



COURSE OUTLINE : T ART 112
D Credit – Degree Applicable
COURSE ID 010492
Cyclical Review: October 2019

COURSE DISCIPLINE : T ART
COURSE NUMBER : 112
COURSE TITLE (FULL) : Movement for Actors
COURSE TITLE (SHORT) : Movement for Actors

CATALOG DESCRIPTION

T ART 112 Movement for Actors explores the use of the body as an expressive instrument in theatrical performance. Students apply a variety of a movement techniques designed to integrate the actor's creative impulses, thoughts, and emotions with the body.

CATALOG NOTES

Note: During the semester, students are expected to attend professional and Glendale Community College Theatre Arts Department productions as a part of the learning process.

Total Lecture Units: 3.00

Total Laboratory Units: 0.00

Total Course Units: 3.00

Total Lecture Hours: 54.00

Total Laboratory Hours: 0.00

Total Laboratory Hours To Be Arranged: 0.00

Total Contact Hours: 54.00

Total Out-of-Class Hours: 108.00

Prerequisite: None.

ENTRY STANDARDS

	Subject	Number	Title	Description	Include
1				N/A	No



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EXIT STANDARDS

- 1 Assess the current state the body is in, in relation to the demands of a character in a play;
- 2 focus and energize the physical instrument in preparation for a performance;
- 3 determine what exercises will assist an actor in transitioning from a nonproductive or unsafe state of mind into productive and safe onstage behavior appropriate to the play.

STUDENT LEARNING OUTCOMES

- 1 Design a personalized warm-up in preparation for performance
- 2 Synthesize the physical body with the emotional and psychological demands of a character in a play

COURSE CONTENT WITH INSTRUCTIONAL HOURS

	Description	Lecture	Lab	Total Hours
1	Identifying student's goals	1	0	1
2	Analysis of student's current alignment and areas of physical tension	2	0	2
3	Qualities of movement: self-examination of personal movement may include: <ul style="list-style-type: none"> • rhythm • tempo • freedom • ease • tension 	3	0	3
4	Introduction and exploration of movement methods and techniques: may include: <ul style="list-style-type: none"> • Suzuki • Viewpoints • Michael Chekhov • Feldenkrais • Gaga Technique • Alexander Technique • Laban • Jacques Lecoq • Grotowski • Other movement techniques 	20	0	20
5	Partner and Ensemble movement explorations <ul style="list-style-type: none"> • Contact Improvisation • Stage Combat • Viewpoints • Grotowski 	7	0	7



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6	Nonverbal Communication and Movement as a shorthand for language • body language studies • abstract movement studies • gesture studies	3	0	3
7	Characterization: application of knowledge to characters in plays	7	0	7
8	Relating to technical elements of production design	4	0	4
9	Intimacy Direction • Consent and ethical partner work • Safety and self-care during performance	2	0	2
10	Period acting • Posture • Protocol • Interpersonal dynamics • Costume demands	5	0	5
				54

OUT OF CLASS ASSIGNMENTS

- 1 attendance and critique, in the form of a written play review, of two professional or GCC Theatre Department productions
- 2 individual and/or group research and performance project (e.g. select, memorize, and research a monologue or scene from a stylized play with specific movement demands relating to the historical time period)

METHODS OF EVALUATION

- 1 instructor evaluation of written and in-class performances
- 2 peer review or critique of student work
- 3 midterm examinations (practical and/or written)
- 4 final examinations (practical and/or written)

METHODS OF INSTRUCTION

- Lecture
- Laboratory
- Studio
- Discussion
- Multimedia
- Tutorial



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- Independent Study
- Collaboratory Learning
- Demonstration
- Field Activities (Trips)
- Guest Speakers
- Presentations

TEXTBOOKS

Title	Type	Publisher	Edition	Medium	Author	IBSN	Date
The viewpoints book : a practical guide to viewpoints and composition	Required	Nick Hern Books		Print	Bogart, Anne	184842413 2 978184842 4135	2014
To the Actor: On the Technique of Acting	Required	Harper and Row Publishing		Print	Chekhov, Michael	978-1- 61427-659- 3	2014