

## DANCE111 : Ballet Technique II

### General Information

Author:	<ul style="list-style-type: none"><li>Victor Robles</li></ul>
Course Code (CB01) :	DANCE111
Course Title (CB02) :	Ballet Technique II
Department:	DANCE
Proposal Start:	Spring 2025
TOP Code (CB03) :	(1008.10) Commercial Dance
CIP Code:	(50.0399) Dance, Other.
SAM Code (CB09) :	Clearly Occupational
Distance Education Approved:	No
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000549803
Curriculum Committee Approval Date:	05/22/2024
Board of Trustees Approval Date:	07/16/2024
Last Cyclical Review Date:	05/22/2024
Course Description and Course Note:	DANCE 111 provides students with practical experience in the traditional ballet techniques and styles on an intermediate level. Through exercise and discussion students will learn the physical skills, ballet vocabulary, alignment, coordination, and mental discipline necessary for intermediate performance skills.
Justification:	Mandatory Revision
Academic Career:	<ul style="list-style-type: none"><li>Credit</li></ul>
Mode of Delivery:	
Author:	
Course Family:	

### Academic Senate Discipline

Primary Discipline:	<ul style="list-style-type: none"><li>Dance</li></ul>
Alternate Discipline:	No value
Alternate Discipline:	No value

## Course Development

### Basic Skill Status (CB08)

Course is not a basic skills course.

Allow Students to Gain Credit by Exam/Challenge

### Course Special Class Status (CB13)

Course is not a special class.

### Pre-Collegiate Level (CB21)

Not applicable.

### Grading Basis

- Grade with Pass / No-Pass Option

### Course Support Course Status (CB26)

Course is not a support course

## General Education and C-ID

### General Education Status (CB25)

Not Applicable

### Transferability

Transferable to both UC and CSU

### Transferability Status

Approved

### CSU GE-Breadth Area

E-Lifelong Learning and Self-Development

### Area

Lifelong Learning and Self-Development

### Status

Approved

### Approval Date

09/14/1987

### Comparable Course

No Comparable Course defined.

## Units and Hours

### Summary

**Minimum Credit Units (CB07)**

2

**Maximum Credit Units (CB06)**

2

**Total Course In-Class (Contact) Hours**

72

**Total Course Out-of-Class Hours**

36

**Total Student Learning Hours**

108

### Credit / Non-Credit Options

#### Course Type (CB04)

Credit - Degree Applicable

#### Noncredit Course Category (CB22)

Credit Course.

#### Noncredit Special Characteristics

No Value

#### Course Classification Code (CB11)

Credit Course.

Variable Credit Course

#### Funding Agency Category (CB23)

Not Applicable.

Cooperative Work Experience

Education Status (CB10)

### Weekly Student Hours

In Class

### Course Student Hours

Out of Class

Course Duration (Weeks)

18

Lecture Hours	1	2
Laboratory Hours	3	0
Studio Hours	0	0

<b>Hours per unit divisor</b>	0
<b>Course In-Class (Contact) Hours</b>	
Lecture	18
Laboratory	54
Studio	0
<b>Total</b>	72

<b>Course Out-of-Class Hours</b>	
Lecture	36
Laboratory	0
Studio	0
<b>Total</b>	36

### Time Commitment Notes for Students

No value

### Units and Hours - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

### Pre-requisites, Co-requisites, Anti-requisites and Advisories

#### Prerequisite

DANCE110 - Ballet Technique I (in-development)

#### Objectives

- Reproduce a basic ballet barre.
- Interpret a basic ballet combination.
- Examine the application of ballet terminology as utilized in live, video, and in class performance.
- Compare the development of ballet technique from the Romantic era to the present.

### Entry Standards

Entry Standards

No value

### Course Limitations

Cross Listed or Equivalent Course

## Specifications

### Methods of Instruction

Methods of Instruction                      Lecture

Methods of Instruction                      Laboratory

Methods of Instruction                      Discussion

Methods of Instruction                      Multimedia

Methods of Instruction                      Field Activities (Trips)

Methods of Instruction                      Collaborative Learning

Methods of Instruction                      Demonstrations

Methods of Instruction                      Guest Speakers

Methods of Instruction                      Presentations

### Out of Class Assignments

- Attendance at Glendale Community College Dance Department performances
- Online research from the romantic to the classical era
- Written evaluation of the performance attendance

### Methods of Evaluation

### Rationale

Exam/Quiz/Test

Final exams

Other

Class participation in critiques, analysis, and evaluation of dance performance

Exam/Quiz/Test

Quizzes (intermediate ballet terminology, explanation of correct body alignment, and muscle coordination)

Exam/Quiz/Test

Midterm examination

Exam/Quiz/Test

Movement exams (presentations of intermediate ballet combinations)

**Textbook Rationale**

This textbook is classic for this course

**Textbooks**

Author	Title	Publisher	Date	ISBN
Jacqui Green Haas	Dance Anatomy	Human Kinetics, Inc	2018	9781492545170
Craine, D. and Mackrell, J	The Oxford Dictionary of Dance	Oxford	2013	978019172 7658

**Other Instructional Materials (i.e. OER, handouts)**

No Value

**Materials Fee**

No value

**Learning Outcomes and Objectives****Course Objectives**

Reproduce an intermediate ballet barre.

Interpret an intermediate ballet combination.

Examine the application of ballet terminology as utilized in live, video and in class performance.

Compare the development of ballet technique from the classical era to the present.

**SLOs**

Analyze and define intermediate barre terminology and center work.

Expected Outcome Performance: 70.0

*ILOs*  
Core ILOs

Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate creativity that leads to innovative ideas.

*KIN*  
Kinesiology - AA-T

Demonstrate an understanding of biomechanical skills at different levels

Recognize and apply methods to develop and promote a physically healthy lifestyle

<i>KIN</i> Kinesiology AA-T Degree	Demonstrate critical thinking skills necessary to understand and analyze knowledge specific to kinesiology
	Exhibit knowledge of the skeletal and neuromuscular structures of the human body
	Have the skills necessary to be successful in upper division courses at the university
<i>DANCE</i> Choreographic Studies and Dance Technique	Explain dance vocabulary of various dance styles.
	Explain dance vocabulary of various dance styles.
	Explain dance vocabulary of various dance styles.
<i>DANCE</i> Dance Teaching - A.S. Degree Major	Teach technical dance skills using correct body alignment and muscle coordination
<i>DANCE</i> Dance Teaching - Certificate	Teach technical dance skills using correct body alignment and muscle coordination
<b>Practice correct ballet turn-out and dynamic alignment.</b>	
Expected Outcome Performance: 70.0	
<i>KIN</i> Kinesiology - AA-T	Demonstrate an understanding of biomechanical skills at different levels
	Recognize and apply methods to develop and promote a physically healthy lifestyle
<i>ILOs</i> Core ILOs	Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.
<i>DANCE</i> Choreographic Studies and Dance Technique	Demonstrate technical dance skills using correct body alignment and muscle coordination
	Demonstrate technical dance skills using correct body alignment and muscle coordination
	Demonstrate technical dance skills using correct body alignment and muscle coordination
<i>KIN</i> Kinesiology AA-T Degree	Exhibit knowledge of the skeletal and neuromuscular structures of the human body
<i>DANCE</i> Dance Teaching - Certificate	Teach technical dance skills using correct body alignment and muscle coordination
<i>DANCE</i> Dance Teaching - A.S. Degree Major	Teach technical dance skills using correct body alignment and muscle coordination

## Additional SLO Information

**Does this proposal include revisions that might improve student attainment of course learning outcomes?**

No

**Is this proposal submitted in response to learning outcomes assessment data?**

No

**If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.**

No Value

**SLO Evidence**

No Value

# Course Content

## Lecture Content

### Introduction (4)

#### Injury Prevention – Safety (6 hours)

- Review of body alignment
- Review of turn-out
- Use of breath for grand pirouettes
- Use of breath for grand allegro

#### Barre Work - Movement Vocabulary (2 hours)

- Plié
- Intermediate battement tendu combination
- Intermediate battement dégagé combination
- Intermediate rond-de-jambe à terre combination
- Intermediate battement fondu combination
- Intermediate battement frappé combination
- Intermediate rond-de-jambe en l'air combination
- Adage
- Intermediate grand battement combination
- Stretching

#### Center Work - Movement Vocabulary (2 hours)

- Intermediate port-de-bras combination
- Intermediate battement tendu combination
- Pirouette combination/grand pirouettes
- Intermediate adage
- Intermediate allegro
- Grand allegro
- Combination through the diagonal

#### Intermediate Performance Skills (4 hours)

- Focus
- Dynamics
- Rhythm
- Presentation
- Interpretation
- Style development

**Total hours: 18**

## Laboratory/Studio Content

### Injury Prevention – Safety (12 hours)

- Review of body alignment
- Review of turn-out
- Use of breath for grand pirouettes
- Use of breath for grand allegro

### Barre Work - Movement Vocabulary (12 hours)

- Plié
- Intermediate battement tendu combination
- Intermediate battement dégagé combination
- Intermediate rond-de-jambe à terre combination
- Intermediate battement fondu combination
- Intermediate battement frappé combination
- Intermediate rond-de-jambe en l'air combination
- Adage
- Intermediate grand battement combination
- Stretching

### Center Work - Movement Vocabulary (12 hours)

- Intermediate port-de-bras combination
- Intermediate battement tendu combination
- Pirouette combination/grand pirouettes
- Intermediate adage
- Intermediate allegro

- Grand allegro
- Combination through the diagonal

**Intermediate Performance Skills (18 hours)**

- Focus
- Dynamics
- Rhythm
- Presentation
- Interpretation
- Style development

**Total hours: 54**

**Additional Information**

Is this course proposed for GCC Major or General Education Graduation requirement? If yes, indicate which requirement in the two areas provided below.

Yes

**GCC Major Requirements**

Physical Education

**GCC General Education Graduation Requirements**

No Value

**Repeatability**

Not Repeatable

**Justification (if repeatable was chosen above)**

No Value

**Resources**

Did you contact your departmental library liaison?

No

If yes, who is your departmental library liason?

No Value

Did you contact the DEIA liaison?

No

Were there any DEIA changes made to this outline?

No Value

If yes, in what areas were these changes made:



No Value

**Will any additional resources be needed for this course? (Click all that apply)**

- No

**If additional resources are needed, add a brief description and cost in the box provided.**

No Value