## PLEASE READ BEFORE THE ONLINE COUNSELING APPOINTMENT:

You will need to have access to a computer with specific technical requirements listed below:

Browser: Latest version of Chrome or Firefox

Webcam: Required for face-to-face online appointments

Microphone: Required for online appointments

Headset/Earbuds: Optional, but highly recommended for online appointments

Android and Windows Device Meeting Requirements:

## **Use Chrome**

Have your web camera ready and activated Have a headset with microphone ready – your cell phone headset will work great iOS – Apple Device Meeting Requirements:

iOS devices can use advising chat and schedule a meeting with their handheld device through Safari and Chrome browsers.

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**Operating Systems:** 

Windows 7 or higher

OS 10 or higher (iMac/MacBook 2009 or later)/iOS will be active with the latest version of Safari. Release date November 2018.

Linux/Android Specs: any version of Linux that supports the latest Firefox or Chrome build

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Bandwidth: 1 Mbps or higher

Webcam: (optional)
Microphone: (optional)

Headset / Earbuds: (optional)

## **Steps for Online Counseling**

- 1. **If this is your first time logging on, please create an account** using your GCC student email.
- 2. Please log on 10 minutes before the appointment time. Please have a form of identification ready to show the counselor. (Your Student ID)
- 3. Wait for your counselor's invitation to your individual counseling appointment, which will appear in your private chat appointment.
- 4. Make sure to save any documents created with your counselor onto your computer before the appointment ends and you log out.

Your appointment should be conducted in a quiet and private place. Please find a location where you will be able to communicate with the counselor effectively. (Do not log in from a public setting; Log in from a secured site.) Counseling appointments are confidential. The use of a private computer is strongly encouraged and if using a public/shared computer take all necessary measures to protect your data at the end of the appointment.