

DANCE112 : Ballet Performance Skills

General Information

Author:	<ul style="list-style-type: none">Victor Robles
Course Code (CB01) :	DANCE112
Course Title (CB02) :	Ballet Performance Skills
Department:	DANCE
Proposal Start:	Spring 2025
TOP Code (CB03) :	(1008.10) Commercial Dance
CIP Code:	(50.0399) Dance, Other.
SAM Code (CB09) :	Clearly Occupational
Distance Education Approved:	No
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000574730
Curriculum Committee Approval Date:	05/22/2024
Board of Trustees Approval Date:	07/16/2024
Last Cyclical Review Date:	05/22/2024
Course Description and Course Note:	DANCE 112 provides students with practical experience in performance skills and technical development. Students will learn specific training methods and performance styles of the historic ballet traditions.
Justification:	Mandatory Revision
Academic Career:	<ul style="list-style-type: none">Credit
Mode of Delivery:	
Author:	
Course Family:	

Academic Senate Discipline

Primary Discipline:	<ul style="list-style-type: none">Dance
Alternate Discipline:	No value
Alternate Discipline:	No value

Course Development

Basic Skill Status (CB08) Course is not a basic skills course.	Course Special Class Status (CB13) Course is not a special class.	Grading Basis <ul style="list-style-type: none">Grade with Pass / No-Pass Option
<input type="checkbox"/> Allow Students to Gain Credit by Exam/Challenge	Pre-Collegiate Level (CB21) Not applicable.	Course Support Course Status (CB26) No value

General Education and C-ID

General Education Status (CB25)

Not Applicable

Transferability

Transferable to both UC and CSU

Transferability Status

Approved

CSU GE-Breadth Area	Area	Status	Approval Date	Comparable Course
E-Lifelong Learning and Self-Development	Lifelong Learning and Self-Development	Approved	09/14/1987	No Comparable Course defined.

Units and Hours

Summary

Minimum Credit Units (CB07)	1.5
Maximum Credit Units (CB06)	1.5
Total Course In-Class (Contact) Hours	45
Total Course Out-of-Class Hours	36
Total Student Learning Hours	81

Credit / Non-Credit Options

Course Type (CB04)

Credit - Degree Applicable

Noncredit Course Category (CB22)

Credit Course.

Noncredit Special Characteristics

No Value

Course Classification Code (CB11)

Credit Course.

Variable Credit Course

Funding Agency Category (CB23)

Not Applicable.

Cooperative Work Experience
 Education Status (CB10)

Weekly Student Hours

	In Class	Out of Class
Lecture Hours	1	2
Laboratory Hours	1.5	0
Studio Hours	0	0

Course Student Hours

Course Duration (Weeks)	18
Hours per unit divisor	0
Course In-Class (Contact) Hours	
Lecture	18
Laboratory	27
Studio	0
Total	45

Course Out-of-Class Hours

Lecture	36
Laboratory	0
Studio	0
Total	36

Time Commitment Notes for Students

No value

Units and Hours - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

Pre-requisites, Co-requisites, Anti-requisites and Advisories

Prerequisite

DANCE111 - Ballet Technique II (in-development)

Objectives

- Reproduce an intermediate ballet barre.
- Interpret an intermediate ballet combination.
- Examine the application of ballet terminology as utilized in live, video and in class performance.
- Compare the development of ballet technique from the classical era to the present.

OR

Prerequisite

Equivalent by audition

Entry Standards

Entry Standards

Course Limitations

Cross Listed or Equivalent Course

Specifications

Methods of Instruction

Methods of Instruction Lecture

Methods of Instruction Laboratory

Methods of Instruction Discussion

Methods of Instruction Multimedia

Methods of Instruction Collaborative Learning

Methods of Instruction Demonstrations

Methods of Instruction Field Activities (Trips)

Methods of Instruction Guest Speakers

Methods of Instruction Presentations

Out of Class Assignments

- Attendance at GCC Dance Department performances
- Online research of historical ballets
- Written evaluation of the performances attended

Methods of Evaluation

Rationale

Exam/Quiz/Test

Final examination

Other

Class participation in critiques, analysis, and evaluation of dance performance

Exam/Quiz/Test

Written exams

Exam/Quiz/Test

Movement exams

Writing Assignment

Written essays

Textbook Rationale

this is a classic textbook for this course

Textbooks

Author	Title	Publisher	Date	ISBN
Loucadoux, Michelle	Making it Werk; A Dancer's Guide to the Business of Professional Dance	CreateSpace independent publishing	2017	978-1542583848
Craine, Debra. and Judith Mackrell	The Oxford Dictionary of Dance	Oxford	2013	978019172 7658

Other Instructional Materials (i.e. OER, handouts)

No Value

Materials Fee

No value

Learning Outcomes and Objectives

Course Objectives

Characterize and define advanced ballet techniques in terms of focus, rhythm and dynamics.

Adapt and explain pointe work and pas-de-deux.

Examine the purpose of the corps de ballet.

Practice selected variations from historical ballets.

SLOs

Perform a ballet piece.

Expected Outcome Performance: 70.0

<i>ILOs</i> Core ILOs	Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate creativity that leads to innovative ideas.
	Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.
<i>DANCE</i> Choreographic Studies and Dance Technique	Demonstrate technical dance skills using correct body alignment and muscle coordination
	Demonstrate technical dance skills using correct body alignment and muscle coordination
	Demonstrate technical dance skills using correct body alignment and muscle coordination

DANCE
Dance Teaching - A.S. Degree
Major

Teach technical dance skills using correct body alignment and muscle coordination

DANCE
Dance Teaching - Certificate

Teach technical dance skills using correct body alignment and muscle coordination

Analyze technical elements of a ballet performance.

Expected Outcome Performance: 70.0

ILOs
Core ILOs

Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate creativity that leads to innovative ideas.

DANCE
Choreographic Studies and
Dance Technique

Explain dance vocabulary of various dance styles.

Explain dance vocabulary of various dance styles.

Explain dance vocabulary of various dance styles.

DANCE
Dance Teaching - A.S. Degree
Major

Teach technical dance skills using correct body alignment and muscle coordination

DANCE
Dance Teaching - Certificate

Teach technical dance skills using correct body alignment and muscle coordination

Apply the elements of dance in the rehearsal process to produce the discipline of rehearsal technique.

Expected Outcome Performance: 70.0

ILOs
Core ILOs

Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate creativity that leads to innovative ideas.

Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.

DANCE
Choreographic Studies and
Dance Technique

Demonstrate technical dance skills using correct body alignment and muscle coordination

Demonstrate technical dance skills using correct body alignment and muscle coordination

Demonstrate technical dance skills using correct body alignment and muscle coordination

Additional SLO Information

Does this proposal include revisions that might improve student attainment of course learning outcomes?

No

Is this proposal submitted in response to learning outcomes assessment data?

No

If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.

No Value

SLO Evidence

No Value

Course Content

Lecture Content

Historical Overview of Style, Technique, and Terminology (4 hours)

- French ballet
- Russian ballet
- English ballet (Royal Ballet)
- Danish ballet (Bournoville)
- Italian ballet (Cecchetti)

Specialized Techniques (4 hours)

- Point work (female)
- Grand allegro (male)
- Grand pirouettes (male)
- Grand pirouettes (female)

Pas-de-Deux (3 hours)

- Support turns
- Lifts
- Coordination and timing

Performance Lecture (3 hours)

- Focus
- Rhythm
- Dynamic
- Space
- Interpretation
- Style
- Presentation

Rehearsal (4 hours)

- Variations
- Pas-de-deux
- Corps-de-ballet

Total hours: 18

Laboratory/Studio Content

Specialized Techniques (2 hours)

- Point work (female)
- Grand allegro (male)
- Grand pirouettes (male)
- Grand pirouettes (female)

Pas-de-Deux (2 hours)

- Support turns
- Lifts
- Coordination and timing

Performance Lecture (10 hours)

- Focus
- Rhythm
- Dynamic
- Space
- Interpretation
- Style
- Presentation

Rehearsal (13 hours)

- Variations
- Pas-de-deux
- Corps-de-ballet

Total hours: 27

Additional Information

Is this course proposed for GCC Major or General Education Graduation requirement? If yes, indicate which requirement in the two areas provided below.

Yes

GCC Major Requirements

Physical Education

GCC General Education Graduation Requirements

No Value

Repeatability

Not Repeatable

Justification (if repeatable was chosen above)

No Value

Resources**Did you contact your departmental library liaison?**

No

If yes, who is your departmental library liaison?

No Value

Did you contact the DEIA liaison?

No

Were there any DEIA changes made to this outline?

No Value

If yes, in what areas were these changes made:

No Value

Will any additional resources be needed for this course? (Click all that apply)

- No

If additional resources are needed, add a brief description and cost in the box provided.

No Value