

AD ST103 : Chemical Dependency: Intervention, Treatment, And Recovery

General Information

Author:	• Benjamin Salazar
Course Code (CB01) :	AD ST103
Course Title (CB02) :	Chemical Dependency: Intervention, Treatment, And Recovery
Department:	AD ST
Proposal Start:	Fall 2024
TOP Code (CB03) :	(2104.40) Alcohol and Controlled Substances
CIP Code:	(51.1501) Substance Abuse/Addiction Counseling.
SAM Code (CB09) :	Clearly Occupational
Distance Education Approved:	No
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000299509
Curriculum Committee Approval Date:	05/08/2024
Board of Trustees Approval Date:	06/18/2024
Last Cyclical Review Date:	05/08/2024
Course Description and Course Note:	ADST 103 uses a biopsychosocial perspective to introduce students to the process of intervention, treatment, and recovery. The course introduces crisis intervention, treatment techniques, and other essential tools and methodologies needed to help the chemically dependent person overcome addiction.
Justification:	Mandatory Revision
Academic Career:	• Credit
Author:	• Benjamin Salazar

Academic Senate Discipline

Primary Discipline:	• Addiction Paraprofessional Training
Alternate Discipline:	No value
Alternate Discipline:	No value

Course Development

Basic Skill Status (CB08) Course is not a basic skills course. <input type="checkbox"/> Allow Students to Gain Credit by Exam/Challenge	Course Special Class Status (CB13) Course is not a special class. Pre-Collegiate Level (CB21) Not applicable.	Grading Basis • Grade with Pass / No-Pass Option Course Support Course Status (CB26) Course is not a support course
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Transferability & Gen. Ed. Options

General Education Status (CB25)

Not Applicable

Transferability

Transferable to CSU only

Transferability Status

Approved

Units and Hours

Summary

Minimum Credit Units (CB07)	3
Maximum Credit Units (CB06)	3
Total Course In-Class (Contact) Hours	54
Total Course Out-of-Class Hours	108
Total Student Learning Hours	162

Credit / Non-Credit Options

Course Type (CB04)

Credit - Degree Applicable

Noncredit Course Category (CB22)

Credit Course.

Noncredit Special Characteristics

No Value

Course Classification Code (CB11)

Credit Course.

Variable Credit Course

Funding Agency Category (CB23)

Not Applicable.

Cooperative Work Experience

Education Status (CB10)

Weekly Student Hours

	In Class	Out of Class
Lecture Hours	3	6
Laboratory Hours	0	0
Studio Hours	0	0

Course Student Hours

Course Duration (Weeks)	18
Hours per unit divisor	0
Course In-Class (Contact) Hours	
Lecture	54
Laboratory	0
Studio	0
Total	54
Course Out-of-Class Hours	
Lecture	108
Laboratory	0
Studio	0
Total	108

Time Commitment Notes for Students

No value

Units and Hours - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
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No Value	No Value	No Value	No Value
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Pre-requisites, Co-requisites, Anti-requisites and Advisories

Prerequisite

AD ST101 - Alcohol/Drug Abuse And Dependency (in-development)

Objectives

- Compare and contrast various psychological, sociological, learning, and behavioral theories on the development of alcohol dependency.
- Distinguish between the effects of alcohol use, abuse, and dependency on adolescents, the elderly, women, and various ethnic and racial groups.

OR

Co-Requisite

AD ST101 - Alcohol/Drug Abuse And Dependency (in-development)

(AD ST 101 may be taken concurrently)

AND

Advisory

PSYCH101 - General Psychology

Objectives

- Demonstrate familiarity with the major concepts, theoretical perspectives, research methods, core empirical findings, and historic trends in psychology.
- Critically analyze major theoretical perspectives of psychology (e.g. behavioral, biological, cognitive, evolutionary, humanistic, psychodynamic, and socio-cultural).
- Describe biological bases of behavioral and mental processes, sensation, perception, learning, memory, cognition, consciousness, individual differences, personality, social psychology.
- Describe developmental changes across the lifespan, psychological disorders, emotion, and motivation.
- Discuss applied areas of psychology (e.g. clinical, counseling, forensic, community, organizational, school, and health).
- Recognize and the impact of diversity on psychological research, theory, and application.
- Apply psychological principles to personal experience as well as social and organizational settings.

Entry Standards

Entry Standards

Describe the acute and chronic effects of alcohol and other drugs of abuse on the human body.

Course Limitations

Cross Listed or Equivalent Course

No value

Specifications

Methods of Instruction

Methods of Instruction Lecture

Methods of Instruction Discussion

Methods of Instruction Multimedia

Out of Class Assignments

- Written assignments (e.g. essay on intervention process)
- Term paper (e.g. development of alcohol dependency)

Methods of Evaluation

Rationale

Exam/Quiz/Test

Quizzes

Exam/Quiz/Test

Midterm(s)

Exam/Quiz/Test

Final examination

Writing Assignment

Synopsis on each of ten AA meetings visited

Textbook Rationale

Justification to Johnson text: There is no other more recent version. This is considered a definitive text and a classic.

Textbooks

Author	Title	Publisher	Date	ISBN
Kinney, Jean.	Loosening the Grip: A Handbook of Alcohol Information.	New York: McGraw-Hill,	2020	9781977221209
Johnson, Vernon E.	I'll Quit Tomorrow: A Practical Guide to Alcoholism Treatment.	New York: Harper Collins	1990	

Other Instructional Materials (i.e. OER, handouts)

No Value

Materials Fee

No value

Learning Outcomes and Objectives

Course Objectives

Diagram and explain the bio-psycho-social perspective of the progression of alcohol and other drug dependencies.

Distinguish between rudimentary skills in crisis intervention techniques, interpersonal communications, and problem solving with specific application to the alcoholic/addict and the chemically dependent family.

SLOs

Describe the dynamics of early intervention and its relationship to effective treatment and rehabilitation. Expected Outcome Performance: 70.0

<i>AD ST</i> Addiction Studies Counseling	Demonstrate the ability to utilize their counseling and cognitive abilities necessary to integrate the counselor skills and ethical standards learned in the preceding Alcohol/Drug Studies Counseling program courses
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<i>ILOs</i> Core ILOs	Reflect and act upon personal responsibility as local and global citizens; respect and appreciate social and cultural diversity and recognize the complexity of the world; value and articulate the significance of environmental sustainability and social justice.
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Explain the intervention process and various techniques used to move the chemically dependent person into treatment and through recovery. Expected Outcome Performance: 70.0

<i>ILOs</i> Core ILOs	Communicate clearly, ethically, and creatively; listen actively and engage respectfully with others; consider situational, cultural, and personal contexts within or across multiple modes of communication.
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<i>AD ST</i> Addiction Studies Counseling	Demonstrate the cognitive and counseling abilities necessary to integrate the counselor competencies and standards learned in a two year Alcohol/Drug Studies Counseling program, including evidence-based theory and competencies inherent in entry level alcohol/drug counselor positions
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	Demonstrate the cognitive and counseling abilities necessary to integrate the counselor competencies and standards learned in a two year Alcohol/Drug Studies Counseling program, including evidence-based theory and competencies inherent in entry level alcohol/drug counselor positions
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	Evaluation and assessment, application of case management skills, application of group and individual counseling methodologies and creating and adhering to treatment planning standards of care
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Discuss rudimentary skills in crisis intervention technique, interpersonal communications and problem solving with specific application to the alcoholic/ addict and the chemically dependent family. Expected Outcome Performance: 70.0

<i>ILOs</i> Core ILOs	Communicate clearly, ethically, and creatively; listen actively and engage respectfully with others; consider situational, cultural, and personal contexts within or across multiple modes of communication.
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AD ST
Addiction Studies
Counseling

Demonstrate the cognitive and counseling abilities necessary to integrate the counselor competencies and standards learned in a two year Alcohol/Drug Studies Counseling program, including evidence-based theory and competencies inherent in entry level alcohol/drug counselor positions

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Additional SLO Information

Does this proposal include revisions that might improve student attainment of course learning outcomes?

No

Is this proposal submitted in response to learning outcomes assessment data?

No

If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.

No Value

SLO Evidence

No Value

Course Content

Lecture Content

Development of Alcohol Dependency (12 hours)

- 4-stage process of progression
- Development of the delusional system
- Development of the alcoholic personality

The Dynamics of Intervention (12 hours)

- Process
- Techniques
- Team

Treatment (8 hours)

- Acute phase
- Recovery
- Rehabilitation
- Counseling the alcoholic
- Dynamics of forgiveness

Treatment Process (10 hours)

- Intake, screening, and evaluation
- Assessment and referral/treatment planning
- Discharge planning and aftercare

Treatment Modalities (12 hours)

- Individual counseling
- Group therapy
- Family therapy
- Alcoholics Anonymous/Alanon
- Alternative approaches
- Special considerations

Total hours: 54

Additional Information

Is this course proposed for GCC Major or General Education Graduation requirement? If yes, indicate which requirement in the two areas provided below.

No Value

GCC Major Requirements

No Value

GCC General Education Graduation Requirements

No Value

Repeatability

Not Repeatable

Justification (if repeatable was chosen above)

No Value

Resources

Did you contact your departmental library liaison?

No

If yes, who is your departmental library liaison?

No Value

Did you contact the DEIA liaison?

No

Were there any DEIA changes made to this outline?

No Value

If yes, in what areas were these changes made:

No Value

Will any additional resources be needed for this course? (Click all that apply)

- No

If additional resources are needed, add a brief description and cost in the box provided.

No Value