

KIN229 : Advanced Soccer Theory

General Information

Author:	<ul style="list-style-type: none">Erin Calderone
Course Code (CB01) :	KIN229
Course Title (CB02) :	Advanced Soccer Theory
Department:	KIN
Proposal Start:	Winter 2025
TOP Code (CB03) :	(1270.00) Kinesiology
CIP Code:	(31.0505) Exercise Science and Kinesiology.
SAM Code (CB09) :	Non-Occupational
Distance Education Approved:	No
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000578447
Curriculum Committee Approval Date:	05/08/2024
Board of Trustees Approval Date:	06/18/2024
Last Cyclical Review Date:	05/08/2024
Course Description and Course Note:	KIN 229 covers advanced theory and strategies used in the sport of soccer. Emphasis is placed on advanced strategy, game tactics, philosophy, and focus on Federal International Football Association (FIFA) laws of the game. Note: KIN 229 is recommended for Kinesiology majors.
Justification:	Mandatory Revision
Academic Career:	<ul style="list-style-type: none">Credit
Author:	No value

Academic Senate Discipline

Primary Discipline:	<ul style="list-style-type: none">Kinesiology
Alternate Discipline:	<ul style="list-style-type: none">Coaching
Alternate Discipline:	No value

Course Development

Basic Skill Status (CB08) Course is not a basic skills course. <input type="checkbox"/> Allow Students to Gain Credit by Exam/Challenge	Course Special Class Status (CB13) Course is not a special class. Pre-Collegiate Level (CB21) Not applicable.	Grading Basis <ul style="list-style-type: none">Grade with Pass / No-Pass Option Course Support Course Status (CB26) Course is not a support course
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Transferability & Gen. Ed. Options

General Education Status (CB25)

Not Applicable

Transferability

Transferable to both UC and CSU

Transferability Status

Approved

Units and Hours

Summary

Minimum Credit Units (CB07)	2
Maximum Credit Units (CB06)	2
Total Course In-Class (Contact) Hours	36
Total Course Out-of-Class Hours	72
Total Student Learning Hours	108

Credit / Non-Credit Options

Course Type (CB04)

Credit - Degree Applicable

Noncredit Course Category (CB22)

Credit Course.

Noncredit Special Characteristics

No Value

Course Classification Code (CB11)

Credit Course.

Variable Credit Course

Funding Agency Category (CB23)

Not Applicable.

Cooperative Work Experience

Education Status (CB10)

Weekly Student Hours

	In Class	Out of Class
Lecture Hours	2	4
Laboratory Hours	0	0
Studio Hours	0	0

Course Student Hours

Course Duration (Weeks)	18
Hours per unit divisor	0
Course In-Class (Contact) Hours	
Lecture	36
Laboratory	0
Studio	0
Total	36
Course Out-of-Class Hours	
Lecture	72
Laboratory	0
Studio	0
Total	72

Time Commitment Notes for Students

No value

Units and Hours - Weekly Specialty Hours

Activity Name

Type

In Class

Out of Class

No Value

No Value

No Value

No Value

Pre-requisites, Co-requisites, Anti-requisites and Advisories

Prerequisite

KIN228 - Soccer Theory (in-development)

Objectives

- Describe the FIFA laws governing the game of soccer.
- Analyze offensive strategies and fundamentals of the game as they apply to various positions on the field.
- Analyze defensive strategies and fundamentals of the game as they apply to various positions on the field.
- Discuss physical training and conditioning programs as they apply to the sport of soccer.
- Analyze various coaching philosophies, techniques and strategies to improve on personal skills.
- Recognize rules and regulations of intercollegiate soccer competition.

Entry Standards

Entry Standards

Course Limitations

Cross Listed or Equivalent Course

Specifications

Methods of Instruction

Methods of Instruction

Lecture

Methods of Instruction

Multimedia

Methods of Instruction	Demonstrations
Methods of Instruction	Collaborative Learning
Methods of Instruction	Guest Speakers
Methods of Instruction	Discussion
Methods of Instruction	Presentations

Out of Class Assignments

- Written assignments (e.g. game reflection)
- Weekly goal setting (e.g. worksheet game goals)

Methods of Evaluation	Rationale
Presentation (group or individual)	Oral reports (e.g. scouting report)
Exam/Quiz/Test	Final exam
Exam/Quiz/Test	Quizzes
Presentation (group or individual)	Skill evaluation (e.g. skills demonstration)

Textbook Rationale

No Value

Textbooks

Author	Title	Publisher	Date	ISBN
No Value	No Value	No Value	No Value	No Value

Other Instructional Materials (i.e. OER, handouts)

Description	Instructor Generated Materials
Author	No value
Citation	No value
Online Resource(s)	
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Description	NCAA 2022 and 2023 Soccer Rules Book
Author	National Collegiate Athletic Association
Citation	2022

Online Resource(s)

<https://www.ncaapublications.com/p-4646-2022-and-2023-soccer-rules.aspx>

Description

FIFA Laws of the Game (current)

Author

International Football Association Board (IFAB)

Citation

No value

Online Resource(s)

<https://www.theifab.com/laws-of-the-game-documents/?language=all&year=2023%2F24>

Materials Fee

No value

Learning Outcomes and Objectives

Course Objectives

Discuss rules and regulations in relation to playing strategies.

Explain the mental aspects associated with competition for an advanced level of play.

Analyze both offensive and defensive strategies as they apply to advanced competition.

Critique and analyze problem areas of individual performance and formulate successful solutions.

Analyze various leadership styles in team play.

SLOs

Demonstrate and apply safety rules and procedures to effectively participate in a physical movement environment.

Expected Outcome Performance: 70.0

ILOs

Core ILOs

Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate creativity that leads to innovative ideas.

Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.

KIN

Fitness Specialist - A.S.
Degree Major

utilize universal risk management strategies

Execute and apply advanced offensive and defensive strategies.

Expected Outcome Performance: 70.0

ILOs

Core
ILOs

Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate creativity that leads to innovative ideas.

Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.

Apply and relate decorum rules and conduct of intercollegiate competition.

Expected Outcome Performance: 70.0

ILOs Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate creativity that leads to innovative ideas.

Core

ILOs

Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.

Additional SLO Information

Does this proposal include revisions that might improve student attainment of course learning outcomes?

No

Is this proposal submitted in response to learning outcomes assessment data?

No

If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.

No Value

SLO Evidence

No Value

Course Content

Lecture Content

Individual and Team Concepts for Soccer (3 hours)

- Team philosophy
- Coaching philosophy
- Mental approach and strategies
- Implementation of goal setting
- Practice organization
- Safety

Advanced Rules for Soccer (3 hours)

- California Community College Athletic Association (3C2A) decorum
- National Collegiate Athletic Association (NCAA) rules and regulations
- Current Federation International Football Association (FIFA) law

Advanced Defensive Strategies for Soccer (10 hours)

- Goal keeping
- Tackling
- Footwork and positioning
- Advanced defensive philosophies
- Relating drills to match play

Advanced Offensive Strategies for Soccer (10 hours)

- Advanced styles and philosophies of attack
- Advanced patterns of attacking movement
- Kick-off
- Free-kick
- Corner-kick
- Throw-in
- Indirect free kick
- Relating drills to match play

Advanced Team Dynamics for Soccer (4 hours)

- Player/coach relationship
- Leadership dynamics
- Cognitive understanding of team

Advanced Game Strategies for Soccer (6 hours)

- Individual film breakdown
- Team film breakdown

Total hours: 36

Additional Information

Is this course proposed for GCC Major or General Education Graduation requirement? If yes, indicate which requirement in the two areas provided below.

No

GCC Major Requirements

No Value

GCC General Education Graduation Requirements

No Value

Repeatability

Not Repeatable

Justification (if repeatable was chosen above)

No Value

Resources

Did you contact your departmental library liaison?

No

If yes, who is your departmental library liaison?

Becka Cooling (Kinesiology, Social Sciences)

Did you contact the DEIA liaison?

No

Were there any DEIA changes made to this outline?

Yes

If yes, in what areas were these changes made:

- Course Description

Will any additional resources be needed for this course? (Click all that apply)

- No

If additional resources are needed, add a brief description and cost in the box provided.

No Value