

Glendale College  
**Course Outline of Record Report**

Course ID 010258  
 Cyclical Review - September 2023

**ATHPE122 : Intercollegiate Men's Golf**

**General Information**

Author:	• Yvette Ybarra
Course Code (CB01) :	ATHPE122
Course Title (CB02) :	Intercollegiate Men's Golf
Department:	ATHPE
Proposal Start:	Fall 2024
TOP Code (CB03) :	(0835.50) Intercollegiate Athletics
CIP Code:	(31.0501) Sports, Kinesiology, and Physical Education/Fitness, General.
SAM Code (CB09) :	Non-Occupational
Distance Education Approved:	Yes
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000574438
Curriculum Committee Approval Date:	09/27/2023
Board of Trustees Approval Date:	11/21/2023
Last Cyclical Review Date:	09/27/2023
Course Description and Course Note:	ATHPE 122 is an advanced course designed for students who plan to compete at the collegiate level in the sport of men's golf. This course emphasizes advanced skill, theory, tactics, strategy and intercollegiate competition. Student-athletes are required to meet the standards of the California Community College Athletic Association (CCCAA) eligibility guidelines and decorum policies. Note: ATHPE 122 is designed for the intercollegiate men's golf team. May be taken 4 times for credit. Each student-athlete must provide their own golf clubs.
Justification:	Mandatory Revision
Academic Career:	• Credit
Author:	• Yvette Ybarra

**Academic Senate Discipline**

Primary Discipline:	• Coaching
Alternate Discipline:	No value
Alternate Discipline:	No value

**Course Development**

Basic Skill Status (CB08)	Course Special Class Status (CB13)	Grading Basis
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Course is not a basic skills course.

Course is not a special class.

- Grade with Pass / No-Pass Option

Allow Students to Gain Credit by Exam/Challenge

Pre-Collegiate Level (CB21)

Course Support Course Status (CB26)

Not applicable.

Course is not a support course

### Transferability & Gen. Ed. Options

#### General Education Status (CB25)

Not Applicable

#### Transferability

Transferable to both UC and CSU

#### Transferability Status

Approved

CSU GE-Breadth Area	Area	Status	Approval Date	Comparable Course
E-Lifelong Learning and Self-Development	Lifelong Learning and Self-Development	Approved	08/28/2023	No Comparable Course defined.

### Units and Hours

#### Summary

Minimum Credit Units (CB07)	2.5
Maximum Credit Units (CB06)	2.5
Total Course In-Class (Contact) Hours	81
Total Course Out-of-Class Hours	54
Total Student Learning Hours	135

#### Credit / Non-Credit Options

##### Course Type (CB04)

Credit - Degree Applicable

##### Noncredit Course Category (CB22)

Credit Course.

##### Noncredit Special Characteristics

No Value

##### Course Classification Code (CB11)

Credit Course.

##### Funding Agency Category (CB23)

Not Applicable.

Cooperative Work Experience Education

Status (CB10)

Variable Credit Course

#### Weekly Student Hours

	In Class	Out of Class
Lecture Hours	1.5	3

#### Course Student Hours

Course Duration (Weeks)	18
Hours per unit divisor	54

Laboratory Hours	3	0	<b>Course In-Class (Contact) Hours</b>	
Studio Hours	0	0	Lecture	27
			Laboratory	54
			Studio	0
			<b>Total</b>	<b>81</b>
			<b>Course Out-of-Class Hours</b>	
			Lecture	54
			Laboratory	0
			Studio	0
			<b>Total</b>	<b>54</b>

**Time Commitment Notes for Students**

No value

**Pre-requisites, Co-requisites, Anti-requisites and Advisories**

No Value

**Entry Standards**

Entry Standards

Apply a variety of skills appropriate for intercollegiate golf.

Integrate National Collegiate Athletic Association (NCAA) and CCCAA decorum policies into weekly competition.

Display cardiovascular health, muscular strength and endurance.

Utilize verbal communication necessary for collegiate competition.

Demonstrate how to apply workable solutions within a team environment.

<b>Specifications</b>				
<b>Methods of Instruction</b>				
Methods of Instruction		Demonstrations		
Methods of Instruction		Collaborative Learning		
Methods of Instruction		Laboratory		
Methods of Instruction		Multimedia		
<b>Out of Class Assignments</b>				
Game evaluation (e.g. written evaluations regarding positive and negative performances with player feedback)				
Goal setting (e.g. written re-evaluation of goal performance every week)				
Game analysis (e.g. written summary and review of game film both team and individual)				
<b>Methods of Evaluation</b>		<b>Rationale</b>		
Exam/Quiz/Test		Written play exams (e.g. diagram test for defense)		
In-Class Activity (answering journal prompt, group activity)		Demonstration evaluations (e.g. distance of long drives)		
In-Class Writing Assignment		Video movement analysis		
Other		Weekly competition		
<b>Textbook Rationale</b>				
No Value				
<b>Textbooks</b>				
<b>Author</b>	<b>Title</b>	<b>Publisher</b>	<b>Date</b>	<b>ISBN</b>
No Value	No Value	No Value	No Value	No Value
<b>Other Instructional Materials (i.e. OER, handouts)</b>				
<b>Description</b>	Men's Golf Rules and Interpretations			
<b>Author</b>	National Collegiate Athletic Association			

**Citation**

Indianapolis: National Collegiate Athletic Association, 2023

**Online Resource(s)****Materials Fee**

No value

**Learning Outcomes and Objectives****Course Objectives**

Identify and analyze concepts and strategies of individual and team personnel through film analysis and simulated game situations.

Demonstrate collegiate level swing motion, putting, chipping, and etiquette.

Recognize the role of nutrition in athletic performance.

Demonstrate and apply practical and general knowledge of the game of golf and its rules.

Integrate conditioning into daily practices.

Demonstrate the ability to work with a team as a unit and develop team concepts.

**SLOs**

**Perform fundamental mechanics for effective performance in the sport of golf.**

Expected Outcome Performance: 70.0

*ILOs* Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.  
Core ILOs

*ATHPE* Implement and apply conditioning, weight training, and sport specific skills necessary for collegiate competition.  
Core  
PLOs

**Demonstrate and apply technical and tactical skills necessary for collegiate competition.**

Expected Outcome Performance: 70.0

*ILOs* Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate creativity that leads to innovative ideas.  
Core  
ILOs

Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.

*ATHPE* Implement and apply conditioning, weight training, and sport specific skills necessary for collegiate competition.  
Core  
PLOs

**Integrate cooperative skills needed to perform at a high level of play.**

Expected Outcome Performance: 70.0

*ILOs* Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate  
Core creativity that leads to innovative ideas.  
*ILOs*

Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.

*ATHPE* Integrate and execute advanced cooperative skills needed to perform at a high level of play.  
Core  
PLOs

**Demonstrate and apply safety rules and procedures to effectively participate in a physical activity environment.**

Expected Outcome Performance: 70.0

*ILOs* Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate  
Core creativity that leads to innovative ideas.  
*ILOs*

Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.

*ATHPE* Demonstrate and apply safety rules and procedures to effectively participate in physical movement.  
Core  
PLOs

## Additional SLO Information

**Does this proposal include revisions that might improve student attainment of course learning outcomes?**

No

**Is this proposal submitted in response to learning outcomes assessment data?**

No

**If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.**

No Value

**SLO Evidence**

No Value

## Course Content

### Lecture Content

#### Team Philosophies and Rules (8 hours)

- Sportsmanship
- Team rules
- Individual/team goal setting
- NCAA Association rules
- CCCAA decorum

- United States Golf Association (USGA)
- Training room policies for treatment

#### **Safety for Men's Golf (4 hours)**

- Preventative injury exercises
- Proper warm-up
- Proper cool-down

#### **Understanding Team Dynamics (7 hours)**

- Creating a positive team environment
- Effective communication under stress

#### **Nutrition for the Competitive Athlete (7 hours)**

- Eating balanced meals
- Carbohydrate and protein combinations
- Packing smart snacks
- Supplements: Good or bad
- Hydration

#### **Definitions of Diversity, Inclusion, inequality and discrimination in Sports Competition (1 hour)**

- Gender
- Race/ethnicity
- Sexuality
- Religion

**Total hours - 27**

### **Laboratory/Studio Content**

#### **Fundamental Conditioning for Men's Golf (10 hours)**

- Agility
- Coordination
- Specific muscle group development
- Muscular and cardiovascular endurance
- Flexibility
- Core training

#### **Fundamental Skills and Strategies in Intercollegiate Men's Golf (44 hours)**

- Swing fundamentals
  - Driving
  - Long distance shots
  - Short, middle, and long putting
  - Chipping
  - Sandshots
- Club choices
  - Wedges
  - Putters
  - Short irons
  - Middle irons
  - Long irons
  - Woods
- Fundamental body mechanics
  - Stance
  - Foot positioning
  - Hip angle
- Golf etiquette
  - Speed of play
  - Putting order
  - Driving orders
- Competitive strategy
  - Course variations
  - Weather conditions
- Mental skills
  - Mental offense
  - Mental defense

**Total hours - 54**