# Spring 2020





Sierra Madre Building (SM267) Email: DreamResourceCenter@Glendale.edu (818) 240-1000 ext.5810

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# **Food Pantry**

#### GCC Food for Thought Pantry (Glendale Students Only)\*

Verdugo Campus Food Pantry is located in SR 133 (Walk through the hallway marked SR 134 on the first floor of San Rafael.) The Garfield Campus Pantry is located in TR 207. The Food for Thought Pantry is open to any currently enrolled GCC student who completes a short application.

https://www.glendale.edu/students/student-services/the-gcc-food-for-thought-pantry

#### International Families Association\*

1741 Gardena Avenue, Suite E Glendale, CA 91204 818-770-0779

https://www.internationalfamiliesassociation.com

Since 1999, the International Families Association has worked to solve food insecurity in Glendale and the surrounding areas. Low income community members can access the food pantry with a valid I.D/ driver's license.

Mondays only 3pm-6pm

#### Catholic Charities: Loaves and Fishes\*

4322 San Fernando Road, Glendale, CA 91204

Pantry Hours: 10am-3pm M-W and F

Phone: (213) 251-3512 Fax: (818) 956-1857

www.catholiccharitiesla.org

Clients must live in certain areas to get services (Glendale, Burbank, Eagle Rock, Highland Park, Atwater, and part of Sunland) call and ask if they serve your zip code. Loaves and Fishes provide immigration assistance and food pantry services. Bring picture ID, SS card, proof of address, children's birth certificates, and proof of income.

#### **Burbank Temporary Aid Center (Food Pantry is once a month)**

1304 W. Burbank Blvd. Burbank, CA 91506

Phone: (818) 848-2822 Fax: (818) 848-0842

http://www.burbanktemporaryaidcenter.org/

BTAC provides clients a variety of programs and services including: Groceries from BTAC's Food Pantry. Daily sack lunches for the homeless. Assistance with utility bills. Transportation assistance. ID/License replacement program. Limited medical assistance. Burbank Residents Only!

#### Meet Each Need with Dignity (MEND)\*

Food Box Distribution

Thursday: 8:00 am – 2:00 pm Friday: 8:00 am – 2:00 pm Saturday: 9:00 am – Noon

https://mendpoverty.org/programs/emergency-food-bank

10641 N. San Fernando Road, Pacoima, CA 91331 (818) 897-2443

MEND's Emergency Food Bank is unique in that it is the largest in Los Angeles providing direct distribution to clients in need, and one of the largest in the state of California. Emergency food boxes provide a generous, nutritionally balanced three-day supply of emergency food, designed to help the families make ends meet, but not to create a dependency on MEND.

#### Resurrection Church Foodbank\*

3324 E. Opal St, Los Angeles CA. 90023 323-268-1141

http://www.resurrectionla.com/

Resurrection Church is an East Los Angeles landmark. Serving the East Side since 1923, Church food bank serves mainly fruits and vegetables provided by local markets.

#### World Harvest Food\*

3200 S. Grand Ave. Los Angeles, CA. 90005 213-746-2227

https://www.worldharvestla.org

Established in 2007, World Harvest Food Bank is a non-profit organization that provides food to people who are at risk of hunger. With \$40 a suggested donation or 4 hours of volunteer time, patrons receive a cart full of groceries that averages 200 pounds and retails for over \$200.

# **Clothing Centers**

#### The Salvation Army (Closet for the Needy)\*

801 S. Central Avenue, Glendale, CA 91204

Pantry Hours: 1-4pm M-F Phone: (818)246-5586 Fax: (818) 246-2419

www.glendale-ca.salvationarmy.org

Individuals can receive free clothing from the South Corps. There are coats, children's clothes, women's and men's attire.

#### **Volunteer League of the San Fernando Valley (Clothes Center)**

14603 Hamlin St., Van Nuys, CA 91411

818-785-4134

Providing a basic wardrobe of essential clothing to underprivileged children enrolled in schools in the San Fernando Valley. The clothes center is currently the only non-profit that provides the complete clothing needs (school uniforms, backpacks, and hygiene kits) of the LAUSD children grades from K-12 and LAUSD Homeless Ed Department to middle school and high school students. Children are referred by PSA cousenlors and various mental health agencies. By appointment only.

http://www.volunteerleague.com/centre-clothes-corner

#### Meet Each Need with Dignity (MEND) Clothing Center\*

10641 N. San Fernando Road, Pacoima, CA 91331 (818) 897-2443

MEND's Clothing Center is set up like any mall shop with attractive window displays and wellorganized clothing for men, women and children. Clients are welcome to a monthly allotment of clothes for each family member.

#### **Please Note**

- A donation of \$5.00 is requested
- Please bring a picture ID, proof of current address and proof of income.
- Clients can receive assistance once every 30 days (once monthly only).
- For more information please contact Veronica Soto at 818-686-7328 or <a href="mailto:veronica@mendpoverty.org">veronica@mendpoverty.org</a> or <a href="mailto:https://mendpoverty.org/programs/clothing-center">https://mendpoverty.org/programs/clothing-center</a>

#### **Dress for Success\***

1933 S Broadway-11<sup>th</sup> Floor Los Angeles, CA 90007 323-461-1021

#### https://worldwidewest.dressforsuccess.org

Dress for Success was creating with the goal of breaking the cycle of poverty via empowering with the tools to become financially independent. Upon obtaining a referral, clients are scheduled for their suiting appointment free of charge, so that they may have the appropriate attire to be confident during job interviews. Dress for Success also offers financial educational classes in order to further support clients' career advancement.

## **Healthcare & Mental Wellness**

#### Glendale College Health Center (GCC Students Only)\*

A Registered Nurse is available daily for health assessment on a walk-in basis.

Daily services include: First aid, blood pressure screenings, and over-the-counter medications.

Seasonal Flu Shots \$15 for students, \$20 for GCC Staff

By appointment: Personal/Mental Health counseling and Medical Doctor visits weekly.

https://www.glendale.edu/students/student-services/health-center/daily-services

#### Mi Salud L.A.( My Health LA)\*

My health L.A. is no-cost health care program for low-income residents, 6 years old and older, who don't have health insurance, regardless of immigration status. My Health LA members get FREE basic medical care at one of the 164 non-profit clinics that are "Community Partners." People can call the clinics to make an appointment to enroll and to check if the clinic is accepting new patients. My Health LA provides children, families, and single adults in Los Angeles County a medical home, where patients can get primary care from doctors and nurses who understand their medical history.

http://dhs.lacounty.gov/wps/portal/dhs/mhla

#### Via Care \*

607 S. Atlantic Blvd. Los Angeles, CA. 90022 323-268-9191

http://www.viacarela.org/

Via Care is a non-profit federally qualified health center. Accepts everyone regardless of their insurance or financial/legal status. Must Bring a form of ID proof of address and proof of income if individual has one.

#### **Bienvenidos Mental HealthCare**

(323) 869-9255 ext. 231

http://bienvenidos.org/

Bienvenidos offers a wide variety of mental health and counseling services at multiple locations. Services include individual, family, and group therapy.

# **Legal Assistance & Referrals**

#### Catholic Charities Glendale Community Center \*

4322 San Fernando Rd. Glendale, CA 91204

(213) 318-5707

http://www.catholiccharitiesla.org

Immigration Services to assist clients apply and complete citizenship process. Offers life skills workshops, employment services, senior services, nutrition training, microenterprise development and home based childcare training to refugees, asylees, and human trafficking survivors.

#### Neighborhood Legal Services of Los Angeles County \*

1102 E. Chevy Chase Dr. Glendale, CA 91205 (800) 433 – 6251

http://www.nlsla.org

Provides free legal services to low income families such as housing, immigration, labor, consumer, family and government benefits i.e.: food stamps, Social Security, Medicare, Medi-Cal related health care.

#### **Housing Rights Center- Fair Housing Services \***

3255 Wilshire Blvd., Suite 1150 Los Angeles, CA 90010 (800) 477 – 5977 Toll free

http://www.hrc-la.org

Nonprofit that provides information & counseling regarding landlord & tenant issues. Investigates housing discrimination complaints. Offers monthly vacancy listings. Fair housing counseling and educational services. Mediation program for Pasadena residents. Call for walk-in clinic hours. Spanish, Mandarin, Korean, Armenian, Russian spoken.

#### CHIRLA \*

Coalition for Humane Immigration of Los Angeles 2533 W. 3<sup>rd</sup>. Street ste. 101 Los Angeles, CA., 90057 (213) 353-1333

http://www.chirla.org

CHIRLA's mission is to achieve a just society fully inclusive of immigrants. Offering various immigration services including DACA assistance.

#### **International Institue of Los Angeles \***

435 S. Boyle Avenue (Legal Services Division) Los Angeles, CA 90033 323-264-6217

http://www.iilosangeles.org

A member of the U.S Committee for Refugees and Immigrants, the IILA provides comprehensive social and legal services to immigrants. Services include Citizenship/ Naturalization, Renewal of Residency, Family petition, DACA renewal, TPS renewal, unaccompanied minors assistance, adult removal defense, etc.

#### **International Rescue Committee \***

International Rescue Committee 625 N. Maryland Ave Glendale, CA 91206 818-550-6220

https://www.rescue.org/united-states/los-angeles-ca

Provides various services for refugees, asylees, and other immigrants including legal immigration assistance, citizenship and financial literacy classes, refugee resettlement, etc. Spanish, Armenian, Arabic, Farsi, Bosnian spoken

#### Asian Americans Advancing Justice Los Angeles \*

1145 Wilshire Blvd, Los Angeles, CA. 90017 (213) 977-7500

http://advancingjustice-aajc.org/

Asian American Advancing Justice promotes equal protection by ensuring that civil and human rights are recognized and protected to create a more just America for all. Services include information an representation in immigration, domestic violence and family law representation, and housing rights.

#### **Legal Aid Foundation of Los Angeles \***

5228 Whittier Blvd. Los Angeles, CA. 90022 1 (800) 399-4529

https://lafla.org/

Legal Aid Foundation of Los Angeles seeks to achieve equal justice for poor and low-income people in greater Los Angeles. We change lives through direct representation, systems change and community education.

#### Mil Mujeres \*

448 S. Hill St. suite 815 Los Angeles, CA. 90013 (213) 568-4720

http://www.milmujeres.org/

Mil Mujeres is a non-profit organization providing legal services, community education, and empowerment to low-income Latino immigrants and their families in the United States. DACA and Visas included.

#### **Korean Resource Center \***

900 Crenshaw Blvd #B Los Angeles, CA 90020 540 Kingsey Dr #B Los Angeles, CA 90020 (323) 937-3718

https://krcla.org/en

The Korean Resource Center(KRC) was founded in 1983 to empower low-income Asian-Americans, Pacific Islanders, and other communities of color. KRC strives to promote justice by intergrating services varipus legal services with education, culture, organizing and coalition building.

## **Scholarships & Financial Assistance**

#### Voices Organizing Immigrant Communities for Educational Success (V.O.I.C.E.S) \*

Glendale Community College

Contact: VoicesGCC@gmail.com

V.O.I.C.E.S is a student club/support group aimed at promoting higher education for AB-540 students at Glendale College. Every semester V.O.I.C.E.S awards scholarships to AB-540 students who participate in club events.

#### AB-540 Committee at Glendale Community College \*

GCC Community Service Scholarship & DACA Renewal Scholarship

Contact: Greg Perkins at <a href="mailto:gperkins@glendale.edu">gperkins@glendale.edu</a>

The goal of the Glendale Community College AB 540 Committee is to make the dream of higher education possible for undocumented California resident students. Every semester the AB-540 Committee awards scholarships for community service and DACA renewals (\$495).

#### Dream Resource Center (DRC) at Glendale Community College \*

Sierra Madre Building (SM267)

Email: GCCDreamers@glendale.edu

(818) 240-1000 ext.5810

The mission of the DREAM Resource Center at Glendale Community College is to support an inclusive campus culture and to empower undocumented students to achieve academic and personal pursuits and become active members of our communities. The DRC has an extensive scholarship list on the website and offers assistance with California Dream Act applications as well as AB 540 affidavits.

# MALDEF (Mexican American Legal Defense and Educational Fund) Scholarship Resource Guide \*

National Headquarters 634 S. Spring Street, Los Angeles, CA. 90014 213-629-2512

http://www.maldef.org/leadership/scholarships/

The MALDEF Scholarship Resource Guide is a free, informative resource guide for students, parents, and educators with an extensive list of scholarships, including many that do not inquire about immigration status.

#### Mexican American Opportunity Foundation (MAOF) Lending Circles \*

401 N. Garfield Ave. Montebello, CA. 90640 (323) 890-9600

http://www.maof.org/lending-circles/

Mexican American Opportunity Foundation has partnered with San Francisco based Mission Asset Fund to bring lending circles, a social loan program to Los Angeles.

#### **Alterra Home Loans \***

1968 W. Adams Blvd. Suite 101, Los Angeles, CA. 90018 (877) 845-4805

https://goalterra.com/our-products/itin-products/

I-TIN Loan Products are for people without a social security number looking to buy a home to live in the United States. These loans require higher down payment, but are a solid 30 year fixed mortgage.

#### SALEF: Salvadoran American Leadership and Educational Fund \*

421 Bixel St Los Angeles, CA 90017

213-480-1052

https://krcla.org/en

Committed to promoting civic participation and representation of Salvadoran and other Latino communities in the U.S, SALEF's Fulfilling Our Dreams Scholarship Funds offers financial assistance to undergraduate, graduate, and professional students that are actively involved in their communities

# **Emergency Living & Shelters**

#### Ascencia \*

1851 Tyburn Street, Glendale, CA 91204 (818) 246-7900

http://www.ascenciaca.org/

Forty emergency shelter beds are located onsite and are available to eligible families with children and adults for up to 60-90 days. There are no age limits or other restrictions. This program is not a drop-in shelter. There is usually a wait of at least a few days for a bed to become available. Priority is given to Glendale residents.

#### Los Angeles Family Housing \*

7843 Lankershim Blvd, North Hollywood, CA 91605

(818) 982-4091

https://lafh.org/

Bridge housing is temporary housing solution (previously referred to as "shelter" or transitional housing) for individuals and families as they work with case managers to move into permanent housing.

#### San Fernando Valley Rescue Mission \*

8756 Canby Ave. Northridge, CA 91325 (818) 785-4476

https://sfvrescuemission.org/

Located in Northridge, the new 90-bed family shelter offers hope, shelter and safe, supportive housing to thousands of families who are homeless. The new facility includes private family bedrooms, a commercial kitchen, common dining room and living spaces, meeting rooms, computer education center, playground and garden – all geared toward helping families achieve a

#### Los Angeles LGBT Center \*

1625 N Scharder Blvd Los Angeles, CA 90028 323-993-7400

https://lalgbtcenter.org

The Los Angeles LGBT offers safe housing options for LBGT youth experiencing housing insecurity or those who are leaving unsafe/unwelcoming environments. Services include temporary housing, housing referalls, laundry serives, meals, HIV testing and counseling, recreational activities, employment assistance and more.

#### YWCA of Glendale \*

735 E Lexington Dr Glendale, CA 91206(not shelter location)

818-242-4155

1-888-999-7511( 24/7 Free Hotline)

https://www.glendaleywca.org/what-were-doing/domestic-violence-program/

The YWCA of Glendale provides confidential services and education to community in an effort to end domestic violence. The services include case management, legal assistance, counseling, referrals, childcare as well as temporary community living at an undisclosed, safe location.

#### **PATH Los Angeles \***

https://www.epath.org

323-644-2200

PATH is committed to ending homeless for individuals, families, and communities through internim( temporary) housing programs, rapid rehousing, housing navigation, as well as other services that include case management and employment programs.

#### Zahn Memorial Center \*

832 W. James M Wood Los Angeles, CA 90015 213-438-1617

https://zahn.salvationarmy.org/zahn memorial center us west/

The Salvation Army's Zahn Memorial Center is a emergency shelter for families in Downtown LA that provides 90 days of housing. Families work with an onsite case manager to assist in placing them into more long term housing options.

# **Child Care**

#### **Garfield Child Development Center**

1122 E Garfield Ave Glendale, CA 91205 818-240-1000 ext 3071

https://www.glendaleywca.org/what-were-doing/domestic-violence-program/

Located at the Continuing Education Garfield Campus, the Garfield Child Development Center is committed through the exploration of science, art, music, math and more through play and fun.

#### Pathways LA \*

3225 Wilshire Blvd., Suite 1110 (11th floor), Los Angeles, CA 90010 (213) 427-2700

http://pathwaysla.org

Pathyway's LA resource and referral staff assists families in securing quality, affordable healthcare. They offer a variety of childcare options to provide parents with choices that work best fot them

#### **CalWorks Childcare Program**

GCC CalWorks Office SF 114

https://www.cdss.ca.gov/inforesources/CalWORKs-Child-Care

CalWorks Child Care Program, administrarted by the California Department of Social Services( (CDSS), helps families access subsidized child care for children up to age 12. Contact your county welfare departments

#### Head Start \*

Multiple Locations throughout the Los Anglees area 1-877-773-5543

http://prekkid.org

Head Start is a comprehensive preschool program for low income children ages 3-4. that also provides professional services in medical, dental, and mental health in addition to educational development. A family must meet federal income guideline (referencing the official poverty guideline)

#### **Early Head Start**

Multiple Locations throughout the Los Anglees area 1-877-773-5543

http://prekkid.org

Early Head Start provides services to children ages 8 weeks to 3 years. This includes education, health, nutrition, mental health and developmentally appropriate activities for infants and toddlers.

#### California State Preschool Program (CSPP)

Multiple Locations across the Los Angeles area https://achieve.lausd.net/Page/501

CSPP is a state funded program which offers full-day or part time developmentally appropriate pre-school instruction for eligible three and four year olds. Families at or below 70% of the state median income are not required to pay fees.

# **Community Centers**

#### Maple Park Community Center \*

820 E Maple St Glendale, CA 91205 818-548-3783

https://www.glendaleca.gov/government/departments/community-services-parks/parks-facilities-historic-sites/maple-park-and-community-center

The Maple Park Community Center features two large meeting rooms, a fully equipped kitchen, a computer lab, a recreation room, and a park area with a tennis court, multi-purpose field, picnic tables, and playgrounds. An activity cards allows for participation in drop in activities, such as: basketball, volleyball, and other drop in programs. Cards are free for youth and \$25/yr for adults 18 and older.

#### Pacific Community Center & Park \*

501N Pacific Ave Glendale, CA 91205

818-548-3775( senior classes/services) 818-548-4098

 $\underline{https://www.glendaleca.gov/government/departments/community-services-parks/parks-facilities-historic-sites/maple-park-and-community-center}$ 

This community center offers a variety of recreational and educational facilities- a multi-purpose field, basketball courts, picnic area, playground, stage area as well as a computer lab, meeting rooms and a recreational room. The center also provides advocacy, health and legal services, nutrition programs, recreational programs, and other services for adults 60 and older.

#### **Sparr Heights Community Center \***

1613 Glencoe Way Glendale, CA 91208 818-548-2187

https://www.glendaleca.gov/government/departments/community-services-parks/parks-facilities-historic-sites/maple-park-and-community-center

This center hosts a variety of senior program and services. These include: health services, nutrition education, social services, leisure activities, classes and special events. Amenities also include meeting rooms, game rooms. Special events are held at the center throughout the year that are open to the public.

# James Wood Community Center \* 400 E 5th, Los Angeles, CA 90013

At the James M. Wood Community Center (JWCC), residents of the Central City East (Skid Row) reclaim and rebuild their community through organizing and participating in social, recreational, educational, artistic, nutritional, civic, recovery and community prevention activities. Services include case management, hot meals, and recreational/socialization activities designed to enhance resident well-being

Ramona Hall Community Center \* 4580 North Figueroa St, Los Angeles CA 90065 (323) 276-3021

#### https://www.laparks.org/reccenter/ramona-hall-community

The facility features of this center include an auditorium, community room, ballroom, kitchen, stage, banquet hall, and meeting rooms. The center also hosts after school clubs, dance, drums, guitar, karate, piano, pre-school, summer camp, yoga, ballet and folklorico.

# North Hollywood Recreation Center \* 11430 Chandler Blvd, North Hollywood, CA 91601 818-763-7651

#### https://www.laparks.org/reccenter/north-hollywood

This urban recreation center features sports fields, courts, an indoor gym, and outdoor pool. Community members can participate in a variety of sports programs including baseball, basketball, soccer, adult & girls softball, tennis, t-ball as well as after school programs such as aztex dancing, yoga, jazz/hip hop, and more.