



**Extended Opportunity Programs and Services/
Cooperative Agencies and Resources for Education**
1500 North Verdugo Road
Glendale, CA 91208
Phone 818-240-1000 ext. 6900

Dear EOPS Student,

We understand the difficulties you have to get through to continue staying in school. Please know that we are here to support you through these difficult times.

Even if you feel that you have made sufficient EOPS counseling visits this semester, keep in touch with us let us know how you are doing. In addition to EOPS counseling, consider using Health Services including Mental Health, if there is a need. As a student, you have access to mental health therapists through the Health Center Website. Therapist's will be working remotely until further notice <https://www.glendale.edu/students/student-services/health-center>. Other GCC Student Services are also here to support you remotely <https://www.glendale.edu/students/student-services>.

Due to COVID-19, the Chancellor's Office has authorized EOPS to soften certain policies concerning the units and the number of contacts. In my next email I will communicate details about that. Please stay tuned for that email this week.

For EOPS counseling appointments email us at eopsstudentappointments@glendale.edu.

For general questions please call 818-240-1000 ext. 6900 and leave a voicemail if no one picks up. To skip the greeting prompt, press the #key and go straight to the voicemail. The voicemail is monitored by EOPS technicians and someone will get back to you as soon as possible. Visit EOPS website for more information <https://www.glendale.edu/students/student-services/eops-home>.

IMPORTANT: During the entire spring semester, and possibly summer 2020, we will continue operating remotely using mostly phones and emails. IT IS CRITICAL that you take a moment now and check the accuracy of your main contact phone number in MyGCC. Attached, please see instructions with four simple steps on how to do it. We need your phone number to schedule and reschedule your counseling appointments. We will also use your number for phone-based counseling.

NOTE: If we do not have your correct phone number, we will not be able to offer you a full extent of our services.

PLEASE DO NOT REPLY TO THIS MESSAGE