

Time Management and Organizational Skills: Learn What It Takes

Destigmatize * Educate * Empower

Thursday, March 17 at 12:30PM-1:30PM

Zoom: <https://glendale-edu.zoom.us/j/93551833411>

Meeting ID: 935 5183 3411

Dr. Maryam H. Golyakh from DSP&S-ARC will teach you hands-on strategies for prioritizing and planning your time, managing your time effectively, setting goals, managing procrastination, and concentrating on your task.

Attend the whole session for a chance to win a raffle prize.

ASL and closed-captioning will be provided. Please contact Kim Weissman, Lead Interpreter and Coordinator, at kweissman@glendale.edu if you have any questions.

DSPS thanks the GCC Foundation for its support.