

Cyclical Review: April 2020

Revision: October 2021

COURSE DISCIPLINE: SPCH

COURSE NUMBER: 100

COURSE TITLE (FULL): Interpersonal Communication

COURSE TITLE (SHORT): Interpersonal Comm

CALIFORNIA STATE UNIVERSITY SYSTEM C-ID: COMM 130 - Interpersonal Communication

**ACADEMIC SENATE DISCIPLINE:** Speech Communication

### **CATALOG DESCRIPTION**

SPCH 100 is an introductory course focusing on human communication between two people. Through their reading of research-based theories and principles of interpersonal communication, verbal and nonverbal communication exercises, and class discussions regarding personal identities and ethical conduct, students learn to identify and understand factors affecting interpersonal communication in personal and professional contexts. The course focuses on self-discovery and developing skills in the areas of language, listening, assertiveness, conflict management, nonverbal behaviors, group problem solving, and cross cultural communication. Students discover and identify the factors that influence communication behavior, and the establishment and maintenance of meaningful and necessary relationships.

Total Lecture Units:3.00

Total Laboratory Units: 0.00

**Total Course Units: 3.00** 

Total Lecture Hours:54.00

Total Laboratory Hours: 0.00

Total Laboratory Hours To Be Arranged: 0.00

**Total Contact Hours: 54.00** 

Total Out-of-Class Hours: 108.00

Recommended Preparation: ENGL 100 or ESL 151.



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### **ENTRY STANDARDS**

	Subject	Number	Title	Description	Include
1	ENGL	100	Writing Workshop	Read, analyze, and evaluate contemporary articles and stories to identify topic, thesis, support, transitions, conclusion, audience, and tone;	Yes
2	ENGL	100	Writing Workshop	proofread and edit essays for content, language, citation, and formatting problems.	Yes
3	ESL	151	Reading And Composition V	organize fully-developed essays in both expository and argumentative modes;	Yes
4	ESL	151	Reading And Composition V	compose a 500 to 550-word essay which: summarizes and cites appropriately a reading passage; includes a clear thesis statement; uses evidence to support the thesis; shows clear organization into an introduction, body, and conclusion;	Yes
5	ESL	151	Reading And Composition V	employ basic library research techniques;	Yes

### **EXIT STANDARDS**

- 1 Describe ways that verbal and nonverbal communication creates, develops and changes personal identity;
- 2 describe the effects of verbal and nonverbal communication on interpersonal relationships within social and cultural realities;
- 3 demonstrate an understanding of ethical interpersonal communication founded on communication theory and research;
- 4 identify potential conflicts in interpersonal relationships within various contexts;
- 5 demonstrate appropriate conflict management methods.

### STUDENT LEARNING OUTCOMES

- 1 explain how their self-concept impacts their communication in relationships;
- 2 identify and model effective interpersonal communication practices



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## **COURSE CONTENT WITH INSTRUCTIONAL HOURS**

	Description	Lecture	Lab	Total Hours
1	<ul> <li>Introduction to Communication</li> <li>Orientation and overview of theories of interpersonal communication</li> <li>Definitions (e.g. communication process models)</li> <li>Types and levels of communication</li> <li>Models, contexts and variables of interpersonal communication</li> <li>Ethical considerations in interpersonal communication</li> </ul>	7	0	7
2	Intrapersonal Communication  • Perceptions and communication  • Attitudes and communication  • Language reality and communication  • Improving language behavior	14	0	14
3	<ul> <li>Interpersonal Communication and Self Identity</li> <li>Principles and theories of interpersonal communication</li> <li>Attraction and interpersonal communication</li> <li>Listening and feedback in interpersonal communication</li> <li>Assertiveness and conflict management in interpersonal communication</li> </ul>	12	0	12
4	Nonverbal Communication     Characteristics of non-verbal communication     Kinesics and proxemics     Visual interaction     Vocalization/paralanguage	7	0	7
5	<ul> <li>Small Group Communication</li> <li>The nature of small group communication</li> <li>Types of group communication</li> <li>Members in group communication</li> <li>Leaders in group communication</li> <li>Conflict management/resolution</li> </ul>	8	0	8



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6	<ul><li>Social realities</li><li>Perspectives</li><li>Conflicts</li><li>Communication variables</li></ul>	6	0	6
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### **OUT OF CLASS ASSIGNMENTS**

- essays that respond, explain, analyze, argue, and/or evaluate a communication principle (e.g., explain how nonverbal communication can affect a receiver's interpretation of verbal communication);
- 2 reading assignments from textbooks and/or journal articles;
- 3 quizzes
- 4 journaling

# **METHODS OF EVALUATION**

- 1 discussions and active participation in group activities;
- 2 oral presentations;
- 3 written work;
- oral and written assignments of sufficient length and complexity to require students to demonstrate independent research, organization, critical thinking and communication skills;
- 5 quizzes
- 6 comprehensive final exam.

### **METHODS OF INSTRUCTION**

Lecture Lecture
Laboratory
Studio
✓ Discussion
Multimedia
Tutorial
Independent Study
Collaboratory Learning
Demonstration
Field Activities (Trips)
Guest Speakers
✓ Presentations



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## **TEXTBOOKS**

Title	Туре	Publisher	Edition	Medium	Author	IBSN	Date
Human Communication: The Basic Course	Required	Pearson	14	print	DeVito, Joseph	978- 013440708 1	2017
An introduction to interpersonal communication: A primer on Communication Studies	Required	Open Educational Resource (OER)			Leonard, Victoria		2012
Interplay: The process of Interpersonal Communication	Required	Oxford University Press	14	Print	Adler, Ronald	978- 019064625 7	2017