

## AD ST152 : Internship I

### General Information

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Course Code (CB01) :	AD ST152
Course Title (CB02) :	Internship I
Department:	AD ST
Proposal Start:	Spring 2025
TOP Code (CB03) :	(2104.40) Alcohol and Controlled Substances
CIP Code:	(51.1501) Substance Abuse/Addiction Counseling.
SAM Code (CB09) :	Advanced Occupational
Distance Education Approved:	No
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000229634
Curriculum Committee Approval Date:	05/08/2024
Board of Trustees Approval Date:	07/16/2024
Last Cyclical Review Date:	05/08/2024
Course Description and Course Note:	ADST 152 is one of two semester-length internships in which the student is assigned to an alcohol/drug related treatment program or agency to acquire work experience. The student functions under agency supervision to gain case management experience which may include working with individuals, couples, and/or families, as well as groups. The course explores the extent to which knowledge of personal family history impacts counselor competencies and relationships with agencies and clients. Internship experiences are explored as they relate to lecture content. The internship hours apply to the additional hours required for state/national credentialing.
Justification:	Mandatory Revision
Academic Career:	<ul style="list-style-type: none"><li>Credit</li></ul>
Author:	<ul style="list-style-type: none"><li>Benjamin Salazar</li></ul>

### Academic Senate Discipline

Primary Discipline:	<ul style="list-style-type: none"><li>Addiction Paraprofessional Training</li></ul>
Alternate Discipline:	No value
Alternate Discipline:	No value

## Course Development

### Basic Skill Status (CB08)

Course is not a basic skills course.

Allow Students to Gain Credit by Exam/Challenge

### Course Special Class Status (CB13)

Course is not a special class.

### Pre-Collegiate Level (CB21)

Not applicable.

### Grading Basis

- Grade Only

### Course Support Course Status (CB26)

Course is not a support course

## Transferability & Gen. Ed. Options

### General Education Status (CB25)

Not Applicable

### Transferability

Transferable to CSU only

### Transferability Status

Approved

## Units and Hours

### Summary

<b>Minimum Credit Units (CB07)</b>	3
<b>Maximum Credit Units (CB06)</b>	3
<b>Total Course In-Class (Contact) Hours</b>	54
<b>Total Course Out-of-Class Hours</b>	108
<b>Total Student Learning Hours</b>	162

### Credit / Non-Credit Options

#### Course Type (CB04)

Credit - Degree Applicable

#### Noncredit Course Category (CB22)

Credit Course.

#### Noncredit Special Characteristics

No Value

#### Course Classification Code (CB11)

Credit Course.

Variable Credit Course

#### Funding Agency Category (CB23)

Not Applicable.

Cooperative Work Experience Education Status (CB10)

### Weekly Student Hours

	In Class	Out of Class
Lecture Hours	3	6
Laboratory Hours	0	0
Studio Hours	0	0

### Course Student Hours

<b>Course Duration (Weeks)</b>	18
<b>Hours per unit divisor</b>	54
<b>Course In-Class (Contact) Hours</b>	
Lecture	54

Laboratory	0
Studio	0
<b>Total</b>	54

**Course Out-of-Class Hours**

Lecture	108
Laboratory	0
Studio	0
<b>Total</b>	108

**Time Commitment Notes for Students**

No value

**Units and Hours - Weekly Specialty Hours**

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

**Pre-requisites, Co-requisites, Anti-requisites and Advisories**

**Prerequisite**

AD ST110 - Counseling Techniques And Case Management

Objectives

- Appraise personal motives, strengths, and limitations in relation to chemical dependency counseling.

**AND**

**Prerequisite**

AD ST112 - Group Counseling and the Therapeutic Process

Objectives

- Identify practical considerations in forming various types of groups, including chemically dependent groups.
- Describe the responsibilities of the group facilitator and the establishment of group parameters.
- Participate as both group member and facilitator.
- Critique the interaction of group members with each other and the facilitator.
- Discuss stages of group development, as well as the defenses and roles of its individual members.

**AND**

**Co-Requisite**

AD ST50 - Alcohol and Drug Studies Internship

Objectives

- Apply knowledge of intake assessment and evaluation, legal and ethical guidelines, case management, counseling, treatment planning skills as developed in ADST 152, 153, and prior courses.

- Demonstrate an understanding of the professional and educational minimum qualifications for employment and advancement within the target career/discipline.
- Demonstrate effective professional practices and soft skills of a specific career/discipline.
- Analyze personal performance of specific skills related to the target career/discipline.
- Compose a resumé.

## Entry Standards

Entry Standards

## Course Limitations

Cross Listed or Equivalent Course

## Specifications

### Methods of Instruction

Methods of Instruction

Lecture

Methods of Instruction

Discussion

Methods of Instruction

Collaborative Learning

### Out of Class Assignments

- Written treatment plans (e.g. patient treatment plan that adheres to internship site's standards and competencies)
- Research paper (e.g. bio psychosocial assessments according to internship site's standards and competencies)

### Methods of Evaluation

### Rationale

Evaluation

Evaluation of field work by both agency personnel and instructor

Writing Assignment

Completion of practicum packet

Exam/Quiz/Test

Quizzes

Exam/Quiz/Test

Midterm(s)

Exam/Quiz/Test

Final examination

### Textbook Rationale

No Value

### Textbooks

Author	Title	Publisher	Date	ISBN
Grosso, F.	Advanced Applications of Law and Ethics: A Workbook for California.	Santa Barbara: Author	2011	0-9654534-8-0
Substance Abuse and Mental Health Services Administration	Competencies: The Knowledge, Skills, and Attitudes of Professional Practice	Washington, D.C.: U.S. Department of Health and Human Service Addiction Counseling	N/A	Publication No. (SMS) 02-3750

### Other Instructional Materials (i.e. OER, handouts)

No Value

### Materials Fee

No value

## Learning Outcomes and Objectives

### Course Objectives

Apply theoretical knowledge of the classroom to the alcohol/drug health care delivery system.

Identify and describe the positive and negative factors which influence the environment in which life changes can occur.

Identify and discuss ethical issues commonly encountered in working within an agency.

Contribute to family and group sessions in a manner consistent with agency philosophy and protocol.

Discuss the organizational structure, policies, and procedures involved in the treatment of chemical dependency.

## SLOs

### Recognize and compare theoretical knowledge from classroom to health care delivery system.

Expected Outcome Performance: 70.0

<i>ILOs</i> Core ILOs	Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate creativity that leads to innovative ideas.
<i>AD ST</i> Addiction Studies Counseling	Demonstrate the ability to utilize their counseling and cognitive abilities necessary to integrate the counselor skills and ethical standards learned in the preceding Alcohol/Drug Studies Counseling program courses
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### Demonstrate on how to participate as a team member on an internship level within an alcohol/drug treatment center.

Expected Outcome Performance: 70.0

<i>ILOs</i> Core ILOs	Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.
	Practice ethical and responsible behavior within personal, academic, professional, social, and societal contexts; recognize and welcome diverse lifestyle choices that promote physical, intellectual, psychological, and social well-being.
<i>AD ST</i> Addiction Studies Counseling	Demonstrate the cognitive and counseling abilities necessary to integrate the counselor competencies and standards learned in a two year Alcohol/Drug Studies Counseling program, including evidence-based theory and competencies inherent in entry level alcohol/drug counselor positions
	Demonstrate the cognitive and counseling abilities necessary to integrate the counselor competencies and standards learned in a two year Alcohol/Drug Studies Counseling program, including evidence-based theory and competencies inherent in entry level alcohol/drug counselor positions

### Identify and show ability how to conduct individual and family group sessions.

Expected Outcome Performance: 70.0

<i>ILOs</i> Core ILOs	Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.
<i>AD ST</i> Addiction Studies Counseling	Evaluation and assessment, application of case management skills, application of group and individual counseling methodologies and creating and adhering to treatment planning standards of care
	Evaluation and assessment, application of case management skills, application of group and individual counseling methodologies and creating and adhering to treatment planning standards of care

### Identify skills that have contributed in promoting confidence growth.

Expected Outcome Performance: 70.0

<i>ILOs</i> Core ILOs	Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate creativity that leads to innovative ideas.
	Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.
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	Evaluation and assessment, application of case management skills, application of group and individual counseling methodologies and creating and adhering to treatment planning standards of care
	Evaluation and assessment, application of case management skills, application of group and individual counseling methodologies and creating and adhering to treatment planning standards of care

## Additional SLO Information

Does this proposal include revisions that might improve student attainment of course learning outcomes?

No

Is this proposal submitted in response to learning outcomes assessment data?

No

If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.

No Value

SLO Evidence

No Value

## Course Content

Lecture Content

**A/D 152 Field Work Expectations (4 hours)**

**Agency Implementation of Intervention, Treatment, and Prevention Concepts (8 hours)**

**Genograms and Personal Family History (8 hours)**

**Case Studies in Ethical and Legal Issues (10 hours)**

- Working knowledge of legal and ethical standards at worksite

**Issues of Client Confidentiality (4 hours)**

**Case Management (13 hours)**

- Working with diverse populations
- Completion of proper documentation for clients

**Professional Responsibilities/Accountability (7 hours)**

**Total hours: 54**

## Additional Information

Is this course proposed for GCC Major or General Education Graduation requirement? If yes, indicate which requirement in the two areas provided below.

No

GCC Major Requirements

No Value

GCC General Education Graduation Requirements

No Value

**Repeatability**

Not Repeatable

**Justification (if repeatable was chosen above)**

No Value

**Resources**

**Did you contact your departmental library liaison?**

No

**If yes, who is your departmental library liaison?**

No Value

**Did you contact the DEIA liaison?**

No

**Were there any DEIA changes made to this outline?**

No Value

**If yes, in what areas were these changes made:**

No Value

**Will any additional resources be needed for this course? (Click all that apply)**

- No

**If additional resources are needed, add a brief description and cost in the box provided.**

No Value