



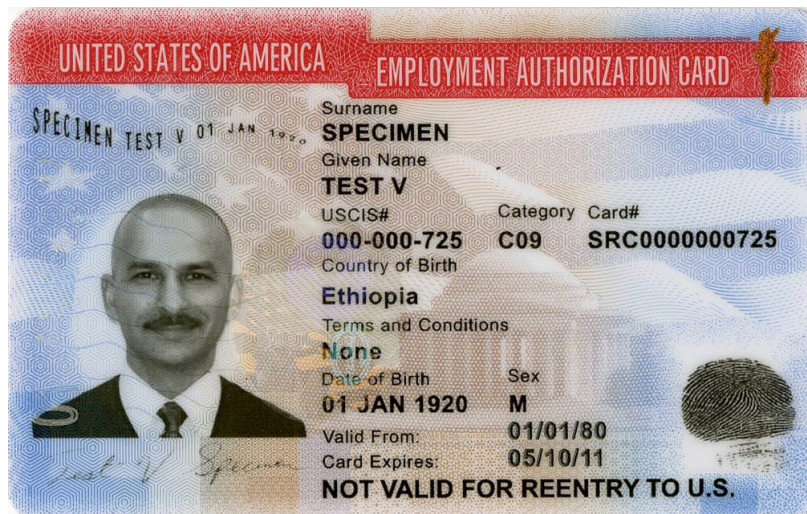
International Student Program  
Sierra Vista, 3<sup>rd</sup> Fl  
1500 N Verdugo Rd  
Glendale, CA 91208-2894  
818-240-1000 x6645  
[gcciso@glendale.edu](mailto:gcciso@glendale.edu)

**Tuesday, September 8**

**Optional Practical Training (OPT) Workshop**

8 am PST: <https://zoom.us/meeting/96253553145>

12:30 pm PST: <https://zoom.us/meeting/99556315437>



Optional Practical Training (OPT) allows F-1 students to work in the US after graduation. In this workshop, an ISO advisor will go over the steps to apply for Optional Practical Training.

**OPT workshops are MANDATORY for all F-1 students who will apply for OPT.**

OPT applications can take up to 90-120 days to be approved. Attend an OPT workshop as soon as possible if you plan to apply for OPT in the near future.

### **Zoom Instructions**

We highly recommend downloading [Zoom](#) at least 15 minutes before the meeting begins. To avoid Zoom crashes, the waiting room is enabled for this meeting. **Please make sure your Zoom participant name is set to your legal name (as it appears in your passport) for verification purposes;** you can change this in your profile settings after creating a user account.