

## STV66 : Certified Nursing Aide

### General Information

Author:	<ul style="list-style-type: none"><li>• Maria Czech</li><li>• Perner, Kimberli</li></ul>
Course Code (CB01) :	STV66
Course Title (CB02) :	Certified Nursing Aide
Department:	STV
Proposal Start:	Spring 2025
TOP Code (CB03) :	(1230.30) Certified Nurse Assistant
CIP Code:	(51.3902) Nursing Assistant/Aide and Patient Care Assistant/Aide.
SAM Code (CB09) :	Clearly Occupational
Distance Education Approved:	Yes
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000618106
Curriculum Committee Approval Date:	04/10/2024
Board of Trustees Approval Date:	06/18/2024
Last Cyclical Review Date:	04/10/2024
Course Description and Course Note:	STV 66 provides workforce preparation for basic nursing care in the direct care of patients in a variety of settings. Focus is on direct care of the client, promotion of comfort measures, and collection of Lab specimens, recording and reporting of data to licensed personnel. Principles of critical thinking, team building, ethics, caring, and cultural sensitivity are integrated throughout the course. Students who complete this course are qualified to take the California Certification Exam. Lecture 60-80 hours and Laboratory 100-160 hours.
Justification:	Content Change
Academic Career:	<ul style="list-style-type: none"><li>• Noncredit</li></ul>
Author:	<ul style="list-style-type: none"><li>• Maria Czech</li><li>• Perner, Kimberli</li></ul>

### Academic Senate Discipline

Primary Discipline:	<ul style="list-style-type: none"><li>• Health and Safety: Non-Credit</li></ul>
Alternate Discipline:	No value
Alternate Discipline:	No value

## Course Development

### Basic Skill Status (CB08)

Course is not a basic skills course.

Allow Students to Gain Credit by Exam/Challenge

### Course Special Class Status (CB13)

Course is not a special class.

### Pre-Collegiate Level (CB21)

Not applicable.

### Grading Basis

- Pass / No-Pass Only

### Course Support Course Status (CB26)

Course is not a support course

## Transferability & Gen. Ed. Options

### General Education Status (CB25)

Not Applicable

### Transferability

Not transferable

### Transferability Status

Not transferable

## Units and Hours

### Summary

**Minimum Credit Units (CB07)** 0

**Maximum Credit Units (CB06)** 0

**Total Course In-Class (Contact) Hours** 160 - 240

**Total Course Out-of-Class Hours** 0 - 0

**Total Student Learning Hours** 160 - 240

### Credit / Non-Credit Options

#### Course Type (CB04)

Non-Credit

#### Noncredit Course Category (CB22)

Short-Term Vocational.

#### Noncredit Special Characteristics

No Value

#### Course Classification Code (CB11)

Workforce Preparation Enhanced Funding.

#### Funding Agency Category (CB23)

This course was partially developed using Economic Development funds.

- Cooperative Work Experience  
 Education Status (CB10)

Variable Credit Course

### Weekly Student Hours

	In Class	Out of Class
Lecture Hours	60 - 80	0
Laboratory Hours	100 - 160	0
Studio Hours	0	0

### Course Student Hours

<b>Course Duration (Weeks)</b>	18
<b>Hours per unit divisor</b>	54
<b>Course In-Class (Contact) Hours</b>	
Lecture	60 - 80
Laboratory	100 - 160
Studio	0
<b>Total</b>	160 - 240
<b>Course Out-of-Class Hours</b>	
Lecture	0
Laboratory	0
Studio	0
<b>Total</b>	0

## Time Commitment Notes for Students

Hours for minimum lecture and lab are dictated by the California Department of Public Health

## Units and Hours - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

## Pre-requisites, Co-requisites, Anti-requisites and Advisories

## Advisory

### ESL30 - ENGLISH AS A SECOND LANGUAGE LEVEL 3

#### Objectives

- Write paragraphs at the low-intermediate level with sufficient unity.
- Develop coherence and mechanical accuracy.
- Demonstrate mastery of grammatical structures studied at a level sufficient to pass unit tests and the divisional grammar mastery test for this level.
- Converse at a functional level adequate for everyday use on the campus and in the community.
- Respond to questions about recorded and live speeches, dialogues, role plays, and lectures.
- Decode 2,500-word reading passages, respond to inference and recall questions, and utilize a monolingual English dictionary to advantage.

## Entry Standards

### Entry Standards

Compute problems dealing with whole numbers, fractions, decimals, and percent.

## Course Limitations

Cross Listed or Equivalent Course

## Specifications

### Methods of Instruction

Methods of Instruction                      Lecture

Methods of Instruction                      Laboratory

Methods of Instruction                      Discussion

Methods of Instruction                      Multimedia

Methods of Instruction                      Independent Study

Methods of Instruction                      Collaborative Learning

Methods of Instruction                      Demonstrations

### Out of Class Assignments

N/A

### Methods of Evaluation

### Rationale

Activity (answering journal prompt, group activity)

Completion of skills checklists

Presentation (group or individual)

Observation and discussion of demonstrations

Exam/Quiz/Test

Cumulative course exam

### Textbook Rationale

The Workbook for Hartman's Nursing Assistant Care: the Basics (<https://glendale.elumenapp.com/elumen/page?actionMethod=to&page=%2Fjsp%2Fworkflow%2FworkflowWithChanges%2FworkflowWithChanges.jsp&jsonObjectId=cc2600a7-e6ee-40a4-a6f2-6ea31e7fc06d1696538270994&viewType=outline&fromUrl=https%3A%2F%2Fglendale.elumenapp.com%2Felumen%2Ftray%3FactionClass%3Dvieworg%26processType%3Dnavigate%26toRole%3DC%25261%2BRep%26filterJson%3D%26review-filters#>) is the latest edition. As of now, later editions could not be found.

### Textbooks

Author	Title	Publisher	Date	ISBN
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National Learning Corporation	Certified Nursing Assistant	Passbooks	2019	9781731864550
Jetta Lee Fuzy	Hartman's Nursing Assistant Care: the Basics	Hartman Publishing	2019	9781604251005
Hartman Publishing	Workbook for Hartman's Nursing Assistant Care: the Basics	Hartman Publishing	2014	9781604250510
Sheila A. Sorrentino PhD RN, Leighann Remmert MS RN	Mosby's Textbook for Nursing Assistants - Textbook and Workbook Package 10th Edition	Mosby	2020	978-0323763653
<b>Other Instructional Materials (i.e. OER, handouts)</b>				
No Value				
<b>Materials Fee</b>				
No value				

<b>Learning Outcomes and Objectives</b>	
<b>Course Objectives</b>	
Provide basic care to residents of nursing facilities.	
Communicate and interact therapeutically with residents and their families, with sensitivity to the physical, social, and mental needs of patients.	
Assist patients in attaining maximum functional independence.	
Protect, support and promote the rights of patients.	
Demonstrate skill in observing, reporting and documentation.	
Function effectively as a member of the health care team.	
Apply the principles of infection control specific to nursing assisting.	
Assist with restorative (rehabilitative) activities.	
<b>SLOs</b>	
<b>Perform nursing assistant procedures safely and effectively, including accurate measurement of vital signs, transfer techniques, bathing/grooming principles and feeding techniques.</b> Expected Outcome Performance: 70.0	
<i>ILOs</i> Core ILOs	Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate creativity that leads to innovative ideas.
	Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.
<i>STV</i> Certified Nursing Aide Certificate of Completion	Perform nursing assistant procedures safely and effectively, including accurate measurement of vital signs, transfer techniques, bathing/grooming principles and feeding techniques.
<b>Identify and address the needs of clients undergoing various stages of care including long- term care, rehabilitative care, and the dying process.</b> Expected Outcome Performance: 70.0	
<i>ILOs</i> Core ILOs	Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate creativity that leads to innovative ideas.
	Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.
<i>STV</i> Certified Nursing Aide Certificate of Completion	Identify and address the needs of clients undergoing various stages of care including long-term care, rehabilitative care, and dying process

## Additional SLO Information

Does this proposal include revisions that might improve student attainment of course learning outcomes?

No

Is this proposal submitted in response to learning outcomes assessment data?

No

If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.

No Value

SLO Evidence

No Value

## Course Content

### Lecture Content

#### Introduction to Certified Nursing (2 hours)

- Role and responsibilities of the Certified Nursing Assistant
- Title 22: State Regulations pertaining to Certified Nursing Assistant Programs
- Requirements for nurse assistant certification
- Professionalism
- Ethics and confidentiality

#### Patients' Rights (3-4 hours)

- Title 22 Health and Safety Code
- Code of Federal Regulations regarding
- Nurse Aide Training and Competency Evaluation
- Ombudsman
- CNA's role in monitoring patient/residents' rights
- Patient/residents' rights for security, belonging, self-esteem, and privacy

#### Communication and Interpersonal Skills (2-3 hours)

- Communications
- Defense mechanisms
- Socio-cultural factors
- Attitudes- illness/health care
- Family interaction
- Recognition and reporting of unmet needs
- Barriers to communication

#### Prevention and Management of Catastrophe and Unusual Occurrences (1 hour)

- Emergency Care Procedures
- General safety rules
- Fire and disaster plans
- Roles and procedures for C.N.A.
- Patient Safety

#### Body Mechanics (2-3 hours)

- Basic body mechanics
- Transfer techniques
- Ambulation techniques
- Proper body mechanics/positioning techniques

#### Medical and Surgical Asepsis (2-3 hours)

- Body's lines of defense
- Microorganisms
- Universal precautions
- Principals of asepsis

#### Weights and Measures (1 hour)

- Metric system
- Weight, length, and liquid volume measurements
- Military time, i.e., a 24-hour clock

#### Patient Care Skills (14-18 hours)

- Bathing/medicinal baths
- Dressing
- Oral Hygiene
- Hair care, shampoo, medicinal shampoo, nail care, shaving
- Prosthetic devices
- Skin care/decubitus ulcers
- Elimination needs
- Bowel and bladder retraining
- Weighing/measuring the patient

#### Patient Care Procedures (7-9 hours)

- Collection of specimens: stool, urine, and sputum
- Care of patient with tubing: gastric, oxygen, urinary, IV. This care does not include inserting, suctioning, or changing the tubes.
- Intake and output
- Bed making
- Cleansing enemas, laxative suppositories
- Admission, transfer, discharge
- Bandages, non-sterile dry dressing application of non-legend topical ointments to intact skin

#### Vital Signs (3-4 hours)

- Purpose of vital signs
- Factors affecting vital signs
- Normal ranges
- Methods of measurement
- Temperature, pulse, respiration
- Blood pressure

- Abnormalities
- Recording

#### **Nutrition (2-3 hours)**

- Proper nutrition
- Feeding technique
- Diet therapy
- Modification of diet due to culture and religion
- Alternative ways to administer nutrients

#### **Emergency Procedures (2-3 hours)**

- Signs and symptoms of distress
- Immediate and temporary intervention
- Emergency codes

#### **Long-term Care Resident (5-7 hours)**

- Needs of persons with retardation, Alzheimer's, cerebral palsy, epilepsy, dementia, mental illness
- Body systems and organs
- Physical and behavioral needs and changes
- Community resources available
- Psychological, social, and recreational needs
- Common diseases/disorders, including signs and symptoms

#### **Rehabilitative Nursing (2-3 hours)**

- Promoting patient potential and goals to independence
- Devices and equipment
- Activities of Daily Living (ADLs)
- Family interactions
- Complications of inactivity
- Ambulation
- Range of Motion (ROM)

#### **Observation and Charting (4-5 hours)**

- Observation of patients and reporting responsibilities
- Patient care plan
- Patient care documentation
- Legal issues of charting
- Medical terminology and abbreviations

#### **Death and Dying (2-3 hours)**

- Stages of grief
- Emotional and spiritual needs of patient and family
- Rights of dying patient
- Signs of approaching death
- Monitoring the patient
- Postmortem care

#### **Handling Abuse (6-8 hours)**

- Definition of
- Child abuse and neglect
- Elder abuse
- Emotional, mental, and physical
- Prevention
- Reporting

**Total hours: 60-80**

#### **Laboratory/Studio Content**

##### **Patients' Rights (1-2 hours)**

- Title 22 Health and Safety Code
- Code of Federal Regulations regarding
- Nurse Aide Training and Competency Evaluation
- Ombudsman
- CNA's role in monitoring patient/residents' rights
- Patient/residents' rights for security, belonging, self-esteem, and privacy

##### **Prevention and Management of Catastrophe and Unusual Occurrences (1-2 hours)**

- Emergency Care Procedures
- General safety rules
- Fire and disaster plans
- Roles and procedures for C.N.A.
- Patient Safety

##### **Body Mechanics (4-6 hours)**

- Basic body mechanics
- Transfer techniques
- Ambulation techniques
- Proper body mechanics/positioning techniques

##### **Medical and Surgical Asepsis (8-12 hours)**

- Body's lines of defense
- Microorganisms
- Universal precautions
- Principles of asepsis

##### **Weights and Measures (1-2 hours)**

- Metric system
- Weight, length, and liquid volume measurements
- Military time, i.e., a 24-hour clock

##### **Patient Care Skills (40-64 hours)**

- Bathing/medicinal baths
- Dressing
- Oral Hygiene
- Hair care, shampoo, medicinal shampoo, nail care, shaving
- Prosthetic devices
- Skin care/decubitus ulcers
- Elimination needs
- Bowel and bladder retraining
- Weighing/measuring the patient

**Patient Care Procedures (20-32 hours)**

- Collection of specimens: stool, urine, and sputum
- Care of patient with tubing: gastric, oxygen, urinary, IV. This care does not include inserting, suctioning, or changing the tubes.
- Intake and output
- Bed making
- Cleansing enemas, laxative suppositories
- Admission, transfer, discharge
- Bandages, non-sterile dry dressing application of non-legend topical ointments to intact skin

**Vital Signs (6-10 hours)**

- Purpose of vital signs
- Factors affecting vital signs
- Normal ranges
- Methods of measurement
- Temperature, pulse, respiration
- Blood pressure
- Abnormalities
- Recording

**Nutrition (6-10 hours)**

- Proper nutrition
- Feeding technique
- Diet therapy
- Modification of diet due to culture and religion
- Alternative ways to administer nutrients

**Emergency Procedures (1-2 hours)**

- Signs and symptoms of distress
- Immediate and temporary intervention
- Emergency codes

**Long-term Care Resident (4-6 hours)**

- Needs of persons with retardation, Alzheimer's, cerebral palsy, epilepsy, dementia, mental illness
- Body systems and organs
- Physical and behavioral needs and changes
- Community resources available
- Psychological, social, and recreational needs
- Common diseases/disorders, including signs and symptoms

**Rehabilitative Nursing (4-6 hours)**

- Promoting patient potential and goals to independence
- Devices and equipment
- Activities of Daily Living (ADLs)
- Family interactions
- Complications of inactivity
- Ambulation
- Range of Motion (ROM)

**Observation and Charting (4-6 hours)**

- Observation of patients and reporting responsibilities
- Patient care plan
- Patient care documentation
- Legal issues of charting
- Medical terminology and abbreviations

**Total hours: 100-160****Additional Information**

Is this course proposed for GCC Major or General Education Graduation requirement? If yes, indicate which requirement in the two areas provided below.

No

**GCC Major Requirements**

No Value

**GCC General Education Graduation Requirements**

No Value

**Repeatability**

Repeatable

**Justification (if repeatable was chosen above)**

Non-credit courses

**Resources**

Did you contact your departmental library liaison?

No

If yes, who is your departmental library liaison?

No Value

Did you contact the DEIA liaison?

No

Were there any DEIA changes made to this outline?

No

If yes, in what areas were these changes made:

No Value

Will any additional resources be needed for this course? (Click all that apply)

- No

If additional resources are needed, add a brief description and cost in the box provided.

No Value