



Sara Kruzan: A Journey to Healing

**Tuesday, November 23
12:00 to 1:00 p.m. PST**

<https://zoom.us/my/gccmcec>

Sara committed her crime when she was two months into her 16th birthday. Sentenced to Life without parole at the age of 17 for violence resulting in the death of George Howard who was her trafficker.

Sara served 19 years and 7 months at Central California Women's facility in California. Twelve years into her sentence, she was interviewed by Human Rights Watch where she was finally able to speak about her abuse, and as a result received national attention from individuals and judicial reform groups, who advocated for a new trial which led to clemency and eventual parole.

She remains open as a vessel to inspire, embrace and understand others as well as herself through various forms and approaches for heart and soul healing.

She lives a life of service while healing personal traumas, and wants nothing more than to allow her experiences to be explored, reflected upon and offer inspiration for community wellness. She has worked with various national organizations in policy advocacy.

This event is hosted by the Rising Scholars program through the Multicultural & Community Engagement Center. The Rising Scholars program assists formerly incarcerated and system impacted students at GCC. For more information, visit our website at: <https://bit.ly/3HdKk5X>