

AD ST101 : Alcohol/Drug Abuse And Dependency

General Information

Author:	<ul style="list-style-type: none"> Benjamin Salazar
Course Code (CB01) :	AD ST101
Course Title (CB02) :	Alcohol/Drug Abuse And Dependency
Department:	AD ST
Proposal Start:	Winter 2025
TOP Code (CB03) :	(2104.40) Alcohol and Controlled Substances
CIP Code:	(51.1501) Substance Abuse/Addiction Counseling.
SAM Code (CB09) :	Possibly Occupational
Distance Education Approved:	No
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000219554
Curriculum Committee Approval Date:	05/08/2024
Board of Trustees Approval Date:	06/18/2024
Last Cyclical Review Date:	05/08/2024
Course Description and Course Note:	ADST 101 surveys the use and abuse of alcohol and other drugs in various cultures, their acute and chronic effects on the human body, and the development of psychological and physical dependence. An overview of current theories in dependency is presented. The course addresses the consequences of chemical dependency on the individual, the family system, and society.
Justification:	Mandatory Revision
Academic Career:	<ul style="list-style-type: none"> Credit
Author:	<ul style="list-style-type: none"> Benjamin Salazar

Academic Senate Discipline

Primary Discipline:	<ul style="list-style-type: none"> Addiction Paraprofessional Training
Alternate Discipline:	No value
Alternate Discipline:	No value

Course Development

Basic Skill Status (CB08) Course is not a basic skills course. <input type="checkbox"/> Allow Students to Gain Credit by Exam/Challenge	Course Special Class Status (CB13) Course is not a special class. Pre-Collegiate Level (CB21) Not applicable.	Grading Basis <ul style="list-style-type: none"> Grade with Pass / No-Pass Option Course Support Course Status (CB26) Course is not a support course
--	--	---

Transferability & Gen. Ed. Options

General Education Status (CB25)

Not Applicable

Transferability

Transferable to CSU only

Transferability Status

Approved

Units and Hours

Summary

Minimum Credit Units (CB07)	3
Maximum Credit Units (CB06)	3
Total Course In-Class (Contact) Hours	54
Total Course Out-of-Class Hours	108
Total Student Learning Hours	162

Credit / Non-Credit Options

Course Type (CB04)

Credit - Degree Applicable

Noncredit Course Category (CB22)

Credit Course.

Noncredit Special Characteristics

No Value

Course Classification Code (CB11)

Credit Course.

Variable Credit Course

Funding Agency Category (CB23)

Not Applicable.

Cooperative Work Experience

Education Status (CB10)

Weekly Student Hours

	In Class	Out of Class
Lecture Hours	3	6
Laboratory Hours	0	0
Studio Hours	0	0

Course Student Hours

Course Duration (Weeks)	18
Hours per unit divisor	0
Course In-Class (Contact) Hours	
Lecture	54
Laboratory	0
Studio	0
Total	54
Course Out-of-Class Hours	
Lecture	108
Laboratory	0
Studio	0
Total	108

Time Commitment Notes for Students

No value

Units and Hours - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
---------------	------	----------	--------------

No Value	No Value	No Value	No Value
----------	----------	----------	----------

Pre-requisites, Co-requisites, Anti-requisites and Advisories

Prerequisite

ENGL101+ - Introduction to College Reading and Composition

Objectives

- Read, analyze, and evaluate a variety of primarily non-fiction readings for content, context, and rhetorical merit with consideration of tone, audience, and purpose, utilizing annotation, notetaking and pre-reading strategies.
- Apply a variety of rhetorical strategies in writing well-organized essays directed by a well reasoned thesis statement with persuasive support, moving beyond pro/con binary arguments.
- Develop varied and flexible strategies for generating, drafting, and revising essays.
- Analyze stylistic choices in their own writing and the writing of others.
- Write timed, in-class essays exhibiting acceptable college-level control of mechanics, organization, development, and coherence.
- Integrate the ideas of others through paraphrasing, summarizing, and quoting without plagiarism.
- find, evaluate, analyze, and interpret primary and secondary sources, incorporating them into written essays using appropriate documentation format.
- Proofread and edit essays for presentation so they exhibit no disruptive errors in English grammar, usage, or punctuation.
- Utilize campus resources available to students for success in English courses.
- Apply habits of mind for success in English courses.

Entry Standards

Entry Standards

Course Limitations

Cross Listed or Equivalent Course

Specifications

Methods of Instruction

Methods of Instruction Lecture

Methods of Instruction Discussion

Methods of Instruction Multimedia

Methods of Instruction Guest Speakers

Out of Class Assignments

- Written assignments (e.g. a summary of a historical perspective on chemical dependency)
- Research paper (e.g. an analysis of psychological aspects of chemical dependency)

Methods of Evaluation

Rationale

Exam/Quiz/Test

Quizzes

Exam/Quiz/Test

Midterm(s)

Writing Assignment

Vocabulary assessments and written work

Exam/Quiz/Test

Final examination

Textbook Rationale

No Value

Textbooks

Author	Title	Publisher	Date	ISBN
Kinney, Jean	Loosening the Grip: A Handbook of Alcohol Information.	New York: McGraw-Hill,	2020	9781977221209

Other Instructional Materials (i.e. OER, handouts)

No Value

Materials Fee

No value

Learning Outcomes and Objectives

Course Objectives

Compare and contrast various psychological, sociological, learning, and behavioral theories on the development of alcohol dependency.

Distinguish between the effects of alcohol use, abuse, and dependency on adolescents, the elderly, women, and various ethnic and racial groups.

SLOs

Identify the effects of alcohol dependence on various aspects of society and the family system.

Expected Outcome Performance: 70.0

ILOs Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions;
Core cultivate creativity that leads to innovative ideas.
ILOs

Describe the acute and chronic effects of alcohol and other drug of abuse on the human body.

Expected Outcome Performance: 70.0

ILOs Communicate clearly, ethically, and creatively; listen actively and engage respectfully with others; consider situational, cultural, and personal
Core contexts within or across multiple modes of communication.
ILOs

Discuss alcohol use and abuse within various cultures and societies from a historical perspective.

Expected Outcome Performance: 70.0

ILOs Communicate clearly, ethically, and creatively; listen actively and engage respectfully with others; consider situational, cultural, and personal
Core contexts within or across multiple modes of communication.
ILOs

Reflect and act upon personal responsibility as local and global citizens; respect and appreciate social and cultural diversity and recognize the complexity of the world; value and articulate the significance of environmental sustainability and social justice.

Additional SLO Information

Does this proposal include revisions that might improve student attainment of course learning outcomes?

No

Is this proposal submitted in response to learning outcomes assessment data?

No

If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.

No Value

SLO Evidence

No Value

Course Content

Lecture Content

Historical Perspective of Alcohol Use and Abuse (15 hours)

- Ancient Greek, Roman, and Egyptian societies
- Patterns in America
- Impact of social/cultural changes
- Evolution of treatment movements
- Current scope of alcohol/drug related problems

Physiological Aspects of Dependency on Alcohol and Other Drugs (12 hours)

- Acute and chronic effects
- Alcohol related diseases and disorders
- Medical treatment of acute and chronic effects of alcohol

Psychological Aspects of Alcohol Dependency (Alcoholism) (14 hours)

- Definitions and terminology
- Implications and criticisms of disease concept
- Classification of phases/species of alcoholism/alcoholics
- Guidelines for diagnosis
- Current research

Alcohol and Drug Use in Selected Populations (13 hours)

- Adolescent alcohol/drug use and treatment
- Patterns of alcohol and drug use in college students
- Alcohol and drug problems among the elderly
- Special considerations in working with female alcoholics/addicts
- Alcohol and drug abuse in the workplace
- Working with alcoholics/addicts from different cultures

Total hours: 54

Additional Information

Is this course proposed for GCC Major or General Education Graduation requirement? If yes, indicate which requirement in the two areas provided below.

No Value

GCC Major Requirements

No Value

GCC General Education Graduation Requirements

No Value

Repeatability

Not Repeatable

Justification (if repeatable was chosen above)

No Value

Resources

Did you contact your departmental library liaison?

No

If yes, who is your departmental library liaison?

No Value

Did you contact the DEIA liaison?

No

Were there any DEIA changes made to this outline?

No Value

If yes, in what areas were these changes made:

No Value

Will any additional resources be needed for this course? (Click all that apply)

- No

If additional resources are needed, add a brief description and cost in the box provided.

No Value