



COURSE OUTLINE : NS 202
D Credit – Degree Applicable
COURSE ID 005029
Cyclical Review: July 2020

COURSE DISCIPLINE : NS
COURSE NUMBER : 202
COURSE TITLE (FULL) : Nursing Seminar II
COURSE TITLE (SHORT) : Nursing Seminar II

CATALOG DESCRIPTION

NS 202 provides an enrichment opportunity for all level two nursing students to further explore the application of medical-surgical, psychiatric, and pharmacologic classroom content to the clinical situation based on Quality and Safety Education for Nurses (QSEN). The course includes discussion, demonstration, computer simulation, guided practice, and audiovisual presentations.

CATALOG NOTES

Note: This is an optional but highly recommended class in the Registered Nursing curriculum. This course is graded Pass/No Pass only.

Total Lecture Units:1.00

Total Laboratory Units: 0.50

Total Course Units: 1.50

Total Lecture Hours:18.00

Total Laboratory Hours:27.00

Total Laboratory Hours To Be Arranged:0.00

Total Contact Hours: 45.00

Total Out-of-Class Hours: 36.00

Prerequisite: NS 211, or previous completion of equivalent coursework. Recommended Corequisite: NS 212 and 222, or previous completion of equivalent coursework.



ENTRY STANDARDS

	Subject	Number	Title	Description	Include
1	NS	211	Medical-Surgical Nursing I	use the hierarchy of human needs as a holistic framework for assessing and formulating care provided to patients/clients with stable and/or chronic health problems;	Yes
2	NS	211	Medical-Surgical Nursing I	utilize the nursing process in the care of adult and geriatric patients/clients with stable and/or chronic health problems;	Yes
3	NS	211	Medical-Surgical Nursing I	differentiate normal aging from illness and disease processes;	Yes
4	NS	211	Medical-Surgical Nursing I	describe common cultural variations in attitudes toward and views of aging;	Yes
5	NS	211	Medical-Surgical Nursing I	identify and describe the role of the nurse in preventing illness, promoting health, and maximizing the achievement of individual potential for the patient/client	Yes
6	NS	211	Medical-Surgical Nursing I	provide safe, effective, and patient-centered care for 2 patients/clients in the clinical setting;	Yes
7	NS	211	Medical-Surgical Nursing I	perform previously learned nursing skills and procedures safely, applying principles to practice	Yes
8	NS	211	Medical-Surgical Nursing I	consider and evaluate cognitive, sensory, and perceptual problems with special attention to temperature sensation, hearing, and vision when caring for geriatric patients/clients	Yes
9	NS	211	Medical-Surgical Nursing I	analyze the unmet needs of a selected group of geriatric patients/clients with a variety of health problems and, using the nursing process, prepare a patient-centered plan of care to meet or ameliorate these needs;	Yes
10	NS	211	Medical-Surgical Nursing I	demonstrate a satisfactory level of growth and proficiency in clinical competencies on the clinical evaluation tool;	Yes
11	NS	211	Medical-Surgical Nursing I	discuss the ways in which biological, psychosocial, cultural, spiritual, environmental, and socioeconomic variables interact and affect health and illness;	Yes
12	NS	211	Medical-Surgical Nursing I	incorporate knowledge of scientific principles, psychosocial needs and developmental concepts, as well as previously learned nursing knowledge and skills, into patient care;	Yes



13	NS	211	Medical-Surgical Nursing I	substantiate rationale for chosen nursing interventions;	Yes
14	NS	211	Medical-Surgical Nursing I	assess general health status, identifying specific risk factors of assigned older adults;	Yes
15	NS	211	Medical-Surgical Nursing I	discuss specific considerations and treatment strategies for pain management in older adults;	Yes
16	NS	211	Medical-Surgical Nursing I	apply knowledge of medical-surgical health problems, their treatment modalities, and nursing skills and interventions in the clinical setting;	Yes
17	NS	211	Medical-Surgical Nursing I	demonstrate appropriate communication techniques to be used when collaborating with patients, family members, peers, and other members of the healthcare team;	Yes
18	NS	211	Medical-Surgical Nursing I	develop a teaching plan to meet specific learning needs by identifying the patient's cognitive and psychomotor knowledge deficits that consider cultural factors;	Yes
19	NS	211	Medical-Surgical Nursing I	identify common ethical dilemmas which may be encountered in the health care of the elderly;	Yes
20	NS	211	Medical-Surgical Nursing I	using available electronic resources, research and retrieve assigned journal articles to collaboratively prepare an assigned team presentation with audiovisual support;	Yes
21	NS	211	Medical-Surgical Nursing I	investigate nursing management of a health care problem commonly experienced by a geriatric patient/client from the perspective of evidenced-based practice;	Yes
22	NS	211	Medical-Surgical Nursing I	construct a well-written assignment from selected healthcare topics supported by scholarly references.	Yes
23	NS	212	Medical-Surgical Nursing II	Use the Hierarchy of Human Needs as a holistic framework for assessing and providing nursing care for patients/clients;	Yes
24	NS	212	Medical-Surgical Nursing II	utilize the nursing process in the care of the patient/client with increasingly complex health care needs in a variety of settings;	Yes
25	NS	212	Medical-Surgical Nursing II	identify and describe nursing goals and behaviors associated with preventing illness, promoting health, and restoration of the wellbeing of patients/clients and family;	Yes
26	NS	212	Medical-Surgical Nursing II	demonstrate increasing clinical skill by providing safe, organized, patient-centered, and effective care for 2 - 3 patients/clients;	Yes



27	NS	212	Medical-Surgical Nursing II	provide care designed to reduce risk factors including, but not limited to, common physiological and cultural consideration in aging adults, such as a decline in physical function, social isolation, and increasing disability;	Yes
28	NS	212	Medical-Surgical Nursing II	demonstrate a satisfactory level of growth and proficiency in clinical competencies and indicators as measured on the clinical evaluation tool;	Yes
29	NS	212	Medical-Surgical Nursing II	identify and discuss complex interrelated variables which impact acutely ill patients and their families;	Yes
30	NS	212	Medical-Surgical Nursing II	incorporate knowledge of scientific principles, psychosocial needs, and developmental concepts, as well as previously learned nursing knowledge/skills into individualized patient care;	Yes
31	NS	212	Medical-Surgical Nursing II	apply knowledge of medical-surgical health problems, treatment modalities, and nursing skills in the clinical setting with increasing proficiency;	Yes
32	NS	212	Medical-Surgical Nursing II	interpret results of appropriate laboratory and diagnostic tests, differentiating values for older adults;	Yes
33	NS	212	Medical-Surgical Nursing II	plan and demonstrate appropriate communication techniques when collaborating with patients, family members, peers, and other members of the health care team;	Yes
34	NS	212	Medical-Surgical Nursing II	identify specific patient/client knowledge deficits (cognitive and psychomotor) and, considering cultural factors, implement an individualized teaching plan to meet these learning needs;	Yes
35	NS	212	Medical-Surgical Nursing II	identify problems and strategies in assessing pain in cognitively impaired older adults;	Yes
36	NS	212	Medical-Surgical Nursing II	identify guidelines that provide the nurse with the direction needed to address ethical issues and problems.	Yes
37	NS	222	Psychiatric Nursing	utilize the nursing process as a scientific method of conceptualizing nursing care for psychiatric patients/clients and as a means of enhancing the ability to think critically;	Yes



38	NS	222	Psychiatric Nursing	incorporate scientific principles, psychosocial needs, developmental concepts, and previously learned nursing knowledge and skills into individualized care of the patient/client in the acute and community mental health setting;	Yes
39	NS	222	Psychiatric Nursing	identify patient/client data that is comprehensive, accurate and systematic in making assessments;	Yes
40	NS	222	Psychiatric Nursing	retrieve, evaluate, and use reliable healthcare information from electronic sources to support classroom and clinical activities;	Yes
41	NS	222	Psychiatric Nursing	analyze stressors that interfere with successful need fulfillment;	Yes
42	NS	222	Psychiatric Nursing	evaluate patient/client responses and revise care based on collaboration with the patient/client, family, and healthcare team;	Yes
43	NS	222	Psychiatric Nursing	demonstrate communication techniques that facilitate a therapeutic relationship that reinforces mental health;	Yes
44	NS	222	Psychiatric Nursing	identify guidelines in situations that challenge ethical nursing practice;	Yes
45	NS	222	Psychiatric Nursing	describe how age, culture, socioeconomic, and ethnic backgrounds affect the delivery of mental health services;	Yes
46	NS	222	Psychiatric Nursing	describe barriers to mental health services that are needed for patients/clients;	Yes
47	NS	222	Psychiatric Nursing	identify signs and symptoms indicative of change in mental status in patient/client (e.g. agitation, anxiety, depression, substance abuse, delirium, and dementia);	Yes
48	NS	222	Psychiatric Nursing	observe for changes in patient behaviors that compromise safety;	Yes
49	NS	222	Psychiatric Nursing	explain, according to biopsychosocial theory, significant consequences on the ability to adapt when basic human needs are deprived or met ineffectively;	Yes
50	NS	222	Psychiatric Nursing	distinguish between adaptive and maladaptive psychosocial and spiritual coping behaviors;	Yes
51	NS	222	Psychiatric Nursing	compare and contrast between mood and thought disorders;	Yes
52	NS	222	Psychiatric Nursing	formulate individual or group teaching and/or nursing care plans which maintain or restore physical and mental health, prevent illness, rehabilitate and enhance personal fulfillment;	Yes



53	NS	222	Psychiatric Nursing	practice introspection in achieving self-awareness within a therapeutic relationship;	Yes
54	NS	222	Psychiatric Nursing	assist patients/clients to take positive actions to improve their well-being and optimal health.	Yes

EXIT STANDARDS

- 1 examine simulated patient situations involving unmet physiological and psychological needs resulting from specified medical-surgical/pharmacologic/mental health problems:
- 2 analyze a presenting clinical situation/scenario from a nursing perspective; formulate an appropriate course of action for the nurse; participate in the group’s presentation to the class regarding the scenario and nursing decisions.
- 3 demonstrate mastery of selected previously demonstrated and practiced nursing skills and procedures;
- 4 utilize selected software in application of new knowledge and prescribing/providing nursing care;

STUDENT LEARNING OUTCOMES

- 1 analyze a presented clinical situation or a scenario from a nursing perspective
- 2 demonstrate clinical judgment by connecting complex interrelated variables, which affect the acutely ill patient and identify appropriate nursing care for this patient.
- 3 Participate in the group's presentation to the class regarding clinical scenarios.



COURSE CONTENT WITH INSTRUCTIONAL HOURS

	Description	Lecture	Lab	Total Hours
1	Medical-Surgical Content <ul style="list-style-type: none"> • Common teaching and other unmet needs of medical-surgical patients • Mental health problems in the medical-surgical setting • Discussion/group work 	8	10	18
2	Pharmacological Content <ul style="list-style-type: none"> • Guided dosage practice - advanced • Intravenous management and regulation • Review/clarification 	4	4	8
3	Psychiatric/Mental Health Content Enrichment; Nursing management of schizophrenia, Nursing management of bipolar disorders, Nursing management of substance abuse, Nursing management of neuro-cognitive disorders	6	8	14
4	Communication in Nursing (process and problems)	0	2	2
5	Laboratory <ul style="list-style-type: none"> • Intra Venous (IV) pump and Intra Venous PiggyBag administration; • Assessment of cardiac & vascular signs and symptoms; • Hematology –laboratory analysis; • Diabetes pathophysiology and hypoglycemia/hyperglycemia monitoring; • Endocrine signs and symptoms; • Managing physical assessment and supportive cancer care; • Kaplan testing prep and remediation; • IV fluid therapy; • Enteral and parental nutrition; • Postoperative care and complication prevention; • Simulation on diabetic care; • Practice comprehensive assessment of mentally ill patient; • Practice interviewing skills wand data collection; • Watchweb-based learning modules, e.g “A Beautiful Mind ovie to apply knowledge of symptoms to diagnosis schizophrenia. 	0	3	3
				45



OUT OF CLASS ASSIGNMENTS

- 1 completion of assigned nursing skills (e.g. infusing Intra Venous fluids);
- 2 web-based activities, e.g. Kaplan focus review practice testing;
- 3 completion of assigned poster presentation;
- 4 completion of assigned skills for remediation, e.g. administration of Intra Venous Piggy Bag;
- 5 visit mental health courthouse and Alcoholic Anonymous meeting and write reflection papers.

METHODS OF EVALUATION

- 1 critiquing of group projects;
- 2 nursing skills competencies;
- 3 class participation;
- 4 instructor’s evaluation of reflection papers in the classroom

METHODS OF INSTRUCTION

- Lecture
- Laboratory
- Studio
- Discussion
- Multimedia
- Tutorial
- Independent Study
- Collaboratory Learning
- Demonstration
- Field Activities (Trips)
- Guest Speakers
- Presentations

TEXTBOOKS

Title	Type	Publisher	Edition	Medium	Author	IBSN	Date
Medical-Surgical Nursing: Assessment and Management of Clinical Problems	Required	St. Louis: Elsevier	10	Print	Lewis, Sharon, et al.	978-0-323-328524	2017
Study Guide for Lewis' Medical Surgical Nursing	Required	St. Louis: Elsevier	10	Print	Lewis, Sharon,	978-0-323-328524	2017
Psychiatric-Mental Health Nursing: A Clinical Approach	Required	Saunders	8	Print	Varcarolis, Elizabeth	978-0323389679	2017