

## KIN50 : Internship in Kinesiology

### General Information

Author:	<ul style="list-style-type: none"><li>Erin Calderone</li></ul>
Course Code (CB01) :	KIN50
Course Title (CB02) :	Internship in Kinesiology
Department:	KIN
Proposal Start:	Winter 2025
TOP Code (CB03) :	(1270.00) Kinesiology
CIP Code:	(31.0505) Exercise Science and Kinesiology.
SAM Code (CB09) :	Clearly Occupational
Distance Education Approved:	No
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000617640
Curriculum Committee Approval Date:	05/22/2024
Board of Trustees Approval Date:	07/16/2024
Last Cyclical Review Date:	05/22/2024
Course Description and Course Note:	KIN 50 is a discipline-specific course, which allows students to earn from 1-3 units for structured, supervised work on-campus or off-campus in the field of kinesiology under the supervision of a faculty advisor. It is designed to provide students with hands-on, discipline-linked work experience that will extend their knowledge and understanding of career demands in kinesiology. Note: This course is Pass/No Pass only. Note: This course may be taken four times; a maximum of 12 units may be earned. Students must arrange an approved internship prior to enrolling in this class.
Justification:	Mandatory Revision
Academic Career:	<ul style="list-style-type: none"><li>Credit</li></ul>
Mode of Delivery:	
Author:	
Course Family:	

### Academic Senate Discipline

Primary Discipline:	<ul style="list-style-type: none"><li>Kinesiology</li></ul>
Alternate Discipline:	No value
Alternate Discipline:	No value

## Course Development

### Basic Skill Status (CB08)

Course is not a basic skills course.

Allow Students to Gain Credit by Exam/Challenge

### Course Special Class Status (CB13)

Course is not a special class.

### Pre-Collegiate Level (CB21)

Not applicable.

### Grading Basis

- Pass / No-Pass Only

### Course Support Course Status (CB26)

Course is not a support course

## General Education and C-ID

### General Education Status (CB25)

Not Applicable

### Transferability

Transferable to CSU only

### Transferability Status

Approved

## Units and Hours

### Summary

**Minimum Credit Units (CB07)** 1

**Maximum Credit Units (CB06)** 3

**Total Course In-Class (Contact) Hours** 54 - 162

**Total Course Out-of-Class Hours** 0 - 0

**Total Student Learning Hours** 54 - 162

### Credit / Non-Credit Options

#### Course Type (CB04)

Credit - Degree Applicable

#### Noncredit Course Category (CB22)

Credit Course.

#### Noncredit Special Characteristics

No Value

#### Course Classification Code (CB11)

Credit Course.

Variable Credit Course

#### Funding Agency Category (CB23)

Not Applicable.

Cooperative Work Experience

Education Status (CB10)

### Weekly Student Hours

	In Class	Out of Class
Lecture Hours	0	0
Laboratory Hours	3 - 9	0
Studio Hours	0	0

### Course Student Hours

<b>Course Duration (Weeks)</b>	18
<b>Hours per unit divisor</b>	54
<b>Course In-Class (Contact) Hours</b>	
Lecture	0
Laboratory	54 - 162
Studio	0

**Total**

54 - 162

**Course Out-of-Class Hours**

Lecture	0
Laboratory	0
Studio	0
<b>Total</b>	0

**Time Commitment Notes for Students**

No value

**Units and Hours - Weekly Specialty Hours**

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

**Pre-requisites, Co-requisites, Anti-requisites and Advisories**

**Prerequisite**

Enrollment in appropriate Kinesiology theory or lab course at GCC.

**OR**

**Co-Requisite**

Enrollment in appropriate Kinesiology theory or lab course at GCC.

**AND**

**Advisory**

ENGL101 - Introduction to College Reading and Composition

**Objectives**

- Read, analyze, and evaluate a variety of primarily non-fiction readings for content, context, and rhetorical merit with consideration of tone, audience, and purpose.
- Develop varied and flexible strategies for generating, drafting, and revising essays.
- Integrate the ideas of others through paraphrasing, summarizing, and quoting without plagiarism.
- Find, evaluate, analyze, and interpret primary and secondary sources, incorporating them into written essays using appropriate documentation format.
- Proofread and edit essays for presentation so they exhibit no disruptive errors in English grammar, usage, or punctuation.

**OR**

**Advisory**

ESL151 - Reading And Composition V

**Objectives**

- Read and critically analyze various academic readings.
- Summarize readings.
- Revise writing to eliminate errors in syntax, and grammatical constructions.
- Employ basic library research techniques.

## Entry Standards

Entry Standards

Adhere to the proposed internship facility's standards of practice and ethical code of conduct.

Demonstrate sufficient understanding of discipline specific terminology, theory and practices acceptable for internship at the host facility.

## Course Limitations

Cross Listed or Equivalent Course

No value

## Specifications

Methods of Instruction

Methods of Instruction

Discussion

Methods of Instruction

Multimedia

Methods of Instruction

Tutorial

Methods of Instruction

Collaborative Learning

Methods of Instruction

Demonstrations

Methods of Instruction

Field Activities (Trips)

Methods of Instruction

Guest Speakers

<b>Methods of Instruction</b>	Presentations			
<b>Methods of Instruction</b>	Laboratory			
<b>Out of Class Assignments</b>				
<ul style="list-style-type: none"> <li>• Journal (e.g. documentation of duties performed)</li> <li>• Written assignments (e.g. research of industry-specific educational requirements)</li> <li>• Final resume</li> <li>• Final project (e.g. professional portfolio)</li> </ul>				
<b>Methods of Evaluation</b>	<b>Rationale</b>			
Evaluation	Internship facility supervisor's evaluation of student			
Activity (answering journal prompt, group activity)	Reports (e.g. weekly reports of reflections on internship experiences)			
Writing Assignment	Student self-evaluation (e.g. self-assessment of internship performance)			
<b>Textbook Rationale</b>				
No Value				
<b>Textbooks</b>				
<b>Author</b>	<b>Title</b>	<b>Publisher</b>	<b>Date</b>	<b>ISBN</b>
No Value	No Value	No Value	No Value	No Value
<b>Other Instructional Materials (i.e. OER, handouts)</b>				
<b>Description</b>	Instructor-generated reading materials.			
<b>Author</b>	No value			
<b>Citation</b>	No value			
<b>Online Resource(s)</b>				
<b>Materials Fee</b>				
No value				

<b>Learning Outcomes and Objectives</b>				
<b>Course Objectives</b>				
Demonstrate an understanding of the professional and educational minimum qualifications for employment and advancement within the target career/discipline.				

Demonstrate effective professional practices and soft skills of a specific career/discipline.

Demonstrate basic occupational competencies (knowledge, skills and abilities) required for employment in the target career/discipline.

Analyze personal performance of specific skills related to the target career/discipline.

Compose a resume.

## SLOs

**Demonstrate basic occupational competencies required for employment in the target career/discipline.** Expected Outcome Performance: 70.0

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<i>ILOs</i> Core ILOs	Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate creativity that leads to innovative ideas.
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	Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.
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	Practice ethical and responsible behavior within personal, academic, professional, social, and societal contexts; recognize and welcome diverse lifestyle choices that promote physical, intellectual, psychological, and social well-being.
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<i>KIN</i> Fitness Specialist - A.S. Degree Major	apply knowledge, skills and abilities required for the NASM-CPT and AFAA-GFI exams
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<i>KIN</i> Fitness Specialist - Certificate	demonstrate knowledge, skills and abilities required for the NASM-CPT and AFAA-GFI exams
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## Additional SLO Information

**Does this proposal include revisions that might improve student attainment of course learning outcomes?**

No

**Is this proposal submitted in response to learning outcomes assessment data?**

No

**If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.**

No Value

**SLO Evidence**

No Value

## Course Content

**Lecture Content**

No value

## Laboratory/Studio Content

### Internship (54-162 hours)

- On-the-job shadowing of current employees
- Research of current industry trends
- Interviews and surveys of employers, employees and clients
- Assisting with the operations of the internship site
- Designing and leading movement sessions under supervisor direction
- Practice and application of record keeping
- Assisting with maintenance of the host facility professional standards, including set up and tear down of equipment
- Providing customer service as needed

**Total hours: 54-162**

## Additional Information

Is this course proposed for GCC Major or General Education Graduation requirement? If yes, indicate which requirement in the two areas provided below.

No

### GCC Major Requirements

No Value

### GCC General Education Graduation Requirements

No Value

### Repeatability

Not Repeatable

### Justification (if repeatable was chosen above)

No Value

## Resources

Did you contact your departmental library liaison?

No

If yes, who is your departmental library liaison?

Becka Cooling (Kinesiology, Social Sciences)

Did you contact the DEIA liaison?

No

Were there any DEIA changes made to this outline?

No

If yes, in what areas were these changes made:

No Value

**Will any additional resources be needed for this course? (Click all that apply)**

- No

**If additional resources are needed, add a brief description and cost in the box provided.**

No Value