

COURSE OUTLINE : NS 214
D Credit – Degree Applicable
COURSE ID 005037

Cyclical Review: August 2020

COURSE DISCIPLINE: NS

COURSE NUMBER: 214

COURSE TITLE (FULL): Medical-Surgical Nursing IV

COURSE TITLE (SHORT): Medical-Surgical Nursing IV

#### CATALOG DESCRIPTION

NS 214 continues the study of the adult with unmet needs resulting from complex health problems. This course addresses the needs of patients/clients whose health care needs require complex nursing interventions and proficiency in the planning and delivery of safe, effective, and optimal care. Content includes licensure issues and leadership principles in preparation for entry into practice as a licensed registered nurse. Clinical experiences are structured in a preceptorship format to provide a greater opportunity for the student to refine teamwork and collaboration skills, apply theoretical concepts and manage multiple priorities, as well as enhance critical thinking and clinical skills. Emphasis is placed on the evaluation of electronic information available in the workplace to promote delivery of patient-centered care.

Total Lecture Units: 2.50

Total Laboratory Units: 3.50

**Total Course Units: 6.00** 

Total Lecture Hours: 45.00

Total Laboratory Hours: 189.00

Total Laboratory Hours To Be Arranged: 0.00

**Total Contact Hours: 234.00** 

**Total Out-of-Class Hours: 90.00** 

Prerequisite: NS 213. Recommended Corequisite: NS 204.



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## **ENTRY STANDARDS**

|    | Subject  | Number | Title                           | Description  | Include |  |  |
|----|--|--------|---------------------------------|--|---------|--|--|
| 1  | NS   | 213    | Medical-Surgical<br>Nursing III | Use the Human Needs Hierarchy as a framework for assessing and providing safe, patient-centered nursing care to meet the complex healthcare needs of adults/older adults and their families;                         | Yes     |  |  |
| 2  | NS   | 213    | Medical-Surgical<br>Nursing III | utilize and apply the nursing process to acute care nursing practice in a variety of settings;   | Yes     |  |  |
| 3  | Nursing III assessment for the adult and older adult which reflects increased knowledge and skill competence in the medical-surgical area;     |        |                                 |  | Yes     |  |  |
| 4  | NS   | 213    | Medical-Surgical<br>Nursing III | identify actual and anticipated deviations from normal assessment attributed to aging;   | Yes     |  |  |
| 5  | NS 213 Medical-Surgical retrieve and use reliable healthcare information from electronic sources to support classroom and clinical activities; |        |                                 |  |         |  |  |
| 6  | NS   | 213    | Medical-Surgical<br>Nursing III | describe nursing goals and behaviors associated with prevention of illness and promotion of health and well-being of the patient/client and family;  |         |  |  |
| 7  | NS   | 213    | Medical-Surgical<br>Nursing III | interpret the multiple variables that interact and impact the acutely-ill patient and family;  | Yes     |  |  |
| 8  | NS   | 213    | Medical-Surgical<br>Nursing III | incorporate scientific principles, psychosocial needs, developmental concepts, and previously learned nursing knowledge and skills into the individualized care of the patient/client with a complex health problem; | Yes     |  |  |
| 9  | NS   | 213    | Medical-Surgical<br>Nursing III | provide safe, patient-centered care for groups of patients, with emphasis on the complex, unmet needs of older adults;   | Yes     |  |  |
| 10 | NS   | 213    | Medical-Surgical<br>Nursing III | identify guidelines that provide the nurse with basic direction to address ethical issues for patients with complex health problems;   | Yes     |  |  |
| 11 | NS   | 213    | Medical-Surgical<br>Nursing III |  |         |  |  |
| 12 | NS   | 213    | Medical-Surgical<br>Nursing III | apply, with increasing proficiency, knowledge of medical-surgical health problems, treatment modalities, and nursing skills in the clinical setting;   | Yes     |  |  |



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| 13 | NS | 213 | Medical-Surgical<br>Nursing III | demonstrate safe planning of nursing task delegation and supervision;   | Yes |
|----|----|-----|---------------------------------|---|-----|
| 14 | NS | 213 | Medical-Surgical<br>Nursing III | apply appropriate communication techniques when interacting with patients and family members, as well as peers, staff, and other healthcare team members when collaborating in patient/client care; | Yes |
| 15 | NS | 213 | Medical-Surgical<br>Nursing III | observe/participate in the collaborative discharge planning process for adults/older adults;  | Yes |
| 16 | NS | 213 | Medical-Surgical<br>Nursing III | demonstrate increased growth and proficiency in clinical competencies as measured in the clinical evaluation tool.  | Yes |

#### **EXIT STANDARDS**

- Apply the principles inherent in the hierarchy of human needs to serve as a holistic framework for providing and managing care for patients/clients with highly complex health care needs;
- 2 utilize the nursing process in providing and managing care for groups of patients/clients with diverse needs in a variety of settings;
- 3 communicate identified special needs of the older adult patient to other members of the healthcare team;
- 4 communicate, coordinate, and collaborate with other members of the healthcare team in the patient/client's multidisciplinary plan of care;
- 5 elicit preferences and expressed needs of patient and family in planning, implementing, and evaluating care;
- 6 assess the ability of the older adult's family or caregiver to carry out a plan of care;
- assume responsibility for a group or team of patients and function in the role of a staff member as team leader or primary care nurse during the preceptorship experience;
- 8 identify and describe nursing goals and behaviors associated with prevention of illness and the promotion of health and well-being of the patient/client and family;
- 9 demonstrate consistent growth and improvement in clinical competencies and nursing leadership/management skills as evidenced on the clinical evaluation tool;
- 10 analyze and address the biological, psychosocial, cultural, spiritual, environmental, and socioeconomic realms, and the impact they exert on the highly acute patient/client and family;
- incorporate scientific principles, psychosocial concerns, developmental concepts, and previously learned nursing knowledge and skills into the individualized care of the highly acute or critically ill patient/client;
- demonstrate appropriate communication techniques to be used when interacting with patients and family members, as well as peers, staff, and healthcare team members when collaborating in patient/client care;
- 13 identify specific cognitive and psychomotor knowledge deficits, and develop, communicate and implement an individualized teaching plan which considers sociocultural factors to meet these learning needs;
- 14 consider age-related changes in patient teaching, considering sensory, perceptual, and



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- cognitive limitations, and memory changes;
- 15 retrieve, evaluate, and use reliable healthcare information from electronic sources to support classroom and clinical activities
- 16 identify guidelines that assist the nurse in anticipating ethical issues of complex patients/clients in a variety of settings:
- 17 demonstrate the theoretical and clinical competencies encompassing the knowledge, skills, and attitudes expected of an entry level registered nurse.

#### STUDENT LEARNING OUTCOMES

- develop leadership and management skills while integrating professional values, ethics and standards into a personal philosophy of nursing practice;
- 2 integrate level-four medical-surgical knowledge in order to provide appropriate nursing care for critically ill patients;
- 3 provide demonstration of safe patient care.

## **COURSE CONTENT WITH INSTRUCTIONAL HOURS**

|   | Description   | Lecture | Lab | Total Hours |
|---|---|---------|-----|-------------|
| 1 | Human Needs and the Application of the Nursing Process to Medical-Surgical Nursing  • Assessment, need hierarchy and the highacuity medical-surgical patient  • Nursing Diagnosis  • Planning  • Nursing interventions – meeting the needs of critically ill patients  • Evaluation | 1       | 0   | 1           |
| 2 | Health Problems Related to Tissue Perfusion Needs: Cardiovascular Concerns  • Major dysrhythmia and conduction disorder • Hemodynamic monitoring  | 8       | 0   | 8           |
| 3 | Health Problems Related to Exercise-Mobility and Cognitive-Perceptual Needs:Neurological Concerns  • The critically ill neurological patient Increased intracranial pressure  • Infective processes  • Spinal cord injury   | 8       | 0   | 8           |
| 4 | Health Problems Related to Elimination Needs: Genitourinary Concerns  Interventions for patients with chronic and acute renal failure   | 4       | 0   | 4           |



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| 5 | Health Problems Related to Oxygenation Needs: Respiratory Concerns  • Acute respiratory failure • Artificial airways/ventilator support   | 8  | 0 | 8  |
|---|---|----|---|----|
| 6 | Management of Patients Experiencing Massive Threats to Physiological Integrity: Multi-System Organ Failure/Involvement  • Hepatic and pancreatic dysfunction • Massive trauma • Burns • Shock state • Renal failure • Drug overdose and poisoning • Immune system compromise (HIV/AIDS) | 10 | 0 | 10 |
| 7 | Leadership and Management Concepts for the Novice Nurse  • Changes in health care administration and organization • Impact on the staff nurse • Leadership styles • Ethical and legal issues • Accountability • Concepts of change implementation • Cultural competence                 | 6  | 0 | 6  |



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|   | Patient Care Coordination and Leadership in Various<br>Healthcare Settings   |   |     |     |
|---|--|---|-----|-----|
|   | Preceptorship  |   |     |     |
|   | Assuming the role of a Registered Nurseunder supervision   |   |     |     |
|   | Outpatient Clinics   |   |     |     |
|   | Surgical centers   |   |     |     |
|   | Elderly Care   |   |     |     |
|   | Management of daily living   |   |     |     |
|   | Practicing Advanced Intravenous Insertion Techniques   |   |     |     |
|   | Home Care,   |   |     |     |
|   | Facilitation of the progression on the wellness<br>continuum and transfer of care to the patient and<br>family           |   |     |     |
| 8 | Hospice Care   | 0 | 189 | 189 |
|   | <ul> <li>Application of palliative care</li> <li>Educating patients upon disease processes<br/>and treatments</li> </ul> |   |     |     |
|   | Managing and Maintaining   |   |     |     |
|   | Infusion     Therapy   |   |     |     |



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| Staging and application of different dressings and treatment options  Oncology Care, Staging and Treatment Options  |  |     |
|---|--|-----|
| <ul> <li>Assessment of high acuity patients</li> <li>Coordination of patient care activities in the high acuity setting</li> <li>Monitoring physiologic responses to patient/nursing care</li> <li>Providing pain relief appropriate to patient population and condition</li> </ul> |  |     |
|   |  | 234 |

#### **OUT OF CLASS ASSIGNMENTS**

- 1 web-based activities (e.g., research and integrated Kaplan standardized testing)
- 2 critique of small group projects
- 3 structured Module Self-Paced Learning in nursing resource lab

## **METHODS OF EVALUATION**

| 1 | quizzes: |
|---|----------|
|   | uuizzos. |

- 2 written papers;
- 3 group assignments;
- 4 skills assessment;
- 5 midterm examination;
- 6 final examination.

### **METHODS OF INSTRUCTION**

| ✓ Lecture           |
|---------------------|
| Laboratory          |
| Studio              |
| Discussion          |
| Multimedia Tutorial |
| Independent Study   |

Collaboratory Learning
Demonstration
Field Activities (Trips)
Guest Speakers
Presentations

# TEXTBOOKS

| Title   | Туре         | Publisher | Edition | Medium | Author              | IBSN                  | Date |
|---|--------------|-----------|---------|--------|---------------------|-----------------------|------|
| Contemporary Nursing –<br>Issues, Trends &<br>Management                          | Required     | Mosby     | 8       | Print  | Cherry, B.          | 978032355<br>4206     | 2019 |
| Critical Care Nursing   | Required     | Elsevier  | 8       | Print  | Urden, Linda        | 978-0-323-<br>44752-2 | 2018 |
| Medical-Surgical<br>Nursing: Assessment<br>and Management of<br>Clinical Problems | Supplemental | Elsevier  | 11      | Print  | Harding,<br>Mariann | 978032355<br>1496     | 2020 |

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