



COURSE OUTLINE : NS 222

D Credit – Degree Applicable

COURSE ID 004313

Cyclical Review: July 2020

COURSE DISCIPLINE : NS
COURSE NUMBER : 222
COURSE TITLE (FULL) : Psychiatric Nursing
COURSE TITLE (SHORT) : Psychiatric Nursing

CATALOG DESCRIPTION

NS 222 focuses on the dynamics of patients/clients undergoing acute and chronic mental health and psychosocial disorders. Clinical reasoning, therapeutic communication and collaboration are emphasized within the conceptual framework of total holistic approach and fulfillment of human needs. The course provides the student with knowledge, skills, and attitudes to care for the patient/client with developmental, environmental, cultural, psychological and socioeconomic needs.

Total Lecture Units: 2.00

Total Laboratory Units: 1.50

Total Course Units: 3.50

Total Lecture Hours: 36.00

Total Laboratory Hours: 81.00

Total Laboratory Hours To Be Arranged: 0.00

Total Contact Hours: 117.00

Total Out-of-Class Hours: 72.00

Recommended Corequisite: Enrollment in NS 202 is highly recommended.



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ENTRY STANDARDS

	Subject	Number	Title	Description	Include
1				describe the hierarchy of basic human needs as determinants to well-being and health	Yes
2				apply basic principles of pharmacology in nursing practice	Yes
3				apply knowledge of theories of personality derived from social science support courses in the conceptualization of mental illness.	Yes
4				document and communicate nursing care activities and patient/client responses to the plan of care, utilizing correct terminology, spelling, sentence structure, and grammar	Yes
5				utilize appropriate communication techniques to be used when interacting with patients, family members, peers and other members of the health care team	Yes
6				discuss the reciprocal and fluctuating relationships between society, culture, and environment as influencing factors in human growth and development.	Yes
7	NS	202	Nursing Seminar II	examine simulated patient situations involving unmet physiological and psychological needs resulting from specified medical-surgical/pharmacologic/mental health problems:	Yes
8	NS	202	Nursing Seminar II	analyze a presenting clinical situation/scenario from a nursing perspective; identify applicable theoretical content from coursework; formulate an appropriate course of action for the nurse; discuss proposed courses of action within an assigned workgroup; participate in the group's decision and selection of the most appropriate course of action; assist in the group's presentation to the class regarding the scenario and nursing decisions;	Yes
9	NS	202	Nursing Seminar II	demonstrate mastery of selected previously demonstrated and practiced nursing skills and procedures;	Yes
10	NS	202	Nursing Seminar II	utilize selected software in application of new knowledge and prescribing/providing nursing care.	Yes



EXIT STANDARDS

- 1 Utilize enhanced communication and patient teaching strategies by fostering open communication, collaboration, mutual respect, and shared decision-making when collaborating with patients, family members, peers, and other members of the mental health team;
- 2 exhibit enhanced current evidence-based practice and professional standards into nursing practice to promote and improve mental health and prevent relapse;
- 3 demonstrate safe, effective assessment, planning, implementation, and evaluation skills in caring for mental health patients to promote their mental health and well-being;
- 4 gather patient assessment data by incorporating quality improvement tools to monitor nursing practice and patient safety outcomes in the mental health population;
- 5 demonstrate competency in using the electronic health recording (EHR) for data collection in nursing care plans and clinical decision making;
- 6 provide quality patient-centered care for mental health patients by utilizing the hierarchy of human needs and the nursing process and incorporating the patients' preferences, needs and values in mental health settings;
- 7 demonstrate professional growth in clinical competencies including integrity, honesty, accountability, compassion, and ethical awareness in mental health settings.

STUDENT LEARNING OUTCOMES

- 1 compare and contrast coping strategies and factors to and those that interfere with successful promotion of mental health
- 2 distinguish between behaviors of mood, thought and relatedness on a continuum from mental health to illness
- 3 demonstrate social and cultural awareness using communication skills that promote mental health within a therapeutic relationship

COURSE CONTENT WITH INSTRUCTIONAL HOURS

	Description	Lecture	Lab	Total Hours
1	Conceptual Framework for Psychiatric Nursing <ul style="list-style-type: none"> • Hierarchy of human needs • Historical influences/trends in mental health • Review of theoretical approaches to psychopathology and psychopharmacology 	1	0	1
2	Factors and Issues Affecting Delivery of Mental Health Services <ul style="list-style-type: none"> • Transcultural issues • Standards of practice • Role of mental health team members • Legal and ethical issues • Concepts and application 	2	0	2



3	Human Needs Assessment within the Nursing Process: Systems theory and family process in meeting basic needs	4	0	4
4	Therapeutic communication as a function of caring (communication, teamwork and collaboration)	4	0	4
5	Therapeutic Modalities: Modalities eu (Safety Needs) <ul style="list-style-type: none"> • Family therapy (Love, Belonging and Intimacy Needs) • Group therapy (Love, Belonging and Communication Needs) • Self-help groups (Love, Belonging and Communication Needs) • Electric convulsive therapy (Cognitive-Perceptual Needs) • Other somatic therapies (Safety, Security and Protection Needs) Psychotropic medications 	2	0	2
6	Self-Concept as a Determination of Basic Human Needs Satisfaction: Chronic Low and Situational Low Self Esteem (Esteem and Spiritual-Belief System Needs)	2	0	2
7	Permission, Limited Information, Specific Suggestion, Intensive Therapy (PLISSIT) <ul style="list-style-type: none"> • Model in nursing practice (Sexual, Love, Belonging and Intimacy Needs) 	1	0	1
8	Patterns of Human Sexuality (Sexual, Love, Belonging and Intimacy Needs) Terminology <ul style="list-style-type: none"> • Myths • Sexual response cycle • Sexual dysfunction and altered sexual patterns 	1	0	1
9	Substance Use disorders and Related Health Concerns (Safety, Security and Protection Needs)	3	0	3
10	Personality Disorders (Esteem Needs)	1	0	1
11	Somatoform Disorders (Safety, Security and Protection Needs)	1	0	1
12	Anxiety Disorders (Belonging, Security Needs)	3	0	3
13	Dissociative Disorders (Safety, Security and Protection Needs)	2	0	2
14	Disturbances in Mood (Safety, Love & Belonging, Esteem Needs)	3	0	3
15	Disturbance in Cognition (Cognitive-Perceptual Needs)	3	0	3



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16	Childhood Disorders (Cognitive-Perceptual, Love & Belonging Needs)	1.5	0	1.5
17	Dementia as a Disruption of Later Life (Cognitive-Perceptual Needs)	1.5	0	1.5
18	Clinical Laboratory	0	81	81
				117

OUT OF CLASS ASSIGNMENTS

- 1 web-based tutorials
- 2 reflection papers and care plans
- 3 service learning project
- 4 field trips/ observational experiences (e.g. attending a mental health court hearing and Alcoholics Anonymous meetings)

METHODS OF EVALUATION

- 1 quizzes
- 2 mid-term examination
- 3 instructor evaluation of in-class group presentations
- 4 effective participation in team assignments
- 5 final examination

METHODS OF INSTRUCTION

- Lecture
- Laboratory
- Studio
- Discussion
- Multimedia
- Tutorial
- Independent Study
- Collaboratory Learning
- Demonstration
- Field Activities (Trips)
- Guest Speakers
- Presentations



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TEXTBOOKS

Title	Type	Publisher	Edition	Medium	Author	IBSN	Date
Foundations of Psychiatric-Mental Health Nursing: A Clinical Approach	Required	Saunders	8		Halter, A.	978-0323389679	2017