DANCE101 : Introduction To Dance

General Information

Author:	• Victor Robles
Course Code (CB01) :	DANCE101
Course Title (CB02) :	Introduction To Dance
Department:	DANCE
Proposal Start:	Spring 2025
TOP Code (CB03) :	(1008.00) Dance
CIP Code:	(50.0301) Dance, General.
SAM Code (CB09) :	Non-Occupational
Distance Education Approved:	No
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000549792
Curriculum Committee Approval Date:	05/22/2024
Board of Trustees Approval Date:	07/16/2024
Last Cyclical Review Date:	05/22/2024
Course Description and Course Note:	DANCE 101 provides students with a basic understanding of dance as a performing art form. Students will participate in movement exercises and explore dance concepts and skills including aspects of individual and group dynamics and use of space.
Justification:	Mandatory Revision
Academic Career:	• Credit
Mode of Delivery:	
Author:	
Course Family:	

Academic Senate Discipline

Primary Discipline:	• Dance
Alternate Discipline:	No value
Alternate Discipline:	No value

Course Development

Basic Skill Status (CB08)

Course is not a basic skills course.

☐ Allow Students to Gain Credit by Exam/Challenge

Course Special Class Status (CB13)

Course is not a special class.

Pre-Collegiate Level (CB21)

Not applicable.

Grading Basis

• Grade with Pass / No-Pass Option

Course Support Course Status (CB26)

Course is not a support course

General Education and C-ID

General Education Status (CB25)

Not Applicable

Transferability

Transferable to both UC and CSU

Transferability Status

Approved

CSU GE-Breadth Area	Area	Status	Approval Date	Comparable Course
E-Lifelong Learning and Self-Development	Lifelong Learning and Self-Development	Approved	09/14/1987	No Comparable Course defined.

Units and Hours

Summary

Minimum Credit Units (CB07)	1.5
Maximum Credit Units (CB06)	1.5
Total Course In-Class (Contact) Hours	45
Total Course Out-of-Class Hours	36
Total Student Learning Hours	81

Credit / Non-Credit Options

Course Type (CB04)

Credit - Degree Applicable

Noncredit Course Category (CB22)

Credit Course.

Noncredit Special Characteristics

No Value

Course Classification Code (CB11)

Credit Course.

☐ Variable Credit Course

Funding Agency Category (CB23)

Not Applicable.

☐ Cooperative Work Experience Education Status (CB10)

Weekly Student Hours

	In Class	Out of Class
Lecture Hours	1	2
Laboratory Hours	1.5	0
Studio Hours	0	0

Course Student Hours

Course Duration (Weeks)	18
Hours per unit divisor	0
Course In-Class (Contact) Hours	
Lecture	18
Laboratory	27
Studio	0
Total	45

Course Out-of-Class Hours

Lecture	36
Laboratory	0
Studio	0
Total	36

Time Commitment Notes for Students

No value

Units and Hours - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

Pre-requisites, Co-requisites, Anti-requisites and Advisories

No Value

Entry Standards

Entry Standards

Read, write, and converse in English.

Add, subtract, divide, and multiply.

Course Limitations

Cross Listed or Equivalent Course

Specifications

Methods of Instruction

Methods of Instruction	Lecture
Methods of Instruction	Laboratory

Methods of Instruction	Discussion

Methods of Instruction	Multimedia

Methods of Instruction	Collaborative Learning

Methods of Instruction	Demonstrations

Methods of Instruction	Field Activities (Trips)

Methods of Instruction	Presentations

Methods of Instruction	Guest Speakers

Out of Class Assignments

- Attendance at the GCC Dance Departments Performances
- Online research of ballet, modern, and jazz dance
- Written evaluation of the performance attendance

Methods of Evaluation	Rationale
Exam/Quiz/Test	Final examination
Other	Class participation in critiques, analysis, and evaluation of dance performance
Exam/Quiz/Test	Movement exams
Exam/Quiz/Test	Objective exams
Writing Assignment	Written essays
Exam/Quiz/Test	Midterm exam

Textbook Rationale

Both textbooks are classic and standard textbooks for this course.

Textbooks

Author	Title	Publisher	Date	ISBN
Ambrosio, Nora	Learning About Dance: Dance as an Art Form and Entertainment	Kendall Hunt Publishing	2018	9781524922122

Craine, Debra. and Judith Mackrell	The Oxford Dictionary of Dance	Oxford	2013	978019172 7658	

Other Instructional Materials (i.e. OER, handouts)

No Value

Materials Fee

No value

Learning Outcomes and Objectives

Course Objectives

Analyze and define basic elements of dance in ballet, modern, and jazz dance.

Practice and explain dynamic alignment and quality of movement.

Reproduce a basic combination using levels, shapes, and rhythms.

Examine dance performance techniques in live, video, and in class performance.

Discuss the development of dance as an art form.

SLOs

Demonstrate correct body alignment, joint and muscle action. <div align="right">Expected Outcome Performance: 70.0</div>

ILOs Core ILOs	Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.
DANCE Choreographic Studies and Dance Technique	Demonstrate technical dance skills using correct body alignment and muscle coordination
	Demonstrate technical dance skills using correct body alignment and muscle coordination
	Demonstrate technical dance skills using correct body alignment and muscle coordination
DANCE Dance Teaching - A.S. Degree Major	Teach technical dance skills using correct body alignment and muscle coordination
DANCE Dance Teaching - Certificate	Teach technical dance skills using correct body alignment and muscle coordination
KIN Fitness Specialist - Certificate	apply fundamental science of kinesiology to assess, design, implement and lead fitness programs for individuals and groups in a diverse population

Identify the fundamental aspects and development of dance as an art form. <div align="right">Expected Outcome Performance: 70.0</div>

DANCE Choreographic Studies and Dance Technique	Explain dance vocabulary of various dance styles.
	Explain dance vocabulary of various dance styles.
	Explain dance vocabulary of various dance styles.
ILOs Core ILOs	Reflect and act upon personal responsibility as local and global citizens; respect and appreciate social and cultural diversity and recognize the complexity of the world; value and articulate the significance of environmental sustainability and social justice.
KIN Fitness Specialist - Certificate	apply fundamental science of kinesiology to assess, design, implement and lead fitness programs for individuals and groups in a diverse population

Additional SLO Information

Does this proposal include revisions that might improve student attainment of course learning outcomes?

No

Is this proposal submitted in response to learning outcomes assessment data?

No

If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.

No Value

SLO Evidence

No Value

Course Content

Lecture Content

Introduction (4 hours)
- Elements of dance
- Performance aspect
- Dance techniques

Dynamics (Individual and in Groups) (4 hours)
- Force patterns
- Energy expenditure
- Time
- Rhythm (even and uneven)
- Meter and accents
- Quality of movement
- Speed

Use of Space (4 hours)
- Direct Focus
- Levels
- Pathways
- Shapes
- Floor design
- Air design

Movements in Relation to Ideational Sources and Sensory Stimuli (6 hours)
- Words
- Sounds
- Objects
- Situations

Total hours: 18

Laboratory/Studio Content

Dynamics (Individual and in Groups) (8 hours)
- Force patterns
- Energy expenditure
- Time
- Rhythm (even and uneven)
- Meter and accents
- Quality of movement
- Speed

Use of Space (8 hours)
- Direct Focus
- Levels
- Pathways
- Shapes
- Floor design
- Air design

Movements in Relation to Ideational Sources and Sensory Stimuli (11 hours)
- Words
- Sounds
- Objects
- Situations

Total hours: 27

Additional Information

Is this course proposed for GCC Major or General Education Graduation requirement? If yes, indicate which requirement in the two areas provided below.

Yes

GCC Major Requirements

Physical Education

GCC General Education Graduation Requirements

No Value

Repeatability

Not Repeatable

Justification (if repeatable was chosen above)

No Value

Resources

Did you contact your departmental library liaison?

No

If yes, who is your departmental library liason?

No Value

Did you contact the DEIA liaison?

No

Were there any DEIA changes made to this outline?

No Value

If yes, in what areas were these changes made:

No Value

Will any additional resources be needed for this course? (Click all that apply)

- No

If additional resources are needed, add a brief description and cost in the box provided.

No Value