# **PSYCH203: Physiological Psychology Lab**

### **General Information**

Author: Michelle Stonis

Course Code (CB01): PSYCH203

Course Title (CB02): Physiological Psychology Lab

Department: **PSYCH Proposal Start:** Fall 2024

TOP Code (CB03): (2001.00) Psychology, General CIP Code: (42.0101) Psychology, General.

SAM Code (CB09): Non-Occupational

**Distance Education Approved:** Yes Will this course be taught Nο

asynchronously?:

Course Control Number (CB00): CCC000532475 **Curriculum Committee Approval Date:** 06/12/2024 **Board of Trustees Approval Date:** 07/16/2024 10/01/2018 Last Cyclical Review Date:

**Course Description and Course Note:** PSYCH 203 is an introductory science laboratory course that surveys structure and function

> of the nervous system, neurological correlates of behavior, psychophysiological research methodology, and scientific research investigation. Main topics include neuroanatomy, behavioral neuroscience, consciousness, emotion, stress, sensation and perception of vision,

audition, touch, olfaction, and gustation.

Justification: Mandatory Revision

**Academic Career:** Credit

Mode of Delivery:

Author:

Course Family:

# **Academic Senate Discipline**

**Primary Discipline:** Psychology

Alternate Discipline: No value Alternate Discipline: No value

Course Development				
Paris Chill Chatter (CDOO)		arman Curanial Class Sta	+ (CD12)	
Basic Skill Status (CB08)  Course is not a basic skills course.		Course Special Class Status (CB13)		Grading Basis
Course is not a basic skills course.	C	Course is not a special class.		Grade with Pass / No-Pass Option
Allow Students to Gain Credit	by P	Pre-Collegiate Level (CB21)		Course Support Course Status (CB26)
Exam/Challenge	N	lot applicable.		Course is not a support course
General Education and	C-ID			
General Education Status (CB2	?5)			
Not Applicable				
Transferability			Transferability Stat	tus
Transferable to both UC and CSU			Approved	
IGETC Area	Area	Status	Approval Date	Comparable Course
5C-Science Laboratory	Science Laboratory	Approved	09/04/2012	No Comparable Course defined.
CSU GE-Breadth Area	Area	Status	Approval Date	Comparable Course
B3-Laboratory Activity	Laboratory	Approved	09/04/2012	No Comparable Course defined.
	Activity			
Units and Hours				
Summary				
Minimum Credit Units	1			
(CB07)				
Maximum Credit Units	1			
(CB06)				
Total Course In-Class (Contact) Hours	54			
Total Course Out-of-Class	0			
Hours	O			
Total Student Learning	54			
Hours				
Credit / Non-Credit Opt	ions			
Course Type (CB04)	N	Noncredit Course Cate	gory (CB22)	Noncredit Special Characteristics
Credit - Degree Applicable	C	Credit Course.		No Value
Course Classification Code (CB1	1) F	unding Agency Categ	ory (CB23)	Cooperative Work Experience
Credit Course.		Not Applicable.		Education Status (CB10)

# **Weekly Student Hours**

	In Class	Out of Class	Course Duration (Weeks)	18
Lecture Hours	0	0	Hours per unit divisor	0
Laboratory	3	0	Course In-Class (Contact) Ho	urs
Hours	•	•	Lecture	0
Studio Hours	0	0	Laboratory	54
			Studio	0
			Total	54
			Course Out-of-Class Hours	
			Lecture	0
			Laboratory	0
			Studio	0
			Total	0

**Course Student Hours** 

### **Time Commitment Notes for Students**

No value

# **Units and Hours - Weekly Specialty Hours**

Activity Name	Туре	In Class	Out of Class
No Value	No Value	No Value	No Value

### Pre-requisites, Co-requisites, Anti-requisites and Advisories

### Co-Requisite

PSYCH103 - Physiological Psychology

(PSYCH 103 may be taken concurrently)

OR

# **Prerequisite**

PSYCH103 - Physiological Psychology

#### **Objectives**

- Define and use basic biological, physiological, and psychological terminology of the neurosciences.
- Differentiate among specialty areas within biological psychology and the related disciplines within the neurosciences and the types of research that characterize the biopsychological approach.
- Summarize the major issues in human evolution, genetics, and behavioral development that underlie the "biology of behavior."
- Generate and explicate concrete examples of invasive vs. noninvasive research methods and the general principles of research ethics for the study of animals and human beings, including the research safeguards and the peer-review process in science.
- Explain scientific approaches used in methodologies for the study of brain-behavior relationships.
- Explain the general anatomy and physiology of the nervous system and its relationship to behavior.
- Describe neural conduction and synaptic transmission.
- Discuss the role of the neuroendocrine system as it relates to behavior.

	orain-behavior relationships including ingestive behavior, motivation, sexual behavior, sleep, ependence, and psychiatric disorders such as affective disorders and schizophrenia.
Entry Standards	
Entry Standards	
Occurs a Limitation o	
Course Limitations	
Cross Listed or Equivalent Course	
Specifications	
Methods of Instruction	
Methods of Instruction	Lecture
Methods of Instruction	Laboratory
Methods of Instruction	Discussion
Methods of Instruction	Multimedia
Methods of Instruction	Collaborative Learning
Methods of Instruction	Demonstrations
Methods of Instruction	Field Activites (Trips)
Methods of Instruction	Guest Speakers

### **Out of Class Assignments**

- Homework assignment (e.g., diagram and label facial muscles recorded for electromyography)
- Short papers or essays demonstrating application of concepts and critical thinking skills (e.g., written critique of a journal article's conclusions)
- Research paper (e.g., final project report regarding student's experimental hypothesis, rationale, methods, results, and interpretation)
- Individual projects (e.g., design experiment to compare levels of stress hormone)
- Group project (e.g., present results on experiment regarding electrodermal activation)

Methods of Evaluation	Rationale
Activity (answering journal prompt, group activity)	Answering journal prompt on class activities
Exam/Quiz/Test	Practical examination
Presentation (group or individual)	Oral presentation
Exam/Quiz/Test	Examinations requiring demonstration of course exit standards
Other	Peer review or critique of student work
Evaluation	Instructor evaluation of in-class assignments
Presentation (group or individual)	Instructor evaluation of in-class presentations
Evaluation	Evaluation of technical skills
Textbook Rationale	
No Value	

### **Textbooks**

Author	Title	Publisher	Date	ISBN
Pinel, John	Biopsychology	Pearson	2018	978-0134203690
i iici, joiiii	ыорзусноюду	i carson	2010	370 0134203030

# Other Instructional Materials (i.e. OER, handouts)

No Value

#### **Materials Fee**

No value

Learning	Outcomes	and Ob	jectives
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# **Course Objectives**

Apply procedures of psychophysiological research methods.

Test hypotheses regarding psychophysiological mechanisms that underlie behavior by designing experiments and evaluating the results.

Analyze the	neurological correlates of behavior.	
SLOs		
Explain the	structure and function of the nervous system.	Expected Outcome Performance: 70.0
ILOs Core ILOs	Communicate clearly, ethically, and creatively; listen actively and engage respectfully with personal contexts within or across multiple modes of communication.	others; consider situational, cultural, and
SOC S Social Sciences	Demonstrate critical thinking skills and a basic understanding of the complex interrelation biophysical environment	nships between human kind and the
Assess and	critically analyze procedures of psychophysiological research methods.	Expected Outcome Performance: 70.0
ILOs Core ILOs	Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue cultivate creativity that leads to innovative ideas.	a line of inquiry, and derive conclusions;

# **Additional SLO Information**

Does this proposal include revisions that might improve student attainment of course learning outcomes?

No

Is this proposal submitted in response to learning outcomes assessment data?

No

If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.

No Value

#### **SLO Evidence**

No Value

# **Course Content**

#### **Lecture Content**

No value

# Laboratory/Studio Content

### The Research Process (3 hours)

- Research articles and scientific journals
- Databases and literature searches
- Scientific writing and manuscript fundamentals

### Scientific Method (3 hours)

- Research methods: descriptive vs. experimental studies
- Independent, dependent, and confounding variables
- Hypotheses testing
- Statistical inference

### Anatomy and Physiology of the Nervous System (8 hours)

• Structure, function, and neurotransmitters of the nervous system

- Neural communication
- Neuropsychological assessment

#### **Psychophysiological Techniques (10 hours)**

- Electroencephalogram
- Event-related potentials
- Electro-oculogram
- Electromyogram and startle response
- Skin response
- Heart rate

#### Consciousness (6 hours)

- Sleep and wakefulness
- Psychophysiological correlates of states of consciousness

### **Emotion and Stress (6)**

- The hormone system
- Autonomic nervous system

Sensation and Perception: Vision and Audition (2 hours)

Sensation and Perception: Touch, Olfaction, and Gustation (2 hours)

#### **Learning and Memory (5 hours)**

- Brain structures and memory
- Biochemical mechanisms in memory
- Memory consolidation

#### **Psychiatric Disorders (5 hours)**

- Mood disorders
- Schizophrenia
- · Anxiety disorders

### **Current Topics in Behavioral Neuroscience (4 hours)**

- Neuroscience of decision-making
- Regeneration of neurons
- Infections as a cause of Alzheimer's

**Total Hours: 54** 

# **Additional Information**

Is this course proposed for GCC Major or General Education Graduation requirement? If yes, indicate which requirement in the two areas provided below.

Yes

# **GCC Major Requirements**

No Value

# **GCC General Education Graduation Requirements**

Social Sciences

# Repeatability

Not Repeatable

#### Justification (if repeatable was chosen above)

No Value

Resources
Did you contact your departmental library liaison? No
If yes, who is your departmental library liason?  No Value
Did you contact the DEIA liaison? No
Were there any DEIA changes made to this outline?
If yes, in what areas were these changes made:  No Value
Will any additional resources be needed for this course? (Click all that apply)  • No
If additional resources are needed, add a brief description and cost in the box provided.  No Value