PE140 : Badminton I

General Information

Author:	• Erin Calderone
Course Code (CB01) :	PE140
Course Title (CB02) :	Badminton I
Department:	PE
Proposal Start:	Spring 2025
TOP Code (CB03) :	(0835.00) Physical Education
CIP Code:	(31.0501) Sports, Kinesiology, and Physical Education/Fitness, General.
SAM Code (CB09) :	Non-Occupational
Distance Education Approved:	No
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000576226
Curriculum Committee Approval Date:	Pending
Board of Trustees Approval Date:	Pending
Last Cyclical Review Date:	11/01/2018
Course Description and Course Note:	PE 140 provides instruction in the fundamental skills, rules and game play in the sport of badminton. This course develops singles and doubles strategies, introduces competitive play, and encourages badminton as a lifelong physical activity.
Justification:	Mandatory Revision
Academic Career:	• Credit
Mode of Delivery:	
Author:	
Course Family:	

Academic Senate Discipline

Primary Discipline:	• Physical Education
Alternate Discipline:	No value
Alternate Discipline:	No value

Course Development

Basic Skill Status (CB08)

Course is not a basic skills course.

☐ Allow Students to Gain Credit by Exam/Challenge

Course Special Class Status (CB13)

Course is not a special class.

Pre-Collegiate Level (CB21)

Not applicable.

Grading Basis

• Grade with Pass / No-Pass Option

Course Support Course Status (CB26)

Course is not a support course

General Education and C-ID

General Education Status (CB25)

Not Applicable

Transferability

Transferable to both UC and CSU

Transferability Status

Approved

CSU GE-Breadth Area	Area	Status	Approval Date	Comparable Course
E-Lifelong Learning and Self-Development	Lifelong Learning and Self-Development	Approved	No value	No Comparable Course defined.

Units and Hours

Summary

Minimum Credit Units (CB07)	1
Maximum Credit Units (CB06)	1
Total Course In-Class (Contact) Hours	54
Total Course Out-of-Class Hours	0
Total Student Learning Hours	54

Credit / Non-Credit Options

Course Type (CB04)

Credit - Degree Applicable

Noncredit Course Category (CB22)

Credit Course.

Noncredit Special Characteristics

No Value

Course Classification Code (CB11)

Credit Course.

Funding Agency Category (CB23)

Not Applicable.

☐ Cooperative Work Experience Education Status (CB10)

☐ Variable Credit Course

Weekly Student Hours

	In Class	Out of Class
Lecture Hours	0	0
Laboratory Hours	3	0
Studio Hours	0	0

Course Student Hours

Course Duration (Weeks)	18
Hours per unit divisor	54

Course In-Class (Contact) Hours

Lecture	0
Laboratory	54
Studio	0
Total	54

Course Out-of-Class Hours

Lecture	0
Laboratory	0
Studio	0
Total	0

Time Commitment Notes for Students

No value

Units and Hours - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

Pre-requisites, Co-requisites, Anti-requisites and Advisories

No Value

Entry Standards

Entry Standards

Identify badminton as a sport.

Perform moderate daily physical activities.

Cooperate in a group environment.

Course Limitations

Cross Listed or Equivalent Course

Specifications

Methods of Instruction

Methods of Instruction	Laboratory
Methods of Instruction	Discussion
Methods of Instruction	Multimedia
Methods of Instruction	Demonstrations
Methods of Instruction	Collaborative Learning
Methods of Instruction	Guest Speakers
Methods of Instruction	Presentations

Out of Class Assignments

- Written analysis (e.g. written analysis of strategy variations between singles and doubles play)
- Self-evaluation (e.g. written evaluation of performance in tournament play)

Methods of Evaluation	**Rationale**
Other	Practical examination
Exam/Quiz/Test	Written midterm examination
Exam/Quiz/Test	Written final examination
Other	Participation in class tournament

Textbook Rationale

No Value

Textbooks

Author	Title	Publisher	Date	ISBN
No Value	No Value	No Value	No Value	No Value

Other Instructional Materials (i.e. OER, handouts)

Description Badminton: How to play, rules, and all you need to know
Author No value
Citation https://olympics.com/en/news/badminton-guide-how-to-play-rules-olympic-history
Online Resource(s)

Description Instructor-generated reading materials.
Author No value
Citation No value
Online Resource(s)

Materials Fee

No value

Learning Outcomes and Objectives

Course Objectives

Apply the rules and scoring of badminton to game situations.

Perform fundamental badminton shots with beginning level proficiency.

Discuss techniques and strategies for playing singles badminton.

Discuss the techniques and strategies for play doubles badminton.

Use sportsmanship in competitive situations.

SLOs

Apply the rules, scoring and basic strategies in badminton game play.   Expected Outcome Performance: 70.0

PE Core PLOs	Demonstrate and apply the fundamental skills, knowledge, etiquette and vocabulary used in the practice and performance of individual activities	
	Demonstrate and apply the fundamental skills, knowledge, etiquette and vocabulary used in the practice and performance of team activities	
ILOs Core ILOs	Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.	
KIN Sports Coaching - A.S. Degree Major	Evaluate, compare and examine skill development, different types of tactics and strategies, coaching philosophies, leadership styles, and practice organization to enhance the growth of student-athletes.	
KIN Sports Coaching-- Certificate	Evaluate, compare and examine skill development, different types of tactics and strategies, coaching philosophies, leadership styles, and practice organization to enhance the growth of student-athletes.	

Model basic fundamental skills for badminton.

Expected Outcome Performance: 70.0

KIN Kinesiology - AA-T	Demonstrate an understanding of biomechanical skills at different levels	
PE Core PLOs	Demonstrate and apply the fundamental skills, knowledge, etiquette and vocabulary used in the practice and performance of individual activities	
	Demonstrate and apply the fundamental skills, knowledge, etiquette and vocabulary used in the practice and performance of team activities	
ILOs Core ILOs	Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.	
KIN Sports Coaching-- Certificate	Evaluate, compare and examine skill development, different types of tactics and strategies, coaching philosophies, leadership styles, and practice organization to enhance the growth of student-athletes.	
KIN Sports Coaching - A.S. Degree Major	Evaluate, compare and examine skill development, different types of tactics and strategies, coaching philosophies, leadership styles, and practice organization to enhance the growth of student-athletes.	

Demonstrate and apply safety rules and procedures to effectively participate in a physical movement environment.

Expected Outcome Performance: 70.0

ILOs Core ILOs	Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate creativity that leads to innovative ideas.	
	Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.	
PE Core PLOs	Demonstrate and apply the fundamental skills, knowledge, etiquette and vocabulary used in the practice and performance of individual activities	
	Demonstrate and apply the fundamental skills, knowledge, etiquette and vocabulary used in the practice and performance of team activities	
KIN Sports Coaching-- Certificate	Evaluate, compare and examine skill development, different types of tactics and strategies, coaching philosophies, leadership styles, and practice organization to enhance the growth of student-athletes.	
KIN Sports Coaching - A.S. Degree Major	Evaluate, compare and examine skill development, different types of tactics and strategies, coaching philosophies, leadership styles, and practice organization to enhance the growth of student-athletes.	
KIN Kinesiology - AA-T	Recognize and apply methods to develop and promote a socially healthy lifestyle	

Additional SLO Information

Does this proposal include revisions that might improve student attainment of course learning outcomes?

No

Is this proposal submitted in response to learning outcomes assessment data?

No

If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.

No Value

SLO Evidence

No Value

Course Content

Lecture Content

No value

Laboratory/Studio Content

Badminton Origin and Equipment (2 hours)
- History
- Court size specifications
- Rackets
- Footwear
- Setting up standards and nets

Game Rules and Scoring (2 hours)
- Service rules
- Lets
- Fouls
- Boundary lines and variance
- Singles game scoring
- Doubles game scoring

Racket Grips (2 hours)
- Standard
- Modified
- Backhand
- Proper wrist motion

Basic Shots (27 hours)
- Deep return
- Smash
- Drop
- Short net game
- Serve
  - Deep serves
  - Short serves
- Backhand
  - Overhead
  - Below shoulders

Techniques and Strategies of Playing Singles (4 hours)

Techniques and Strategies of Playing Doubles (6 hours)

Tournament Play (11 hours)
- Ladder: doubles and singles
- Double elimination

* Sudden death

Total hours: 54

Additional Information

Is this course proposed for GCC Major or General Education Graduation requirement? If yes, indicate which requirement in the two areas provided below.

Yes

GCC Major Requirements

Physical Education

GCC General Education Graduation Requirements

No Value

Repeatability

Not Repeatable

Justification (if repeatable was chosen above)

No Value

Resources

Did you contact your departmental library liaison?

No

If yes, who is your departmental library liason?

Becka Cooling (Kinesiology, Social Sciences)

Did you contact the DEIA liaison?

No

Were there any DEIA changes made to this outline?

Yes

If yes, in what areas were these changes made:

* Course Description
* Exit Standards
* SLO's

Will any additional resources be needed for this course? (Click all that apply)

* No

If additional resources are needed, add a brief description and cost in the box provided.

No Value

If additional resources are needed, add a brief description and cost in the box provided.

No Value