



**COURSE OUTLINE : AD ST 101**  
**D Credit – Degree Applicable**  
**COURSE ID 005001 Cyclical**  
**Review: November 2020**

**COURSE DISCIPLINE :** AD ST  
**COURSE NUMBER :** 101  
**COURSE TITLE (FULL) :** Alcohol/Drug Abuse And Dependency  
**COURSE TITLE (SHORT) :** Alcoh/Drug Dependency

**CATALOG DESCRIPTION**

ADST 101 surveys the use and abuse of alcohol and other drugs in various cultures, their acute and chronic effects on the human body, and the development of psychological and physical dependence. An overview of current theories in dependency is presented. The course addresses the consequences of chemical dependency on the individual, the family system, and society.

Total Lecture Units: 3.00

Total Laboratory Units: 0.00

**Total Course Units: 3.00**

Total Lecture Hours: 54.00 Total

Laboratory Hours: 0.00

Total Laboratory Hours To Be Arranged: 0.00

**Total Contact Hours: 54.00**

**Total Out-of-Class Hours: 108.00**

Recommended Preparation: ENGL 100 or ESL 141.



**ENTRY STANDARDS**

	<b>Subject</b>	<b>Number</b>	<b>Title</b>	<b>Description</b>	<b>Include</b>
1	ESL	141	Grammar and Writing IV	<p>Compose a 400 to 450-word thesis-based essay which:</p> <p>(a) summarizes and cites appropriately a reading passage provided as a prompt,</p> <p>(b) includes a clear thesis statement,</p> <p>(c) uses evidence to support the thesis,</p> <p>(d) shows clear organization into an introduction, body, and conclusion, and</p> <p>(e) uses appropriate rhetorical modes such as comparison/contrast, cause/effect, and persuasion in order to support a thesis.</p>	Yes
2	ENGL	100	Writing Workshop	Read, analyze, and evaluate contemporary articles and stories to identify topic, thesis, support, transitions, conclusion, audience, and tone;	Yes
3	ENGL	100	Writing Workshop	read, analyze, and evaluate contemporary articles and stories for the comprehension of difficult content and the identification of main ideas and (topic-based) evidence;	Yes
4	ENGL	100	Writing Workshop	read, analyze, and evaluate student compositions for unity, development, use of evidence, interpretation, coherence, and variety of sentence form;	Yes

**EXIT STANDARDS**

- 1 compare and contrast various psychological, sociological, learning, and behavioral theories on the development of alcohol dependency;
- 2 distinguish between the effects of alcohol use, abuse, and dependency on adolescents, the elderly, women, and various ethnic and racial groups.



**STUDENT LEARNING OUTCOMES**

- 1 identify the effects of alcohol dependence on various aspects of society and the family system
- 2 describe the acute and chronic effects of alcohol and other drug of abuse on the human body
- 3 discuss alcohol use and abuse within various cultures and societies from a historical perspective

**COURSE CONTENT WITH INSTRUCTIONAL HOURS**

	Description	Lecture	Lab	Total Hours
1	Historical Perspective of Alcohol Use and Abuse <ul style="list-style-type: none"> <li>• Ancient Greek, Roman, and Egyptian societies</li> <li>• Patterns in America</li> <li>• Impact of social/cultural changes</li> <li>• Evolution of treatment movements</li> <li>• Current scope of alcohol/drug related problems</li> </ul>	15	0	15
2	Physiological Aspects of Dependency on Alcohol and Other Drugs <ul style="list-style-type: none"> <li>• Acute and chronic effects</li> <li>• Alcohol related diseases and disorders</li> <li>• Medical treatment of acute and chronic effects of alcohol</li> </ul>	12	0	12
3	Psychological Aspects of Alcohol Dependency (Alcoholism) <ul style="list-style-type: none"> <li>• Definitions and terminology</li> <li>• Implications and criticisms of disease concept • Classification of phases/species of alcoholism/alcoholics</li> <li>• Guidelines for diagnosis</li> <li>• Current research</li> </ul>	14	0	14
4	Alcohol and Drug Use in Selected Populations <ul style="list-style-type: none"> <li>• Adolescent alcohol/drug use and treatment</li> <li>• Patterns of alcohol and drug use in college students</li> <li>• Alcohol and drug problems among the elderly • Special considerations in working with female alcoholics/addicts</li> <li>• Alcohol and drug abuse in the workplace</li> <li>• Working with alcoholics/addicts from different cultures</li> </ul>	13	0	13
				<b>54</b>



**OUT OF CLASS ASSIGNMENTS**

- 1 written assignments (e.g. a summary of a historical perspective on chemical dependency);
- 2 research paper (e.g. an analysis of psychological aspects of chemical dependency).

**METHODS OF EVALUATION**

- 1 quizzes;
- 2 midterm(s);
- 3 vocabulary assessments and written work;
- 4 final examination.

**METHODS OF INSTRUCTION**

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- Laboratory
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- Field Activities (Trips)
- Guest Speakers
- Presentations

**TEXTBOOKS**

Title	Type	Publisher	Edition	Medium	Author	ISBN	Date
Loosening the Grip: A Handbook of Alcohol Information.	Required	New York: McGraw-Hill,	12	Print	Kinney, Jean	9780078028557	2020