



2024-25 FACULTY AND STAFF
GRANT PROGRAM APPLICATION

Name of Project/Program: _____ Date: _____

Applicant's Name: _____

GCC Position: _____ Department: _____

E-mail: _____ Phone _____

Please check which category best describes your project:

- Arts & Culture
- Athletics & Fitness
- Career & Work Training
- College Operations & Facilities
- Humanities/Social Sciences
- Science & Technology
- Other

Amount requested: \$ _____

Please attach a one- to two-page typed request that provides a comprehensive summary of your project/program and establishes the need. Please include the following:

- What do you propose to do?
- Who will be involved in the project/program?
- What are the benefits of this project/program to the students, college, and the community?
- How does this project/program support the College's [Institutional Strategic Plan](#)?
- Timeline for the project/program.
- How do you propose to use the funds requested? Please include specific budget information.
- Please list any other sources of funding you have applied for and include dollar amounts if already awarded.
- How will the Foundation's support be recognized?
- How do you plan to evaluate this project's success?
- If your project/program is successful, how will it inform your practice moving forward?

Please email this completed and signed form along with your proposal to zjacobs@glendale.edu

Submission Deadline – Thursday, May 30, 2024 by 5:00 PM PST

Your signature indicates approval of this request to the Glendale College Foundation

Applicant's signature
Sona Donayan

Chair or Department Head Signature

Print name of Chair or Department Head

Grant Review Committee comments and/or recommendations:

This grant was denied/approved on _____ The amount awarded is \$ _____

Funding request for:
Step-Up to Good Nutrition
Elevating Campus Wellness and Health Through Nutrition
Academic Year 2024-2025

Project Summary

▪ *What do you propose to do?*

We will set up an “Ask a dietitian” table in Vaquero court, Sierra Vista court, or other hightraffic location for 10 - 2-hour sessions during the year on the highest traffic days of campus, . This table will be staffed by a faculty dietitian and nutrition, culinary, hospitality management program students conducting dietary analyses to interested campus community members, answering popular food & nutrition related questions, and providing healthy cooking tips, healthy food samples and handouts.

We will approach GCC’s wellness program to invite their potential participation.

▪ *Who will be involved in the project/program?*

Full time nutrition faculty members Sona Donayan and/or Mandy Nezami will be involved in the project we will have more contextualized teaching opportunities for our students by offering these “Ask a dietitian tables.”

▪ *What are the benefits of this project/program to the students, college, and the community?*

This program serves GCC’s ISP goal A to promote and Protect Anti-Racism, Diversity, Equity, Inclusion, and Accessibility throughout the school. It allows students to get exposed and experience elevated health and wellness through nutrition, to have access to meeting a dietitian and asking nutrition questions. The involved students will have the opportunity to experience interacting with peers, offering dietary analyses, and discussing health/wellness related topics in a contextualized learning model.

▪ *How does this project/program support the College’s Institutional Strategic Plan?*

This project will support the college’s ISP goal A by increasing accessibility to nutrition education for all GCC community members. It will expose involved students to the benefits of nutritious foods and recipes in an inclusive environment.

▪ *Timeline for the project/program.*

The project will span September 15, 2024, to June 15, 2025.

▪ *How do you propose to use the funds requested? Please include specific budget information.*

Each of the 10 sessions will have a budget of \$250 for food samples, nutrition education handouts, and nutrient analysis software costs for a total of \$2500 for the 10 sessions.

- Please list any other sources of funding you have applied for and include dollar amounts if already awarded.

No other sources of funding are available for this project

- How will the Foundation's support be recognized?

Marketing and communications of this project will bear the announcement: "This project was made possible by the Glendale College Foundation."

- How do you plan to evaluate this project's success?

After each session, we will have two methods of evaluation: 1. Ask the participants of the event to evaluate the session by scanning the survey QR code, answer a quick 5 survey question. The participants will stay anonymous. We will also send a follow up email to with a survey for anyone who might not have wanted to complete the survey at the table. Having 80% or more satisfaction with this fee nutrition intake assessment and counseling will be considered a success.

- If your project/program is successful, how will it inform your practice moving forward?

If the ask the dietitian table is successful, it will be adopted as an on-going practice of the nutrition department and contribute to its expansion.