



COURSE OUTLINE : STV 66

N Non-Credit

COURSE ID

APRIL 2020

COURSE DISCIPLINE : STV
COURSE NUMBER : 66
COURSE TITLE (FULL) : Certified Nursing Aide
COURSE TITLE (SHORT) : Certified Nursing Aide

CATALOG DESCRIPTION

STV 66 provides workforce preparation for basic nursing care in the direct care of patients in a variety of settings. Focus is on direct care of the client, promotion of comfort measures, and collection, recording and reporting of data to licensed personnel. Principles of critical thinking, team building, ethics, caring and cultural sensitivity are integrated throughout the course. Students who complete this course are qualified to take the California Certification Exam.

Total Lecture Units: 0.00

Total Laboratory Units: 0.00

Total Course Units: 0.00

Total Lecture Hours: 0.00

Total Laboratory Hours: 175.00 – 225.00

Total Laboratory Hours To Be Arranged: 0.00

Total Faculty Contact Hours: 175.00 – 225.00

Total Student Contact Hours: 175.00 – 225.00

Recommended Preparation: ESL 30.



ENTRY STANDARDS

	Subject	Number	Title	Description	Include
1	ESL	30	ENGLISH AS A SECOND LANGUAGE LEVEL 3	Converse at a functional level adequate for everyday use on the campus and in the community;	Yes
2	ESL	30	ENGLISH AS A SECOND LANGUAGE LEVEL 3	respond to questions about recorded and live speeches, dialogues, role plays, and lectures;	Yes
3	ESL	30	ENGLISH AS A SECOND LANGUAGE LEVEL 3	decode 2,500-word reading passages,, respond to inference and recall questions, and utilize a monolingual English dictionary to advantage;	Yes
4				compute problems dealing with whole numbers, fractions, decimals, and percent.	Yes

EXIT STANDARDS

- 1 Provide basic care to residents of nursing facilities;
- 2 communicate and interact therapeutically with residents and their families, with sensitivity to the physical, social, and mental needs of patients;
- 3 assist patients in attaining maximum functional independence;
- 4 protect, support and promote the rights of patients;
- 5 demonstrate skill in observing, reporting and documentation;
- 6 function effectively as a member of the health care team;
- 7 apply the principles of infection control specific to nursing assisting;
- 8 assist with restorative (rehabilitative) activities.

STUDENT LEARNING OUTCOMES

- 1 Perform nursing assistant procedures safely and effectively, including accurate measurement of vital signs, transfer techniques, bathing/grooming principles and feeding techniques;
- 2 Identify and address the needs of clients undergoing various stages of care including long-term care, rehabilitative care, and the dying process.



COURSE CONTENT WITH INSTRUCTIONAL HOURS

	Description	Lecture	Lab	Total Hours
1	<p>Introduction to Certified Nursing</p> <ul style="list-style-type: none"> • Role and responsibilities of the Certified Nursing Assistant • Title 22: State Regulations pertaining to Certified Nursing Assistant Programs • Requirements for nurse assistant certification • Professionalism • Ethics and confidentiality 	0	9	9
2	<p>Patients' Rights</p> <ul style="list-style-type: none"> • Title 22 • Health and Safety Code • Code of Federal Regulations regarding Nurse Aide Training and Competency Evaluation • Ombudsman • CNA's role in monitoring patient/residents' rights • Patient/residents' rights for security, belonging, self-esteem, and privacy 	0	9	9
3	<p>Communication and Interpersonal Skills</p> <ul style="list-style-type: none"> • Communications • Defense mechanisms • Socio-cultural factors • Attitudes- illness/health care • Family interaction • Recognition and reporting of unmet needs • Barriers to communication 	0	9	9
4	<p>Prevention and Management of Catastrophe and Unusual Occurrences</p> <ul style="list-style-type: none"> • Emergency Care Procedures • General safety rules • Fire and disaster plans • Roles and procedures for C.N.A. • Patient Safety 	0	7	7



5	<p>Body Mechanics</p> <ul style="list-style-type: none"> • Basic body mechanics • Transfer techniques • Ambulation techniques • Proper body mechanics/positioning techniques 	0	7	7
6	<p>Medical and Surgical Asepsis</p> <ul style="list-style-type: none"> • Body's lines of defense • Microorganisms • Universal precautions • Principals of asepsis 	0	6	6
7	<p>Weights and Measures</p> <ul style="list-style-type: none"> • Metric system • Weight, length, and liquid volume measurements • Military time, i.e., a 24-hour clock 	0	6	6
8	<p>Patient Care Skills</p> <ul style="list-style-type: none"> • Bathing/medicinal baths • Dressing • Oral Hygiene • Hair care, shampoo, medicinal shampoo, nail care, shaving • Prosthetic devices • Skin care/decubitus ulcers • Elimination needs • Bowel and bladder retraining • Weighing/measuring the patient 	0	11	11
9	<p>Patient Care Procedures</p> <ul style="list-style-type: none"> • Collection of specimens: stool, urine, and sputum • Care of patient with tubing: gastric, oxygen, urinary, IV. This care does not include inserting, suctioning, or changing the tubes. • Intake and output • Bed making • Cleansing enemas, laxative suppositories • Admission, transfer, discharge • Bandages, non-sterile dry dressing application of non-legend topical ointments to intact skin 	0	11	11



10	<p>Vital Signs</p> <ul style="list-style-type: none"> • Purpose of vital signs • Factors affecting vital signs • Normal ranges • Methods of measurement • Temperature, pulse, respiration • Blood pressure • Abnormalities • Recording 	0	11	11
11	<p>Nutrition</p> <ul style="list-style-type: none"> • Proper nutrition • Feeding technique • Diet therapy • Modification of diet due to culture and religion • Alternative ways to administer nutrients 	0	6	6
12	<p>Emergency Procedures</p> <ul style="list-style-type: none"> • Signs and symptoms of distress • Immediate and temporary intervention • Emergency codes 	0	5	5
13	<p>Long-term Care Resident</p> <ul style="list-style-type: none"> • Needs of persons with retardation, Alzheimer's, cerebral palsy, epilepsy, dementia, mental illness • Body systems and organs • Physical and behavioral needs and changes • Community resources available • Psychological, social, and recreational needs • Common diseases/disorders, including signs and symptoms 	0	9	9



14	Rehabilitative Nursing <ul style="list-style-type: none"> • Promoting patient potential and goals to independence • Devices and equipment • Activities of Daily Living (ADLs) • Family interactions • Complications of inactivity • Ambulation • Range of Motion (ROM) 	0	10	10
15	Observation and Charting <ul style="list-style-type: none"> • Observation of patients and reporting responsibilities • Patient care plan • Patient care documentation • Legal issues of charting • Medical terminology and abbreviations 	0	9	9
16	Death and Dying <ul style="list-style-type: none"> • Stages of grief • Emotional and spiritual needs of patient and family • Rights of dying patient • Signs of approaching death • Monitoring the patient • Postmortem care 	0	10	10
17	Certification Preparation <ul style="list-style-type: none"> • Skills lab • Theory Review 	0	40	40
				175

OUT OF CLASS ASSIGNMENTS

1 N/A



METHODS OF EVALUATION

- 1 Completion of skills checklists
- 2 Observation and discussion of demonstrations
- 3 Cumulative course exam

METHODS OF INSTRUCTION

- Lecture
- Laboratory
- Studio
- Discussion
- Multimedia
- Tutorial
- Independent Study
- Collaboratory Learning
- Demonstration
- Field Activities (Trips)
- Guest Speakers
- Presentations

TEXTBOOKS

Title	Type	Publisher	Edition	Medium	Author	ISBN	Date
Certified Nursing Assistant	Required	Passbooks		Print	National Learning Corporation	1731864558 9781731864550	2019
Hartman's Nursing Assistant Care: the Basics	Required	Hartman Publishing	5	Print	Jetta Lee Fuzy	9781604251005	2019
Workbook for Hartman's Nursing Assistant Care: the Basics	Required	Hartman Publishing	4	Print	Hartman Publishing	9781604250510	2014