

PSYCH131 : Marriage And Intimate Relationships

General Information

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Course Code (CB01) :	PSYCH131
Course Title (CB02) :	Marriage And Intimate Relationships
Department:	PSYCH
Proposal Start:	Fall 2024
TOP Code (CB03) :	(2001.00) Psychology, General
CIP Code:	(42.0101) Psychology, General.
SAM Code (CB09) :	Non-Occupational
Distance Education Approved:	No
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000309845
Curriculum Committee Approval Date:	02/28/2024
Board of Trustees Approval Date:	Pending
Last Cyclical Review Date:	10/01/2018
Course Description and Course Note:	PSYCH 131 provides a sociological analysis of the family, including historical and recent changes, present nature and the socio-cultural and economic forces shaping these changes. Major topics will include single adulthood vs. married adulthood, the nature of historical and contemporary marriages, marital compatibility and conflict, marital adjustment, family dynamic interactions, including kinship roles, children vs. childless marriage, child-rearing techniques, dissolution, and speculations concerning the future of the family. Note: This course may not be taken for credit by students who have completed SOC 131.
Justification:	Content Change
Academic Career:	<ul style="list-style-type: none">Credit

Academic Senate Discipline

Primary Discipline:	<ul style="list-style-type: none">Psychology
Alternate Discipline:	<ul style="list-style-type: none">Sociology
Alternate Discipline:	No value

Course Development

Basic Skill Status (CB08)

Course is not a basic skills course.

Allow Students to Gain Credit by Exam/Challenge

Course Special Class Status (CB13)

Course is not a special class.

Pre-Collegiate Level (CB21)

Not applicable.

Grading Basis

- Grade with Pass / No-Pass Option

Course Support Course Status (CB26)

Course is not a support course

Transferability & Gen. Ed. Options

General Education Status (CB25)

Not Applicable

Transferability

Transferable to both UC and CSU

Transferability Status

Approved

IGETC Area	Area	Status	Approval Date	Comparable Course
4J-Sociology & Criminology	Sociology & Criminology	Approved	09/03/2013	No Comparable Course defined.

CSU GE-Breadth Area	Area	Status	Approval Date	Comparable Course
D0-Sociology and Criminology	Sociology and Criminology	Approved	09/03/2013	No Comparable Course defined.
E-Lifelong Learning and Self-Development	Lifelong Learning and Self-Development	Approved	No value	

C-ID	Area	Status	Approval Date	Comparable Course
SOCI	Sociology	Approved	09/03/2019	SOCI 130 - Introduction to Marriage and Family

Units and Hours

Summary

Minimum Credit Units (CB07)	3
Maximum Credit Units (CB06)	3
Total Course In-Class (Contact) Hours	54
Total Course Out-of-Class Hours	108
Total Student Learning Hours	162

Credit / Non-Credit Options

Course Type (CB04)

Credit - Degree Applicable

Noncredit Course Category (CB22)

Credit Course.

Noncredit Special Characteristics

No Value

Course Classification Code (CB11)

Credit Course.

Variable Credit Course

Funding Agency Category (CB23)

Not Applicable.

Cooperative Work Experience
 Education Status (CB10)

Weekly Student Hours

	In Class	Out of Class
Lecture Hours	3	6
Laboratory Hours	0	0
Studio Hours	0	0

Course Student Hours

Course Duration (Weeks)	18
Hours per unit divisor	0
Course In-Class (Contact) Hours	
Lecture	54
Laboratory	0
Studio	0
Total	54
Course Out-of-Class Hours	
Lecture	108
Laboratory	0
Studio	0
Total	108

Time Commitment Notes for Students

No value

Units and Hours - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

Pre-requisites, Co-requisites, Anti-requisites and Advisories

Advisory

ESL151 - Reading And Composition V

Objectives

- Read and critically analyze various academic readings.
- Summarize readings.
- Organize fully-developed essays in both expository and argumentative modes.
- Compose a 500 to 550-word essay which: summarizes and cites appropriately a reading passage; includes a clear thesis statement; uses evidence to support the thesis; shows clear organization into an introduction, body, and conclusion.
- Revise writing to eliminate errors in syntax, and grammatical constructions.

- Employ basic library research techniques.
- Compose one research paper (1,000 words) or two short research papers (500-700 words each) with citations.

OR

Advisory

ENGL101 - Introduction to College Reading and Composition

Objectives

- Read, analyze, and evaluate a variety of primarily non-fiction readings for content, context, and rhetorical merit with consideration of tone, audience, and purpose.
- Apply a variety of rhetorical strategies in writing unified, well-organized essays directed by a well-reasoned thesis statement with persuasive support.
- Develop varied and flexible strategies for generating, drafting, and revising essays.
- Analyze stylistic choices in their own writing and the writing of others.
- Write timed, in-class essays exhibiting acceptable college-level control of mechanics, organization, development, and coherence.
- Integrate the ideas of others through paraphrasing, summarizing, and quoting without plagiarism.
- Find, evaluate, analyze, and interpret primary and secondary sources, incorporating them into written essays using appropriate documentation format.
- Proofread and edit essays for presentation so they exhibit no disruptive errors in English grammar, usage, or punctuation.

Entry Standards

Entry Standards

Course Limitations

Cross Listed or Equivalent Course

SOC 131 Marriage & Intimate Relationships

Specifications

Methods of Instruction

Methods of Instruction

Lecture

Methods of Instruction

Discussion

Methods of Instruction

Multimedia

Methods of Instruction	Collaborative Learning			
Methods of Instruction	Demonstrations			
Methods of Instruction	Field Activites (Trips)			
Methods of Instruction	Guest Speakers			
Methods of Instruction	Presentations			
Out of Class Assignments				
<ul style="list-style-type: none"> Research papers using primary and secondary sources (i.e., theoretical analysis of the relatively high divorce rate in the U.S.) 				
Methods of Evaluation	Rationale			
Exam/Quiz/Test	Unit examinations			
In-Class Activity (answering journal prompt, group activity)	class participation in individual or group tasks to practice course exit standards			
In-Class Activity (answering journal prompt, group activity)	peer review of class participation in individual or group tasks to practice course exit standards			
In-Class Writing Assignment	Research papers (i.e., theoretical analysis of the relatively high divorce rate in the U.S.)			
Exam/Quiz/Test	Midterm examinations			
Presentation (group or individual)	Student presentations or projects (i.e., presentations on the different aspects of marriage)			
Exam/Quiz/Test	Final examination			
Textbook Rationale				
No Value				
Textbooks				
Author	Title	Publisher	Date	ISBN
Mary Ann Lamanna, Agnes Riedmann, and Susan D. Stewart	Marriage and Families: Making Choices in a Diverse Society	Cengage	2020	978-0-357-36874-9
Nijole Benokraitis	Marriages and Families: Changes, Choices and Constraints	Pearson	2018	978-0-134-72016-6

Other Instructional Materials (i.e. OER, handouts)

No Value

Materials Fee

No value

Learning Outcomes and Objectives**Course Objectives**

Demonstrate an understanding of major sociological theories to the social institution of the family.

Identify and discuss the family from cross-cultural, historical, and political perspectives.

Identify the intersection among race, ethnicity, class, immigration status, age, class, gender, and sexuality within the family.

Identify and understand the various kinship and family arrangements.

Describe and explain the basic dimensions of social inequality and social change.

SLOs

Compare and contrast cross-cultural and cross-societal marriages.

Expected Outcome Performance: 70.0

Describe and assess changing marital and family roles from a historical perspective.

Expected Outcome Performance: 70.0

Analyze family and dynamic interactions according to current family theorists.

Expected Outcome Performance: 70.0

Identify and assess California laws relating to marriage, dissolution, annulment and adoption.

Expected Outcome Performance: 70.0

Additional SLO Information

Does this proposal include revisions that might improve student attainment of course learning outcomes?

No Value

Is this proposal submitted in response to learning outcomes assessment data?

No Value

If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.

No Value

SLO Evidence

No Value

Course Content

Lecture Content

The Social Contexts of Marriage and Family (27 hours)

- History of Marriage and Family
- Early History: Recurrent Themes
- Colonial America
- The Victorian Family - 19th Century
- Families in Transition - 20th Century
- Families of the Future - 21st Century
- The Choice to Marry
- The Single Adult Lifestyle: Sexual and Emotional Options
- Intermediate Relationships: Living Apart with Commitment
- Marriage as a Lifestyle: Lifetime Commitment
- Developing a Relationship
- Romantic Love vs. Mature Love
- Pre-marital Sexuality
- Creating Intimacy
- Gender Roles in Marriage and Family
- Biological Sexual Differences
- Traditional Gender Role Patterns in Marriage and Family
- Non Traditional Gender Role Patterns in Marriage and Family
- Economics of Marriage and Family
- Families and Work
- Planning for Family Consumption
- Planning for Family in Other Cultures
- Legal Contracts in Marriage
- Marriage and Family in Other Cultures
- Western Societies
- Eastern Societies

The Psychological Contexts of Marriage and Family (27 hours)

- Communication and Conflict
- Components of Communication
- Process of Communication
- Conflict Resolution Techniques
- Family Planning
- Childfree Marriage
- Stages of Parenting: Pregnancy, Labor and Delivery
- Single Child Family
- Marriage and children
- Stages of childhood development
- Parenthood Preparation
- Pregnancy and childbirth
- Early years with children

- Adolescence: the challenge for parents
- The Empty Nest Era - restructuring the marriage
- Dysfunctional Families
- Child abuse: causes and prevention
- Spousal abuse: causes and prevention
- Emotional abuse in families
- Sexual abuse in families
- Marital Dissolution
- Legal and social aspects of dissolution
- Emotional aspects of dissolution
- Post-dissolution parenting choices
- The Blended Family • Parental dating options (post-dissolution)
- Remarriage • Step-parenting: roles and issues
- Alternative Family Styles
- Non-traditional Marriage
- Cohabitation
- Gay families
- Bi-cultural families

Total hours: 54