

KIN228 : Soccer Theory

General Information

Author:	<ul style="list-style-type: none"> Erin Calderone Matsumoto, Laura
Course Code (CB01) :	KIN228
Course Title (CB02) :	Soccer Theory
Department:	KIN
Proposal Start:	Winter 2025
TOP Code (CB03) :	(1270.00) Kinesiology
CIP Code:	(31.0505) Exercise Science and Kinesiology.
SAM Code (CB09) :	Non-Occupational
Distance Education Approved:	No
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000555824
Curriculum Committee Approval Date:	05/08/2024
Board of Trustees Approval Date:	06/18/2024
Last Cyclical Review Date:	05/08/2024
Course Description and Course Note:	KIN 228 covers the theoretical foundations of the sport of soccer, with emphasis on strategy, game tactics, and philosophy. Rules and regulations for both intercollegiate competition and Federal International Football Association (FIFA) will be discussed. Note: KIN 228 is recommended for kinesiology majors.
Justification:	Mandatory Revision
Academic Career:	<ul style="list-style-type: none"> Credit
Author:	No value

Academic Senate Discipline

Primary Discipline:	<ul style="list-style-type: none"> Kinesiology
Alternate Discipline:	<ul style="list-style-type: none"> Coaching
Alternate Discipline:	No value

Course Development

Basic Skill Status (CB08) Course is not a basic skills course. <input type="checkbox"/> Allow Students to Gain Credit by Exam/Challenge	Course Special Class Status (CB13) Course is not a special class. Pre-Collegiate Level (CB21) Not applicable.	Grading Basis <ul style="list-style-type: none"> Grade with Pass / No-Pass Option Course Support Course Status (CB26) Course is not a support course
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Transferability & Gen. Ed. Options

General Education Status (CB25)

Not Applicable

Transferability

Transferable to both UC and CSU

Transferability Status

Approved

CSU GE-Breadth Area	Area	Status	Approval Date	Comparable Course
E-Lifelong Learning and Self-Development	Lifelong Learning and Self-Development	Approved	No value	No Comparable Course defined.

Units and Hours

Summary

Minimum Credit Units (CB07)	2
Maximum Credit Units (CB06)	2
Total Course In-Class (Contact) Hours	36
Total Course Out-of-Class Hours	72
Total Student Learning Hours	108

Credit / Non-Credit Options

Course Type (CB04)

Credit - Degree Applicable

Noncredit Course Category (CB22)

Credit Course.

Noncredit Special Characteristics

No Value

Course Classification Code (CB11)

Credit Course.

Variable Credit Course

Funding Agency Category (CB23)

Not Applicable.

Cooperative Work Experience
 Education Status (CB10)

Weekly Student Hours

	In Class	Out of Class
Lecture Hours	2	4
Laboratory Hours	0	0
Studio Hours	0	0

Course Student Hours

Course Duration (Weeks)	18
Hours per unit divisor	54
Course In-Class (Contact) Hours	
Lecture	36
Laboratory	0
Studio	0
Total	36

Course Out-of-Class Hours

Lecture	72
Laboratory	0
Studio	0
Total	72

Time Commitment Notes for Students

No value

Units and Hours - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

Pre-requisites, Co-requisites, Anti-requisites and Advisories

Prerequisite: None.

Entry Standards

Entry Standards

Use basic soccer terminology.

Follow verbal or written instructions and apply them to practice organization.

Describe fundamental soccer skills.

Course Limitations

Cross Listed or Equivalent Course

Specifications

Methods of Instruction

Methods of Instruction

Lecture

Methods of Instruction

Discussion

Methods of Instruction

Multimedia

Methods of Instruction

Collaborative Learning

Methods of Instruction

Demonstrations

Methods of Instruction

Guest Speakers

Methods of Instruction

Presentations

Out of Class Assignments

- Written assignments (e.g. practice/game reflection)
- Weekly goal setting (e.g. goal setting worksheet)

Methods of Evaluation

Rationale

Exam/Quiz/Test

Written exams

Exam/Quiz/Test

Oral exam

Presentation (group or individual)

Skill-evaluation

Textbook Rationale

No Value

Textbooks

Author	Title	Publisher	Date	ISBN
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No Value	No Value	No Value	No Value	No Value
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Other Instructional Materials (i.e. OER, handouts)

Description	NCAA 2022 and 2023 Soccer Rules Book
Author	National Collegiate Athletic Association
Citation	2022
Online Resource(s)	

Description	FIFA Laws of the Game
Author	IFAB
Citation	No value
Online Resource(s)	

Materials Fee

No value

Learning Outcomes and Objectives

Course Objectives

Describe the FIFA laws governing the game of soccer.

Analyze offensive strategies and fundamentals of the game as they apply to various positions on the field.

Analyze defensive strategies and fundamentals of the game as they apply to various positions on the field.

Discuss physical training and conditioning programs as they apply to the sport of soccer.

Analyze various coaching philosophies, techniques and strategies to improve on personal skills.

Recognize rules and regulations of intercollegiate soccer competition.

SLOs

Demonstrate and apply safety rules and procedures to effectively participate in a physical movement environment.

Expected Outcome Performance: 70.0

ILOs
Core ILOs

Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate creativity that leads to innovative ideas.

Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.

KIN
Fitness Specialist - A.S.
Degree Major

utilize universal risk management strategies

Apply decorum and conduct rules for intercollegiate competition.

Expected Outcome Performance: 70.0

ILOs
Core ILOs
Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.

Analyze offensive and defensive game situations.

Expected Outcome Performance: 70.0

Additional SLO Information

Does this proposal include revisions that might improve student attainment of course learning outcomes?

No

Is this proposal submitted in response to learning outcomes assessment data?

No

If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.

No Value

SLO Evidence

No Value

Course Content

Lecture Content

Introduction to Soccer (3 hours)

- History of the game
- Current Federal International Football Association (FIFA) laws
- Intercollegiate Competition Rules and Regulations

Offensive Skill Development Drills and Philosophy (5 hours)

- Passing
- Receiving
- Ball control
- Dribbling
- Feinting
- Screening
- Shooting

Defensive Skill Development Drills and Philosophy (5 hours)

- Goal keeping
- Tackling
- Footwork and positioning

Conditioning for Soccer (4 hours)

- Flexibility Training
- Aerobic Training Programs
- Strength Training
- Speed, Agility, and Quickness Training

- Nutrition
- Injuries and Treatment

Offensive Strategies for Soccer (6 hours)

- Basic styles and philosophies of attack
- Basic patterns of attacking movement
- Relating drills to match play

Defensive Strategies for Soccer (6 hours)

- Basic styles and philosophies of defense
- Basic patterns of defensive movement
- Relating drills to match play

Special Game Situations Strategies for Soccer (4 hours)

- Kick-off
- Free-kick
- Corner-kick
- Throw-in
- Indirect free kick

Team Concepts for Soccer (3 hours)

- Proper mental attitude
- Coaching philosophy
- Team philosophy

Total hours: 36

Additional Information

Is this course proposed for GCC Major or General Education Graduation requirement? If yes, indicate which requirement in the two areas provided below.

No

GCC Major Requirements

No Value

GCC General Education Graduation Requirements

No Value

Repeatability

Not Repeatable

Justification (if repeatable was chosen above)

No Value

Resources

Did you contact your departmental library liaison?

No

If yes, who is your departmental library liason?

Becka Cooling (Kinesiology, Social Sciences)

Did you contact the DEIA liaison?

No

Were there any DEIA changes made to this outline?

Yes

If yes, in what areas were these changes made:

- Course Description

Will any additional resources be needed for this course? (Click all that apply)

No Value

If additional resources are needed, add a brief description and cost in the box provided.

No Value