liberal Arts. For the past 3 years, Maria has coached club volleyball. Last season, Maria was an assistant coach for the 13s team at Club West Volleyball Club.



SARA KERT
ASSISTANT COACH

Sara Kert graduated from Maranatha High School in Pasadena, CA in 2010. While in high school, Sara participated in both Volleyball and Softball where she was 2nd team all-league in 2009 and 2010. After Graduating, Sara continued both her education and volleyball career at Glendale College. During her 2 years under Coach Ybarra, she was captain for both years and was WSC - Honorable Mention her freshman year and WSC 2nd team All-Conference during her sophomore year. She made the all-academic team for the California Community Colleges and won the 2011 - 2012 Glendale College Female Scholar Athlete Award. Last year, Sara was the head coach for the 12s team for Club West Volleyball Club. Sara is continuing her education at Cal State University, Northridge and is majoring in Education. In the future she plans to become an elementary teacher and would like to continue coaching volleyball.



COACH JON GOLD
PE/Health
Division Chair



COACH JOHN CICUTO
Athletic
Director



STEPHANIE HERNANDEZ
Team Manager



JOSE GOMEZ
Athletic Trainer
Certified



CLAUDIA ALVAREZ
Athletic Trainer
Certified



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Good Luck to Bri and
The 2013 Glendale Volleyball Team!

GO VAQS!

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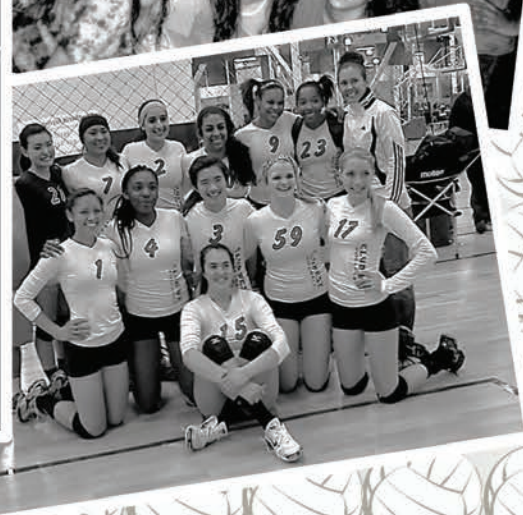
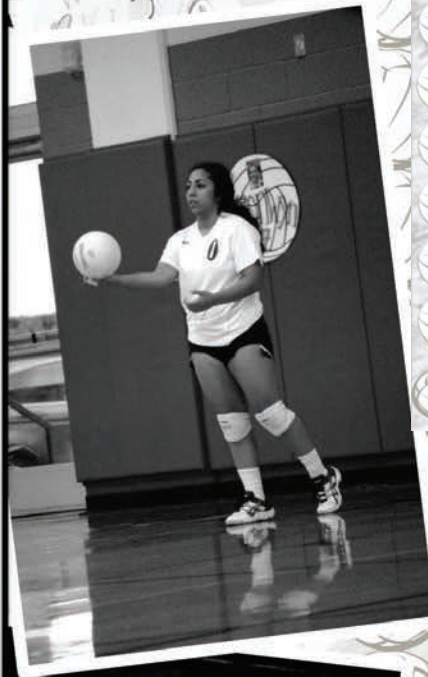
www.CLUBWESTVOLLEYBALL.com



GOOD LUCK APRIL AND TO YOUR
TEAM. YOU WILL ALL
ACCOMPLISH GREAT THINGS
THIS SEASON!

Go VAQS 2013!

LOVE,
YOUR MOMMY



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NICOLE

***HAVE A GREAT SEASON!
GO VAQUEROS 2013!***

***LOVE,
MOM, DAD AND TRAVIS***



Brooke,

In all you do, do it with integrity. Play hard and remember whom you are playing for. Have a great season! We are cheering you on! Joshua 1:9

Love,

U.M. + A.L.





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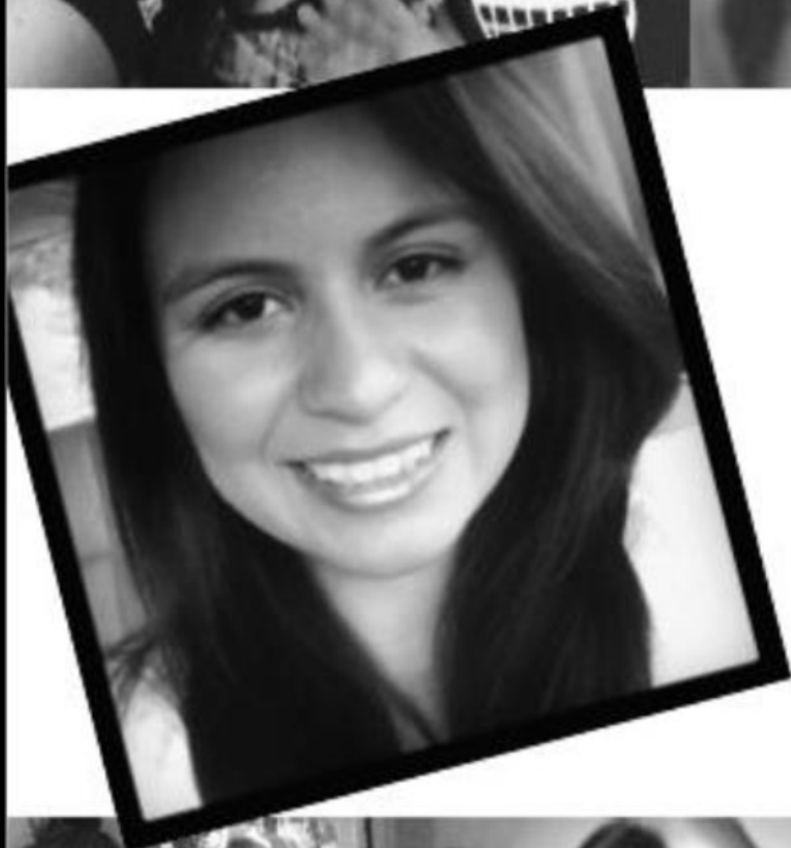
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**Bri we are so proud of you. I know you are doing what you love by playing Volleyball. Keep working hard, having fun, and let's win!!
We love you,**





Princess, reach for the stars, you can do it, we have faith in you. We love you!

Mom & Dad



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REALTOR®

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CHERYL WILLIAMS

REALTOR

CAL BRE # 01898377

323.454.2011

cheryl@cherylkwilliams.com

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*Good luck to Coach Yvette
and the Lady Vaqueros on
your upcoming season!!!
~ Your friends at
The Loose Teas*





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