When should I keep my child home from child care/school?

QUICK-SCREENING GUIDE FOR COVID-19

My child is sick and has one or more symptoms

- **Fever over 100.4 degrees F (38° C) or chills***
- **Cough***
- **Nasal congestion or runny nose***
- **Sore throat***
- **Tiredness***
- **Headache***
- **Shortness of breath or difficulty breathing***
- New loss of taste or smell
- Diarrhea
- Nausea or vomiting
- Stomachache
- Muscle or body aches
- Poor appetite or poor feeding, especially in infants under one year of age

*Most common COVID-19 symptoms in children

My child can NOT go to child care/school today — *but can return after:*

- ☑ 10 days and symptoms improve and no fever for 24 hours without fever medication, OR
- ☑ A negative COVID19 test OR alternate diagnosis by health care provider

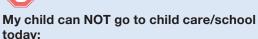### My child tested positive for COVID-19

My child can NOT go to child care/school today:

- ☑ Stay home for 10 days after first positive COVID-19 test.
- ☑ Notify child's child care/school.
- ☑ Contact child's healthcare provider if symptoms get worse.

My child was exposed to a confirmed case of COVID-19

My child can NOT go to child care/school today:

- ☑ Stay home for up to 14 days, based on local public health guidance.
- ☑ Notify child's child care/school.
- ☑ Contact child's healthcare provider and get COVID-19 tested, if recommended.

Remember: Check with your child care/school program's exclusion policies on COVID-19.

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