

HLTH107 : Health and Social Justice

General Information

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|---|--|
| Author: | <ul style="list-style-type: none">Erin Calderone |
| Course Code (CB01) : | HLTH107 |
| Course Title (CB02) : | Health and Social Justice |
| Department: | HLTH |
| Proposal Start: | Fall 2024 |
| TOP Code (CB03) : | (1201.00) Health Occupations, General* |
| CIP Code: | (51.0000) Health Services/Allied Health/Health Sciences, General. |
| SAM Code (CB09) : | Possibly Occupational |
| Distance Education Approved: | No |
| Will this course be taught asynchronously?: | No |
| Course Control Number (CB00) : | CCC000642900 |
| Curriculum Committee Approval Date: | 12/13/2023 |
| Board of Trustees Approval Date: | 01/09/2024 |
| Last Cyclical Review Date: | 12/13/2023 |
| Course Description and Course Note: | HLTH 107 provides an in-depth analysis of health inequities within the United States. We will explore how socioeconomic status, gender, race, and disability status contribute to health disparities and epidemics, and we will discuss theories and solutions involving government policies, community organizing, and social justice. Note: This course may not be taken for credit by students who have successfully completed SOC S 107. |
| Justification: | New Course |
| Academic Career: | <ul style="list-style-type: none">Credit |
| Author: | |

Academic Senate Discipline

| | |
|-----------------------|--|
| Primary Discipline: | <ul style="list-style-type: none">Health |
| Alternate Discipline: | <ul style="list-style-type: none">Social Science |
| Alternate Discipline: | |

Course Development

| | | |
|--------------------------------------|------------------------------------|--|
| Basic Skill Status (CB08) | Course Special Class Status (CB13) | Grading Basis |
| Course is not a basic skills course. | Course is not a special class. | <ul style="list-style-type: none">Grade with Pass / No-Pass Option |

Allow Students to Gain Credit by Exam/Challenge

Pre-Collegiate Level (CB21)

Course Support Course Status (CB26)

Not applicable.

Course is not a support course

Transferability & Gen. Ed. Options

General Education Status (CB25)

Not Applicable

Transferability

Transferable to both UC and CSU

Transferability Status

Approved

| C-ID | Area | Status | Approval Date | Comparable Course |
|------|---------------|----------|---------------|------------------------------------|
| PH | Public Health | Approved | 09/03/2024 | PH 102 - Health and Social Justice |

| Cal-GETC | Area | Status | Approval Date | Comparable Course |
|--|--------------------------------|---------|---------------|-------------------------------|
| Area 4: Social and Behavioral Sciences | Social and Behavioral Sciences | Pending | No value | No Comparable Course defined. |

| CSU GE-Breadth Area | Area | Status | Approval Date | Comparable Course |
|---------------------|-----------------|----------|---------------|-------------------------------|
| D-Social Sciences | Social Sciences | Approved | 09/03/2024 | No Comparable Course defined. |

Units and Hours

Summary

Minimum Credit Units (CB07) 3

Maximum Credit Units (CB06) 3

Total Course In-Class (Contact) Hours 54

Total Course Out-of-Class Hours 108

Total Student Learning Hours 162

Credit / Non-Credit Options

Course Type (CB04)

Credit - Degree Applicable

Noncredit Course Category (CB22)

Credit Course.

Noncredit Special Characteristics

No Value

Course Classification Code (CB11)

Credit Course.

Funding Agency Category (CB23)

Not Applicable.

Cooperative Work Experience
 Education Status (CB10)

Variable Credit Course

Weekly Student Hours

| | In Class | Out of Class |
|------------------|----------|--------------|
| Lecture Hours | 3 | 6 |
| Laboratory Hours | 0 | 0 |
| Studio Hours | 0 | 0 |

Course Student Hours

| | |
|--|----|
| Course Duration (Weeks) | 18 |
| Hours per unit divisor | 54 |
| Course In-Class (Contact) Hours | |
| Lecture | 54 |
| Laboratory | 0 |
| Studio | 0 |
| Total | 54 |

Course Out-of-Class Hours

| | |
|--------------|-----|
| Lecture | 108 |
| Laboratory | 0 |
| Studio | 0 |
| Total | 108 |

Time Commitment Notes for Students

No value

Units and Hours - Weekly Specialty Hours

| Activity Name | Type | In Class | Out of Class |
|---------------|----------|----------|--------------|
| No Value | No Value | No Value | No Value |

Pre-requisites, Co-requisites, Anti-requisites and Advisories

Advisory

ABSE186 - Essentials in Reading and Writing 1

Objectives

- Comprehend both literature and information-based texts at a high school level.

OR

Advisory

ABSE187 - Essential Reading and Writing 2

Objectives

- Read, and analyze contemporary articles and stories to identify topic, thesis, support, transitions, conclusion, audience, and tone.
- Use correct citation techniques.

OR

Advisory

ESL151 - Reading And Composition V

Objectives

- Read and critically analyze various academic readings.
- Summarize readings.
- Employ basic library research techniques.

AND

Advisory

LIB100 - Critical Approaches to Information Research

Objectives

- Recognize the information cycle as a community conversation that may include primary, secondary, popular, peer-reviewed, and other source types.
 - Formulate a research question to guide inquiry.
 - Design and use search strategies by brainstorming key words, refining search terms, and using advanced limiters in different systems.
 - Distinguish between different source types, understanding the characteristics of various publication practices, purposes, audiences, and formats.
 - Assess sources for credibility, considering indicators such as authority, currency, accuracy, point of view, purpose, evidence and the context of how information is produced.
 - Recognize that critical assessment of information is an empowering practice that furthers civic engagement in a democratic society.
 - Use citation and attribution to give credit to the ideas and work of others.
 - Recognize underlying factors (racial, ethnic, gendered, linguistic, and socioeconomic) that impact inequities in the access to and the creation of information sources.
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Entry Standards

Entry Standards

No value

Course Limitations

Cross Listed or Equivalent Course

SOC S 107 Health and Social Justice

Specifications

Methods of Instruction

Methods of Instruction Lecture

Methods of Instruction Collaborative Learning

Methods of Instruction Discussion

| | | | | |
|--|--|---|-------------|---------------|
| Methods of Instruction | Field Activities (Trips) | | | |
| Methods of Instruction | Guest Speakers | | | |
| Methods of Instruction | Multimedia | | | |
| Methods of Instruction | Presentations | | | |
| Out of Class Assignments | | | | |
| <ul style="list-style-type: none"> • Written assignments (e.g. essay on how socioeconomic status affects the risk of chronic disease) • Research activities (e.g. compare diabetes prevalence in different counties across the U.S.) | | | | |
| Methods of Evaluation | Rationale | | | |
| Exam/Quiz/Test | Quizzes | | | |
| Exam/Quiz/Test | Written exams | | | |
| Activity (answering journal prompt, group activity) | Journal prompts | | | |
| Presentation (group or individual) | Group presentations | | | |
| Textbook Rationale | | | | |
| No Value | | | | |
| Textbooks | | | | |
| Author | Title | Publisher | Date | ISBN |
| Lillian D. Burke, Barbara Weill | Public health and society : current issues | Jones & Bartlett Learning, Burlington, Massachusetts. | 2024 | 9781284211320 |
| Martin Donohoe | Public Health and Social Justice | John Wiley & Sons, Incorporated, Newark. | 2012 | 9781118223093 |
| Other Instructional Materials (i.e. OER, handouts) | | | | |
| No Value | | | | |

Materials Fee

No value

Learning Outcomes and Objectives

Course Objectives

Identify disparities in health outcomes in the U.S. by race, socioeconomic status, disability status, and gender.

Compare the U.S. Healthcare System to that of other countries and contrast the characteristics and outcomes of each system.

Describe strategies or tactics to improve health inequalities.

Analyze the contribution of environmental conditions to disparate health outcomes.

Discuss policies, environments, and systems that contribute to health inequities.

SLOs

Critique healthcare systems within the U.S.

Expected Outcome Performance: 70.0

Explain the contribution of socioeconomic status to health outcomes.

Expected Outcome Performance: 70.0

Identify and compare local and Federal programs and policies that can help alleviate poor health outcomes.

Expected Outcome Performance: 70.0

Additional SLO Information

Does this proposal include revisions that might improve student attainment of course learning outcomes?

No

Is this proposal submitted in response to learning outcomes assessment data?

No

If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.

No Value

SLO Evidence

No Value

Course Content

Lecture Content

What Creates Health Inequities? (16 hours)

- Social Determinants of Health
 - Ecological Model
- Regional Issues
 - Jobs
 - Access to Resources (food deserts)
 - Housing
 - Educational opportunities
 - Chronic Diseases
- Race
 - Historic origins of race in the United States
 - Social construct vs. biological category
 - Explicit/Implicit Bias
 - Stereotypes
 - Medical Inequities
- Gender
 - Explicit/Implicit Bias
 - Stereotypes
 - Medical Inequities
- Class
 - Education level
 - Socioeconomic status
 - Distribution of educational levels, income and wealth in the United States
 - Access to Resources
 - Clean air/water/green spaces
- Disability status
 - Americans with Disabilities Act
 - Built environment
 - Hidden disabilities

Government Policies that contribute to Health Inequities (6 hours)

- Environmental policies (corporation pollution)
- Redlining, poor housing quality
- Lack of Maternity Leave, Abortion Restrictions, Prenatal Care
- Labor Issues (minimum wage, restrictions on Unions)

Health Issues due to Inequities (6 hours)

- Diabetes
- Obesity
- Infectious Diseases
- Chronic Diseases
- Disabilities
- Asthma
- Addiction
- Suicide
- Gun Violence
- Premature Death

Healthcare (8 hours)

- Access to Healthcare Resources
- Access to Insurance (Private & Public)
- Policies
 - Medicare/Medicaid
 - Obamacare/Affordable Care Act

Solutions to Repair Healthcare Inequities (14 hours)

- Individual behavior change approach versus public health approach
- Advocacy
 - Minimum Wage
 - Raise the Poverty Line
 - Jobs
 - Neighborhood Clean-ups
- Community Organizing
 - Outreach, Organizing and Mobilizing

- Creating Green Spaces
- Food Delivery Programs
- Opening local clinics
- Government
 - Additional Research Studies
 - Policies & Programs to address Poverty
 - Policies & Programs to address racial and gender differentials
 - Access to Information & Resources
 - Program and Policy Development

Global Community and their Health Outcomes (4 hours)

- Countries with Universal Healthcare
- Countries without Universal Healthcare
- Comparative analysis of healthcare and insurance across the United States and globally

Total hours: 54