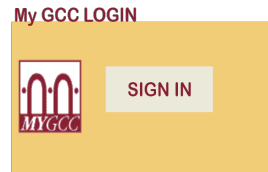


## How to Check My EOPS Counseling Contacts:

- 1- Go to **MyGCC** and **login**



- 2- Click on **“Other Services”**



- 3- Click on **“My EOPS Counseling Contacts”** tab

**EOPS/CARE AWARDS** **My EOPS Counseling Contacts** **EOPS/CARE Application Status** **MY EOPS Application**

My EOPS Counseling Contacts

**Demo Student**

EOPS students are required to meet with their EOPS counselor three times during each semester (fall/spring), and one time during each intercession (winter/summer) if registered. This counseling requirement must be met regardless of student's registration status (i.e. registered in less than 12 units), and student's academic standing (i.e. probation/dismissal). Counselors may request additional visits, if needed.

**NOTE:**C-Students may visit their counselor as many times as needed, however, only one meeting per week will be counted towards the counselor meeting/contact requirement. If you have two counseling contacts in the same week, the second one will show up as a C in your contact record and will not count towards meeting the counselor meeting/contact requirement.

**NO SHOW:**Once you scheduled an appointment with a counselor, you are expected to keep this appointment and show up on time. If extenuating circumstances prevent you from keeping your appointment, please call or stop by the office to cancel your appointment to make it available to other students. If your record indicates two consecutive NO SHOWS, you will not be able to see a counselor until you meet with EOPS director. If the student cancels his/her appointment in advance, NO SHOW will not be recorded in the system.

Date	Counselor	Contact #
3-17	Shakeh Ataian	Spring-1
4-11	Jessica Alvarez	Spring-2
5-22	Meline Abramyan	Spring-3
5-25	Shakeh Ataian	C
6-11	Jessica Alvarez	No Show
9-12	Anahit Boduryan	Fall-1
10-23	Rosette Aghegian	Fall-2
11-2	Anahit Boduryan	Fall-3

**IMPORTANT: Please monitor your contacts to make sure it matches your record. If you find that your last counseling visit date does not match your record, you will be expected to inform our office within one week from the time of your counseling visit in question. No corrections or adjustments will be made if it is not addressed with that week.**

### Key to notations on your My EOPS Counseling Contacts page:

On this page you will see the date of your contact, counselor's name and the contact number. Example: **Spring/Fall-1** (for the first contact) **Spring/Fall-2**, and **Spring/Fall-3**. Other notations are: **C** and **No Show**.

**C**-If you have two counseling contacts in the same week, the second one will show up as a C in your contact record and will not count towards meeting the counselor meeting/contact requirement.

**ONE MEETING PER WEEK POLICY:** You may visit your EOPS counselor as many times a week as needed, however, only one meeting per week will be counted towards the counselor meeting requirement.

**NO SHOW**-Once you scheduled an appointment with a counselor, you are expected to keep this appointment and show up on time. If extenuating circumstances prevent you from keeping your appointment, please call or stop by the office to cancel your appointment to make it available to other students. If your record indicates two consecutive NO SHOWS, you will not be able to see a counselor until you meet with EOPS director. If the student cancels his/her appointment in advance, NO SHOW will not be recorded in the system.